Intermountain® Healthcare

HOMECARE SERIES

Hospital Bed and Trapeze — *Use and Care Guidelines*

Your hospital bed will provide a safe, comfortable place for you where repositioning is more easily achieved, and pressure ulcers can be prevented.

A trapeze can be used to assist you to sit up, to change position, or to get into or out of bed.

Using the Equipment

Bed

- Plug the cord into a grounded outlet.
- Keep cords, tubes, bedding, and body parts away from moving parts of the bed.
- Keep the cord away from heated surfaces.
- Always engage the wheel locks when the bed is stationary.
- Do not put your full body weight on a raised portion of the bed.
- You will need a "twin-long" sheet for the mattress (not provided by Intermountain Homecare).

Side Rails

- Make sure side rails are secure.
- Rails are not intended for restraint.
- Do not use rails as handles to move the bed.

Trapeze

- Periodically check attaching hardware and tighten if necessary.
- The trapeze is to assist with repositioning and transferring. **DO NOT** put your full weight on it. It cannot hold more than 250 pounds.

Safety

- Place the bed in its lowest position when unaccompanied by a caregiver.
- The bed and trapeze should not be used as a toy — keep children from playing on or under the bed.
- Be aware of weight limitations of your bed.
- Do not transport a person in the bed.
- Take care with liquids around the bed — unplug the bed if liquid is spilled.
- Be aware of open spaces around side rails where body parts could be entrapped — close off open spaces as necessary.
- Report any damage to Intermountain Homecare.

Cleaning

- Always unplug the power cord when cleaning the bed.
- Do not immerse the electrical cord or pendant control in liquid.

Once a week, or more often as needed, wipe down the mattress, head and foot boards, power cord, and pendant control with a damp cloth. A mild household cleaner can be used.

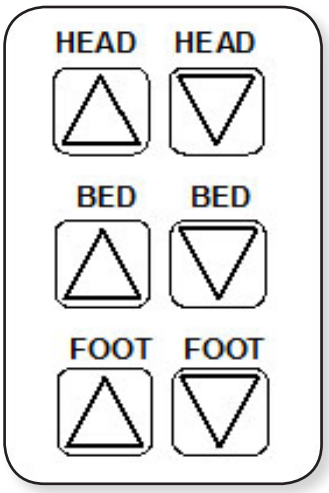
Once a month remove the mattress and vacuum the mattress deck with a brush attachment.

Questions

Refer to the manufacturer's website for further information about your equipment. Call Intermountain Homecare if you experience any problems with the equipment.

Bed Control

Your control will look similar to this. Make sure you know how to use it and how to adjust the bed manually if you lose power to the control.



Raise/Lower Head or Foot

Depress and hold the "HEAD" or "FOOT" buttons to raise and lower the head or foot of the bed.

Raise/Lower Bed

Depress and hold the "BED" buttons to raise and lower the height of the bed.

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