Anticoagulation Bridging Instructions

AFTER *your procedure*

Intermountain® Healthcare

▶ MODERATE patient risk of blood clot (thromboembolism)

▶ MODERATE bleeding risk of procedure

Name:_____ MRN/MMI:_____ Diagnosis: _____

Procedure: _____ Procedure date: _____

DEAR PATIENT: Before your procedure, you stopped taking warfarin (Coumadin) and had injections of enoxaparin (Lovenox) instead. AFTER your procedure, you will **go back to taking warfarin and will also take enoxaparin temporarily.** See below for day-by-day instructions. **Please show these instructions to your surgeon. Follow your surgeon's instructions if they are different from those below. Restart warfarin and/or enoxaparin only when your surgeon says it's okay.**

ATTENTION SURGEON: The instructions below are tailored for patients with **MODERATE** risk of thromboembolism and **MODERATE** bleeding risk from their procedure. **Please review these post-operative patient anticoagulation instructions and approve or modify them based on your patient's hemodynamic stability.**

	Day of procedure Date: _____ Day: S M Tu W Th F S	1 day after Date: _____ Day: S M Tu W Th F S	2 days after Date: _____ Day: S M Tu W Th F S	3 days after Date: _____ Day: S M Tu W Th F S	4 days after Date: _____ Day: S M Tu W Th F S	5 days after Date: _____ Day: S M Tu W Th F S	6 day after Date: _____ Day: S M Tu W Th F S	7 days after Date: _____ Day: S M Tu W Th F S
WARFARIN (Coumadin) Regular weekly dose: _____mg/week	✓ **IMPORTANT: Before restarting warfarin,** confirm these instructions with your surgeon. **Take 2 times your regular daily dose** (up to 10 mg maximum) in the evening, but at least 12 hours after your procedure.	**Take your regular dose of warfarin**	**Take your regular dose of warfarin**	**Take your regular dose of warfarin**	**Take your regular dose of warfarin**	**Take your regular dose of warfarin**	**Take your regular dose of warfarin**	**Take your regular dose of warfarin** ✓ **Check your PT/INR**
ENOXAPARIN (Lovenox) Dose: _____mg	**No enoxaparin**	**ASK YOUR SURGEON WHEN YOU SHOULD START ENOXAPARIN*** **Enoxaparin** _____PM ***at least 24 hours AFTER surgery***	**Enoxaparin** _____AM *and* _____PM	**Enoxaparin** _____AM *and* _____PM	**No enoxaparin**	**No enoxaparin**	**No enoxaparin**	**No enoxaparin**

DO NOT take enoxaparin unless your surgeon tells you to. Your surgeon may consider the risk of bleeding after your procedure to be too high to safely use enoxaparin. Follow your surgeon's instructions regarding if and when to start enoxaparin.

The above information is not a substitute for professional medical advice. Please talk with your healthcare provider if you have any questions or concerns.

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