Intermountain® Healthcare

HOMECARE SERIES

Nebulizer — *Training and Safety Guidelines*

For Your Safety

Following these safety guidelines will help reduce potential risks. Refer to the manufacturer website if you would like further information about your equipment.

- Carefully use the medication as directed by your physician.
- Always unplug the device immediately after using.
- To reduce the risk of electrical shock, do not place the compressor in or near liquids.
- Keep it clean — make sure to wash your hands well and often and clean your nebulizer as directed.

What is a nebulizer?

A nebulizer is a device used to administer medication directly to the airways. It changes liquid medicine into fine droplets that are inhaled through a mouthpiece or mask. It is powered by a compressed air machine that plugs into an electrical outlet.

How to use your nebulizer

- Make sure the power switch is in the "Off" position.
- Unwrap the power cord.
- Place the compressor on a stable surface.
- Plug the power cord into an appropriate outlet.
- Wash your hands.
- Connect one end of the nebulizer tubing to the compressor air outlet connector.
- Add the prescribed medication to the nebulizer.
- Attach the tubing to the nebulizer air inlet connector.
- Press the power switch to start the compressor.
- Begin treatment by holding the nebulizer as instructed.
- Breathing should be maintained at a normal respiratory effort.
- Treatment time will vary depending on the prescribed medication.

How to clean your nebulizer

Proper cleaning will extend the life of your nebulizer.

- Reusable nebulizers may be cleaned daily in the dishwasher.
- Disposable nebulizers should be washed in a warm soapy solution and rinsed after each use.
- Disinfect daily by soaking in a solution of three parts water and one part white vinegar.

Call Intermountain Homecare & Hospice if...

- If you experience any problems with your nebulizer.

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