

Physical Therapy Services Intermountain Pediatric Rehabilitation Services

Physical Therapists (PTs) evaluate and treat disorders that affect your child's strength, flexibility, neurological function, and ability to move about in the environment.

The PT may evaluate your child's:

- Sitting
- Crawling
- Walking
- Getting up and down from the floor
- Ability to manage their wheelchair
- Ability to get around in their environment

Please be prepared at the time of your child's appointment to share your specific concerns. Keep in mind the activities your child participates in on a daily basis and the places those activities occur, as you think about the following questions:

- What is your main concern?
- What common settings does your child need to move about in throughout their day? (home, park, daycare)
- What specific physical skills and movements are difficult for your child?
- What aspects of your home life will affect therapy, such as having time to attend therapy sessions, time to work with your child on home activities, financial resources?

Think about these questions before coming to your child's appointment. Your answers will help us to focus on your child's most pressing concerns. During the evaluation you and the therapist will decide if therapy is needed and what you want your child to accomplish.

If your child sees another therapist, please bring your child's goals and treatment plan to the evaluation session.

If therapy is needed, the PT will talk with you about our approach to therapy and suggest a plan of care based on our models of therapy (See enclosed Models of Therapy brochure). This plan will include how often and for how long therapy might be needed. We will also discuss what you can expect from us and what is expected of you and your child.

We look forward to meeting you and your child and helping you improve your child's quality of life.