Let's Talk About ...

Pediatric Palliative Care

Palliative [PALL-ee-uh-tive] care is a special type of care focused on pain and symptom management, emotional and spiritual support, and goal-setting to achieve the best quality of life possible.

Palliative care can start when your child is diagnosed with a potentially life-limiting illness and continue while they receive treatments and throughout their life.

Who provides palliative care?

The Rainbow Kids palliative care team at Primary Children's Hospital offers support and comfort for your child and family. The team includes doctors, nurse practitioners, social workers, interfaith chaplains, and nurse coordinators.

Each team member has special training and experience and uses compassion when helping you and your child's healthcare teams find the best path for your child.



What to know about palliative care

- 1 Most insurance companies cover this care.
- 2 Your child can have this care at any age.
- **3** Palliative care can help your whole family.

How can the palliative care team help my child and my family?

The palliative care team can:

- Gather information you need to make the best decisions for your child and your family
- Help you and your child talk with your healthcare team, family members, and your child's siblings
- Help the healthcare team decrease pain and other uncomfortable symptoms for your child, especially towards the end of life
- Support you and your family, providing a nonjudgmental place to share thoughts and feelings
- Help your family connect with your faith group or specific religious practices, such as blessings and baptisms
- Provide support with end-of-life care and mourning

To learn more about the Rainbow Kids palliative care program, ask your child's healthcare provider or social worker.

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