

Stephanie Nielson



Christian & Stephanie
Nielson

Stephanie Nielson was born, raised and married in Provo, Utah. She is the eighth of nine born to Stephen and Cynthia Clark (of Provo). She is a popular blogger and author of “nieniedialogues.com”. She began blogging in 2005 while living in New Jersey as a way to keep her and her husband’s family informed about their life in the east.

From 2005 to 2008, her blog steadily grew in popularity and readership. Her blog entries are a natural portrayal of life as a wife, mother, Mormon, daughter, sister, citizen, etc. They are filled with pictures and images that represent the common joys in the roles of her life.

In the summer of 2008, she and her husband, Christian, were involved in a serious airplane accident. A close friend perished from his injuries and Christian and Stephanie survived the crash with burns covering arms, legs, face and hands, about 80 percent of her total body surface.

She has been featured on the *Oprah Winfrey Show*, *The Today Show* and the Glenn Beck program. Recently, 20/20 did a one hour special highlighting her story and recovery process. Join us this year at Girls’ Night Out to hear Stephanie’s account first-hand and what life is like with her new appearance and physical limitations.

Stephanie, 29, is living in the “Tree Street” area of Provo with her four beautiful children — Claire, 9; Jane, 8; Oliver, 5 and Nicholas, 4; and her handsome husband, whom she is madly and relentlessly in love with.

Before the accident, Stephanie was a yoga instructor in Arizona and avid runner. Stephanie also loves to ski and instructed at Sundance Resort here in Utah. Stephanie began skiing for the first time since her accident last winter. Skiing came back to her with triumphant ease!

She and her family are frequently seen on Utah Lake on their sailboat. Named the AuroraMark (the name came from Christian’s and Stephanie’s middle names).

Stephanie is healthier and happier than ever. She has begun yoga again and plans on running in races next year if all goes well. Stephanie will have surgery frequently to release and re-build areas on her burned skin for most of her life. She is upbeat and wants to add to her family.

Although reconstructive surgery is an ongoing requirement for Stephanie, she maintains a joyful attitude for life as it was meant to be and living the roles she loves to live.

