

We want to provide a safe and secure environment for your new baby. Although baby abductions are very rare, we still take strict precautions to prevent them in our facility. To help us, we ask that you read and follow the guidelines presented here.



### ...AND DON'T FORGET:

If you're feeling sleepy, dizzy, or just a little bit "out of it" — put your baby in the crib. This helps prevent an infant fall.

## In the hospital

- Never leave your baby alone in the room — and always keep your baby in your line of sight. If you want to sleep, shower, or go to the bathroom, make sure that a family member is watching the baby, or call a nurse to take your baby to the nursery.
- Keep your door closed at all times when your baby is in the room.
- Don't leave the Mother/Baby Unit with your baby until you're discharged.
- Only the following people may transport your baby:
  - An authorized staff member. A staff member authorized to transport your baby will be wearing a photo ID badge with an Intermountain Healthcare logo and a special transport authorization. Different hospitals have different authorizations — your nurse will explain what the one at your hospital looks like.
  - A parent or other designated person wearing a wristband ID that matches your baby's ID. Keep in mind that this person should not remove the band and may not share it with anyone else.
- Within the Mother/Baby Unit, your baby can only be transported in the bassinet, never carried in someone's arms.
- Keep all ID bands on until after your baby leaves the hospital.
- If you feel uncomfortable in any way about letting someone transport your baby, please ask for the charge nurse to come to your room.
- Intermountain is in the process of installing an electronic security system in all its hospitals. If this system is available in your facility, note that your baby may have a water-safe tag device placed on the umbilical cord or around an arm or leg. This tag tracks your baby's movements in the hospital. It will trigger warning "chirps" or an alarm if your baby is taken too close to an exit, given to the wrong mother, or if the tag is removed or tampered with. Nursing staff control the system, however — if your baby needs to be taken from the area, they can sign your baby out for a specific period of time. Talk to your nurse if the tag needs to be adjusted or if you have any questions.

## At home

Safety tips from the National Center for Missing and Exploited Children

- If someone arrives at your home unannounced for a visit or delivery, don't let the person inside. (Home Health visits or equipment delivery will be arranged with you before your baby is discharged, and Department of Health home visits are also scheduled beforehand.) Even for scheduled visits, make sure that the person can show proper ID before you let them inside your home.
- Be selective in who you allow into your home for social visits as well. Only allow into your home people who are well known by the family. Recent acquaintances — especially if you've only known them since your pregnancy or birth — shouldn't be allowed in.
- Most experts say that you shouldn't place a birth announcement in the newspaper or online. If you do decide to publish an announcement, never include first names or your home address.
- Don't decorate your home or yard to announce your new baby's arrival.
- Be aware that most baby monitor devices don't use secure technologies. Strangers may be able to listen in on conversations in your home. (If you have a video monitor, they may also be able to see inside your home.) If you want to use a baby monitor, choose carefully to find one that protects your family's security and privacy.
- Review your privacy settings on Facebook and other social media sites before posting any information about your family, and especially your newborn. Be cautious about the amount of detailed information you post on Facebook, and take similar precautions on Flickr, MySpace, LinkedIn, etc. Be careful about tweeting details about your newborn because privacy is impossible to guarantee on Twitter.

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