Warfarin (Coumadin) Dosing Guide

FOR 4 mg TABLETS

Intermountain® Healthcare

Tablet Strength: 4 milligrams (mg) **Target PT/INR:** _____

Warfarin (brand name **Coumadin**) is prescribed in a weekly dose. Coumadin tablets come in multiple strengths. You are on a **4 mg tablet**. The table below shows you how much to take each day of the week to add up to the correct weekly dose. Some days you may need to take ½ a tablet. ***It's important for you to take the exact dose you are prescribed, at the same time everyday — in the evening.***

Dosing for 4 mg warfarin (Coumadin) tablet							
Weekly Dose	Tablets per day (1/2 = a half tablet; 1 = 1 tablet; 1½ = 1½ tablets)						
	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
☐ 14 mg	½	½	½	½	½	½	½
☐ 16 mg	1	½	½	½	½	½	½
☐ 18 mg	1	½	½	½	1	½	½
☐ 20 mg	1	½	1	½	1	½	½
☐ 22 mg	1	½	1	½	1	½	1
☐ 24 mg	1	½	1	1	1	½	1
☐ 26 mg	1	½	1	1	1	1	1
☐ 28 mg	1	1	1	1	1	1	1
☐ 30 mg	1½	1	1	1	1	1	1
☐ 32 mg	1½	1	1	1	1½	1	1
☐ 34 mg	1½	1	1½	1	1½	1	1
☐ 36 mg	1½	1	1½	1	1½	1	1½
☐ 38 mg	1½	1	1½	1½	1½	1	1½
☐ 40 mg	1½	1	1½	1½	1½	1½	1½
☐ 42 mg	1½	1½	1½	1½	1½	1½	1½
☐ 44 mg	2	1½	1½	1½	1½	1½	1½
☐ 46 mg	2	1½	1½	1½	2	1½	1½
☐ 48 mg	2	1½	2	1½	2	1½	1½
☐ 50 mg	2	1½	2	1½	2	1½	2
☐ 52 mg	2	1½	2	2	2	1 ½	2
☐ 54 mg	2	1 ½	2	2	2	2	2
☐ 56 mg	2	2	2	2	2	2	2

How to use this chart: Find the number in the left-most column that corresponds to your total weekly dose of Coumadin. Move across that row to see the individual dose for each day of the week. *(For example, if you are using the **4 mg** tablet and your total weekly dose is **18 mg**, you would take 1 whole tablet Sunday and Thursday, and ½ tablet the other days of the week.)*

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Reminders about Coumadin and other medicines

- **Tell ALL care providers ALL medicines you are on.** Many medicines affect how Coumadin works. Be sure to tell our clinic staff ALL medicines you are taking — and be sure to tell your other care providers that you are taking Coumadin.

- **Call the clinic if you are prescribed any of the following medicines you may need an adjustment to your Coumadin dose:**
  - Amiodarone (Pacerone or Cordarone)
  - Fluconazole (Diflucan)
  - Any antibiotic for more than a 3-day course

- **Get a PT/INR test in 7 days if you start, stop, or change dosage of any of the following medicines:**
  - Any antidepressant (medicine for depression)
  - Any statin (for example, Lipitor, Zocor, Pravechol, and Vytorin)
  - Any steroid (for example, Prednisone)
  - Interferon

- **Avoid aspirin and other non-steroidal anti-inflammatory drugs** such as ibuprofen unless prescribed by your physician. Tylenol (acetaminophen) is okay up to 1,000 mg (3 regular or 2 extra-strength) daily. Doses higher than that may alter the affect of Coumadin.

  Note: Call the clinic if you increase your regular dose of more than 1,000 mg/day of acetaminophen (Tylenol) or if you increase your dose of any other analgesic.

- **Don't take herbal supplements.** Many herbal medications affect how well Coumadin works. Never take an herbal supplement without talking with your doctor first.

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