### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:18

1 unit of insulin for every 18 grams of carbs

Grams of carbs	Units of insulin
1-9	0
10-27	1
28-45	2
46-63	3
64-81	4
82-99	5
100-117	6
118-135	7
136-153	8
154-171	9
172-189	10
190-207	11
208-225	12
226-243	13

# **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:18

Grams of carbs	Units of insulin
1-9	0
10-27	1
28-45	2
46-63	3
64-81	4
82-99	5
100-117	6
118-135	7
136-153	8
154-171	9
172-189	10
190-207	11
208-225	12
226-243	13
190-207 208-225	11 12

1 unit of insulin for every 18 grams of carbs

## **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:18

1 unit of insulin for every 18 grams of carbs

Units of insulin
0
1
2
3
4
5
6
7
8
9
10
11
12
13

#### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:18

1 unit of insulin for every 18 grams of carbs

Turnit of insulin for every to grains of carbs		
Grams of carbs	Units of insulin	
1-9	0	
10-27	1	
28-45	2	
46-63	3	
64-81	4	
82-99	5	
100-117	6	
118-135	7	
136-153	8	
154-171	9	
172-189	10	
190-207	11	
208-225	12	
226-243	13	

#### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks

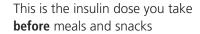


1:18

1 unit of insulin for every 18 grams of carbs

r and or madmir for every to grains or cards		
Grams of carbs	Units of insulin	
1-9	0	
10-27	1	
28-45	2	
46-63	3	
64-81	4	
82-99	5	
100-117	6	
118-135	7	
136-153	8	
154-171	9	
172-189	10	
190-207	11	
208-225	12	
226-243	13	

#### **CARB COUNT DOSE**





1:18

1 unit of insulin for every 18 grams of carbs

Tank of madin for every to grains of ears.		
Grams of carbs	Units of insulin	
1-9	0	
10-27	1	
28-45	2	
46-63	3	
64-81	4	
82-99	5	
100-117	6	
118-135	7	
136-153	8	
154-171	9	
172-189	10	
190-207	11	
208-225	12	
226-243	13	







www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes

© 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC055E © 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC055E © 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC055E







www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes