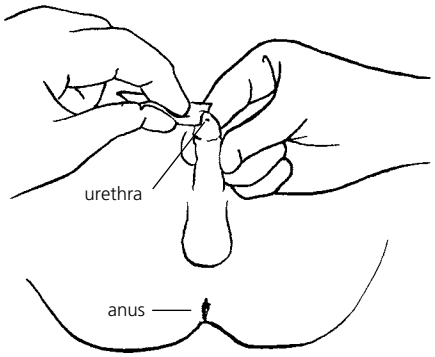
Let's Talk About...

Clean catch urine samples for boys



Collecting urine from children is common. Urine samples tell doctors how a child's body is working.

What equipment do I need?

A urine bag or sterile (completely clean) container. If you can't get a sterile container, use a clean jar (washed with hot soapy water, rinsed well) clean wipes from the clinic. If you don't have wipes, use a clean washcloth with soap and water

When should I collect the urine and how should I store it?

Get the sample early in the morning before coming to the clinic. Keep it in the refrigerator or in a cooler. Then bring it to the clinic or office nurse.

If you have to collect the urine on a non-clinic day, bring the sample to the outpatient lab as soon as possible or as your nurse tells you.

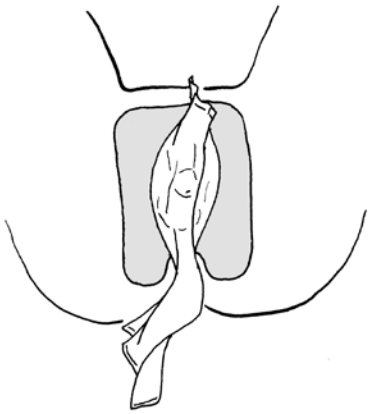
If you live more than an hour away from the clinic, get the urine sample at the clinic instead of at home. If it is impossible to collect a urine sample in the clinic, your can keep the urine refrigerated or cooled for 24 hours.

How do I collect urine?

It is important that the urine you collect is clean. The following steps will help you collect pure urine.

Infant boys

1. Wash your hands with soap and water.
2. Gently wash the penis with wipes. Use two wipes to clean the skin well (see picture at left).
3. Let the penis dry briefly before applying the urine bag.
4. To apply the urine bag, remove the paper from the back of the bag and press the sticky side around the base of penis. The penis must be inside the bag.



5. If your baby isn't urinating, try feeding him or holding him close to you. You may have to keep the bag around his penis for a while until he urinates. It is helpful to keep your baby still so the bag does not fall off.
6. As soon as your baby fills the bag, remove it gently and seal it.
7. Put the sample in the refrigerator until you are able to bring it to the clinic.

Older boys

1. Wash your hands with soap and water.
2. Remove the lid from the sterile cup. Place the lid on a clean surface, within easy reach, with the inside of the lid facing up.

3. Wash your son's penis gently with two wipes from the top of the penis to the bottom. If your son is uncircumcised, pull back the foreskin only if it moves easily (usually by four- to six-years-old).
4. Have him start to urinate into the toilet. Catch some urine in the sterile cup. Take the cup away before he is finished urinating. Be careful not to put your fingers inside the cup.
5. Place the lid on the cup. Don't touch the inside of the cup or lid. Wipe off the outside of the cup. Refrigerate the sample until you are able to bring it to the clinic.

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