

Viral Infection



Name: _____ Date: _____

You have been diagnosed with an infection caused by a virus. Most colds, coughs, and sore throats are caused by viruses. Fever is also a normal symptom of a viral infection. Antibiotics kill bacteria, not viruses, and they will not help you feel better faster. Follow this prescription to feel better.

Diagnosis:

- | | |
|-------------------------------------|---------------------------------------|
| ☐ Cold/cough | ☐ Sore throat |
| ☐ Bronchitis | ☐ Other: _____ |

General Instructions:

- ☐ Get plenty of rest
- ☐ Drink plenty of fluid
- ☐ Use a humidifier or saline nasal spray to relieve congestion
- ☐ Stay away from smoke
- ☐ Other: _____

Medications:

- ☐ For pain: _____
- ☐ For cough: _____
- ☐ For other symptoms: _____

Follow-up:

- ☐ If you don't improve in _____ days, if you have new symptoms, or if you have other concerns, call or return to the office.
- ☐ If you received a SNAP (safety net antibiotic prescription), start taking it in _____ days if you don't improve or _____ days if you get worse. (Don't fill the prescription until you know you need it.)
- ☐ Other: _____

Doctor's signature: _____ Date: _____



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