Pulmonary Function Testing (PFT) Orders

Patient Name: _____ Phone: _____ DOB: _____

Ordering Clinician: _____ Phone: _____ FAX: _____

APPOINTMENT INFO

Lab location: _____ Phone: _____ FAX: _____

Appointment date: _____ Time: _____

Instructions:

- Don't drink caffeine or use bronchodilators for at least 12 hours before your test
- Don't smoke for at least 2 hours before your test (preferably 24 hours)
- Don't eat a heavy meal or do vigorous exercise for at least 2 hours before your test
- Wear loose fitting clothes and remove back braces
- Other: _____

REASONS FOR TESTING

○ ASSESSMENT (diagnostic evaluation)
- ○ Asymptomatic, but suspected diagnosis
- ○ Symptomatic
- ○ Baseline for screening after acute illness (e.g., pneumonia)
- ○ Baseline for preoperative
- ○ Baseline for pre-chemotherapy
- ○ Baseline for pre-bone marrow transplant
- ○ Baseline for pre-employment
- ○ Baseline for insurance
- ○ Baseline for athletics

○ MONITORING
- ○ Routine follow-up — no specific indication
- ○ Follow up for treatment titration/adjustment
- ○ Follow up for symptom/function exacerbation

○ DISEASE/SYMPTOM MANIFESTATION
- ○ Cough
- ○ Dyspnea
- ○ Asthma/reactive airways disease
- ○ Chronic bronchitis
- ○ Pulmonary emphysema
- ○ Cystic fibrosis
- ○ Bronchiectasis
- ○ Heart failure
- ○ Interstitial lung disease
- ○ Sarcoidosis
- ○ Pulmonary vascular disease (e.g., thromboembolism, pulmonary arterial hypertension)
- ○ Central airway obstruction (e.g., goiter, tracheal/vocal cord abnormality)

○ DRUG REACTIONS
- ○ Amiodarone
- ○ General chemotherapy for cancer
- ○ Bleomycin
- ○ Methotrexate
- ○ Radiation reaction

Important information from the ordering clinician:

The question the clinician wants answered by the PFT tests:

Pertinent history and exam findings:

Select specific test(s) or protocol(s) below:

Most common tests and protocols:

○ SPIROMETRY ○ Screening (pre-bronchodilator only) ○ Post-bronchodilator if indicated*

○ COPD protocol: Includes spirometry with bronchodilator, 6-min walk, B.O.D.E. Index

○ Full PFTs: Includes spirometry with bronchodilator if indicated*; DLCO; TLC by body plethysmography if FVC and TLC sb is reduced; 6-min walk

○ Asthma protocol: Includes spirometry with bronchodilator

*Indications for bronchodilator testing:
- ○ Obstruction
- ○ Cough
- ○ Other symptoms of asthma/COPD

Other specialty tests:

○ Diffusing capacity: Single-breath carbon monoxide diffusing capacity (DLCO)

○ LUNG VOLUMES
- ○ Single breath Gas Dilution (with DLCO)
- ○ Body box (plethysmography)
- ○ Multiple breath N2 washout (with right to left shunt estimation)

○ EXERCISE TESTING
- ○ VO2 max ○ Maximum exercise ABG ○ Arterial line
- ○ 6-min walk ○ Walking saturation

○ MUSCLE STRENGTH
- ○ MIP/MEP ○ MVV (maximum voluntary ventilation)

○ BRONCHOPROVOCATION
- ○ Eucapnic voluntary hyperventilation (EVH)
- ○ Methacholine challenge
- ○ Exercise
- ○ Mannitol inhalation test

Other disease-based and specialty protocols:

○ Amiodarone protocol: Includes spirometry (bronchodilator if indicated*), DLCO

○ Bone marrow transplant protocol: Includes spirometry (bronchodilator if indicated*), DLCO

○ Diabetes (inhaled insulin) protocol: Includes spirometry, DLCO

○ Heart transplant protocol: Includes spirometry with bronchodilator, DLCO, room air ABGs

○ Neuromuscular disorder protocol: Includes spirometry (bronchodilator if indicated*), MIP/MEP/MVV, sitting and supine VC

○ Occupational exposure protocol: MIP/MEP/MVV, R/a ABGS, spirometry with bronchodilator, DLCO, lung volumes

Ordering Clinician Signature: _____ **Date:** _____

For more information or additional copies of this form, go to intermountainphysician.org/clinicalprograms.

Order 50261