

COVID-19 Pre-Procedure Patient Instructions

During this time of COVID-19, Intermountain Healthcare has implemented guidelines to provide safe procedural care to patients who continue to require these services.

Procedural dates may change according to demands on our healthcare system. Please know that as soon as we can safely move forward with your procedure, we will finalize a scheduled date. The following adjustments have been made to the procedural process to help you stay safe.

Before your procedure:

- 1 In the 2 weeks before your procedure, avoid out-of-state travel, sick individuals, crowds, bars, and communal living spaces** (for example, nursing homes). Follow recommended guidelines for wearing masks and keeping your distance from others.
- 2 To maximize your safety, you will be asked questions to assess your COVID-19 risk.** If needed, a COVID-19 test will be coordinated by Intermountain Healthcare to be performed 3 days before your scheduled procedure.
 - If a test is required, you will receive a call to schedule the timing and location of this test. The timing of your test is important to prevent delays. Arrange your schedule so that you can get the test 3 days before your procedure.
 - Testing locations can be found at: intermountainhealthcare.org/covid19-coronavirus/get-testing
- 3 Immediately after having your pre-procedure COVID-19 test, until the time of your procedure, follow the guidelines recommended by the Utah Department of health:**
 - Wear a well-fitting mask in public, indoor settings and outdoors when you can't keep your distance from others.
 - Limit social gatherings. Keep 6 feet of distance between yourself and anyone who doesn't live with you.
 - Wash or sanitize your hands often for at least 20 seconds.
 - Notify the doctor if you have been around anyone who is sick or if you develop any of these symptoms before your procedure:
 - Temperature greater than 100.4 °F (38 °C)
 - Cough
 - Shortness of breath
 - New body aches
 - Diminished sense of smell or taste
- 4 Prior to your procedure** (possibly the day before) **you will be contacted with a check-in time.**

On the day of your procedure

- 1 Have one person** come with you to check-in.
- 2 Both you and the person with you** should come wearing a face covering or mask (mouth and nose covered).
- 3 You will be offered hand sanitizer** at check-in.
- 4 Your care staff will also be wearing masks** to help keep you safe.

Please contact us right away if you have any questions or concerns before the day of your procedure.

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