

GET AWAY FOR A FUN, FREE

Girls' Night Out

HEALTHY. HAPPY. YOU.

Reward yourself by joining us at American Fork Hospital for an evening of healthy fun to learn how to live a healthier, happier life.

Girls' Night Out is a free, outdoor event that includes health screenings, delicious food, pampering and a few fun gifts. We are excited to announce that Stephanie Nielson, author of the popular blog, *NieNie Dialogues*, will be speaking at 6 p.m. **Please RSVP at www.americanforkhospital.org/GirlsNightOut.**

Make plans to join us for a facial, massage, gel toes, tours and information about the hospital's Women's Services, a free clinical breast exam, as well as ways to discover a healthy, happy, you at this year's Girls Night Out!

ADMISSION & SCREENINGS ARE FREE

**THURSDAY, AUGUST 25, 2011
6 TO 9 P.M. — OUTDOORS
AMERICAN FORK HOSPITAL
170 NORTH 1100 EAST
AMERICAN FORK**

Visit americanforkhospital.org/girlsnightout
or call 801.855.3279 for more information.


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American Fork Hospital
Healing for life

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