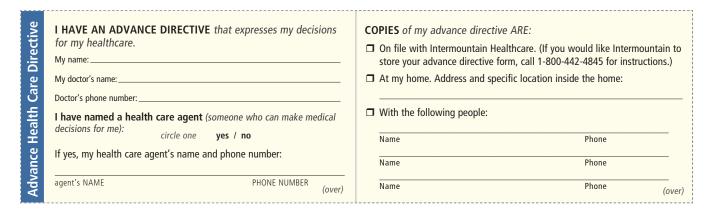
Would your doctor or family know where to find your advance directive if you were unable to tell them where it is?

An advance directive is a document that expresses your decisions for your healthcare, in case you can't make or communicate them yourself. But **an advance directive is only useful if it can be found when it's needed**. Typically, if you can't make medical decisions for yourself, you also can't tell your doctor or family where to find your advance directive form.

To address this, Intermountain Healthcare offers the wallet card below to help you **document the location of your advance directive form.** Once you complete the card and put it in your wallet or billfold, it can travel with you to help someone find your advance directive if it's needed.

For more information about advance directives, please visit the Utah Commission on Aging's website at aging.utah.edu/utah_coa/index.html and click on the link at the top of the page. Or, visit Intermountain Healthcare's site on Advance Care Planning, intermountainhealthcare.org/directive. Copies of advance directive forms, instructions and other useful information are available at both websites.

Use this card to document the location of your advance directive form. Just fill it in, cut it out, fold it, and put it in your wallet or billfold.



Note that this card is not the same as a POLST or Life with Dignity Order. If you want emergency medical services personnel to refrain from resuscitating you, you need the Utah POLST or Life with Dignity Order. That form must be signed by a physician, a nurse practitioner, or a physician assistant. A licensed nurse or licensed social worker, acting under the supervision of the physician, APRN, or PA may prepare the form. Talk to your healthcare provider if you want to complete a POLST/Life with Dignity Order form.

