## **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:35

1 unit of insulin for every 35 grams of carbs

Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7

### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



This is the insulin dose you take **before** meals and snacks

**CARB COUNT DOSE** 



1:35

1 unit of insulin for every 35 grams of carbs

Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7

# 1:35

1 unit of insulin for every 35 grams of carbs

Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7

#### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



1:35

1 unit of insulin for every 35 grams of carbs

- unit of insum for every 33 grains of cards	
Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7

#### **CARB COUNT DOSE**

This is the insulin dose you take **before** meals and snacks



#### 1:35

1 unit of insulin for every 35 grams of carbs

and or maunitor every 22 grains or ears	
Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7

#### **CARB COUNT DOSE**

This is the insulin dose you take before meals and snacks



# 1:35

1 unit of insulin for every 35 grams of carbs

Grams of carbs	Units of insulin
1-17	0
18-52	1
53-87	2
88-122	3
123-157	4
158-192	5
193-227	6
228-262	7







www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes

www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes

© 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC059E © 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC059E © 2015 Intermountain Healthcare All rights reserved. Primary Children's Hospital PESDMC059E







www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes www.intermountainhealthcare.org/diabetes www.primarychildrens.org/diabetes