



Spring 2011

loganhospitalfoundation.org

Bringing Healing Home

LOCAL CANCER PATIENTS BENEFIT FROM SUPPORT GROUP MADE POSSIBLE THROUGH DONATIONS TO THE FOUNDATION

Your donations to the Logan Regional Hospital Foundation continue to improve the quality of life and make a remarkable difference for community residents. The Logan Regional Hospital Cancer Center is now offering a weekly support group and education series. This is being made possible to Cache Valley residents at no cost because of the generous donations to the Logan Regional Hospital Foundation.

Chandi Hammel is currently attending the cancer support groups. She is the youngest member of the group at 32 years of age. Chandi was diagnosed with breast cancer last October. "I'm so grateful for the donors and staff of the Cancer Center who are making the support group series possible," said Chandi. "Everyone has been incredible and they have made this not just another appointment to talk about cancer but a place where I've found support, love, and most importantly — hope."

The support group meets Tuesdays, from noon to 1:00 p.m. in the



Pictured are members of the Logan Regional Cancer Center Support Group. Top row (left to right): Chandi Hammel, Terry Davis, Emily Rose, Debbie Chavarria, Juanita Stevens, Shelly Neilson. Bottom row (left to right): Martha Rose, Mary Anderson, Lacey Fellow

Huntsman-Intermountain Cancer Education Center at the Logan Regional Hospital Cancer Center. The next support group series begins Tuesday, April 12, 2011, and go through the end of

May. A light lunch is always provided and no pre-registration is required.

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All in the community with cancer, and those supporting them in their fight, are invited to join. The cancer support group covers topics such as: Communication; Coping Strategies; Grief and Loss; Managing Emotional, Physical, and Spiritual Pain; Intimacy; and Life After Cancer Treatment. Suggestions for guest speakers are also welcomed.

The support group recently invited a nutritionist to visit and address the group on the proper eating habits while receiving chemotherapy and answer any other questions the group members had.

The cancer support group is designed to provide guidance, educational materials, a safe haven, and a place to meet others in similar situations. In regards to attending, Lacey Fellows, RN and Breast

If you would like to receive our newsletter electronically, please email Christina Roberts at christina.roberts@imail.org or call 435-716-5430.

Cancer Coordinator for the Cancer Center, said, "Anyone in search for a place to cope with cancer-related issues is encouraged to come. You don't need to be actively receiving treatment to attend."

"It's hard enough to get out of bed and go anywhere when you have cancer, but attending the cancer support group has changed my life," said Chandi. "The others in the group have lifted me and I am blessed to have met them and know their stories. We all have different backgrounds and situations, but we've come together to find a common place to heal. Cancer is not an individual disease; it affects your whole family. Bringing my husband has been a wonderful experience for both of us, and I'm happy to see other group members bringing their relatives as well. The group has become like family to me because we all begin feeling very vulnerable and we leave feeling confident and strengthened from one another."

Since joining, Chandi has recruited two of her neighbors who also have been diagnosed with breast

cancer. She is a wonderful example of someone who has a healing touch in her community and is not afraid to share it. Chandi has two chemotherapy treatments left and has scheduled them the same day as the support group.

The Cancer Center is continually providing exceptional care and healing thanks to the generosity of each individual who has donated. It only costs \$3,200 annually to provide this vital support group to cancer patients and their families. Your donations allow the Cancer Center to offer these services and provide additional resources that help patients and families heal their bodies and minds. We express our heartfelt appreciation for your support. A special thanks to the Utah State University John K. Cannon Squadron (Air Force ROTC) and the Ford Chancellor Campaign for Health for hosting events to benefit the Logan Regional Hospital Cancer Center.

If you are interested in attending a support group or have questions, please call the Cancer Center, (435) 716-6400 or Social Services, (435) 716-2966.

MESSAGE FROM THE FOUNDATION BOARD CHAIR



Rod Hunter

Even though it still feels like winter outside, spring is here and there are many incredible things happening with the Logan Regional Hospital Foundation.

We're very excited to have Troy Oldham join our team as the new executive director of

the Foundation plus he will also be serving as the director of Communications. I feel he will elevate the Foundation's work to the next level of excellence through his dynamic background. Troy's expertise, ideas, and drive are impressive and will definitely be utilized to achieve the Foundation's

mission — to improve healthcare for Cache Valley residents by supporting quality healthcare programs and services provided by Logan Regional Hospital.

On Friday, July 29, 2011, the Logan Regional Hospital Foundation will host the 8th Annual Fore Kids Golf Tournament, benefitting the pediatric rehabilitation program. We are very pleased to have Lundahl Building Systems, Inc. as the title sponsor for the second year in a row. Last year's tournament was a big success and set the bar very high, raising just under \$31,000 for the kids of Cache Valley with special needs. The committee we have this year is very strong and they are putting in great efforts to fill the tournament's sponsorships and foursomes. There is also a fantastic program lined up, along with a raffle, auction, and awards.

TROY OLDHAM NAMED NEW EXECUTIVE DIRECTOR OF THE FOUNDATION AND COMMUNICATIONS DIRECTOR

The Logan Regional Hospital Foundation is very excited to welcome Cache Valley native Troy Oldham as the newest member of the hospital leadership team. Troy is the new executive director of the Logan Regional Hospital Foundation and will also be serving as Communications director. Troy is highly qualified for this position and comes with a wealth of experience ranging from our very own Cache Valley mountains to working across the globe.

When asked to comment on the importance and future of the Logan Regional Hospital Foundation, Troy had this to say:

Here in Cache Valley, there is an incredible pool of successful leaders, including our hospital team. I am impressed with the example the employees of the hospital are setting through their level of commitment to the Foundation. Past and present projects are important to our community because we've all been touched by the effects of cancer and heart complications. The Cancer Center is a service that has and will have a significant impact affecting the lives of thousands of our neighbors. The Foundation is not just for the hospital, it's for the Cache Valley residents and it provides the opportunity to funnel time, talents, and resources directly into the homes of Cache Valley residents. I'm honored to be part of the team.

As a Utah State University student in 1985, Troy was part of the National Ski Patrol and became highly involved with emergency medical situations and emergency doctors in the valley. Recently, Troy served as a Beaver Mountain Ski Patrol Board member and is currently an OEC instructor with the Beaver Mountain Ski Patrol.

Troy is a graduate from the number one ranked International Business School, Thunderbird School of Global Management, and launched his career with 11 years working for the Microsoft Corporation in sales, marketing, and management positions. He has been all across the world implementing marketing and sales campaigns in Australia/New Zealand, Western Europe, and the United Kingdom, Africa, Asia, Canada, and Mexico. Troy speaks Mandarin Chinese.



Troy Oldham, the new executive director of the Logan Regional Hospital Foundation and Communications director

Troy has held many executive level positions in sales, marketing, public relations, online media, and analyst relations. His most recent position was executive director of Marketing and Branding for the Jon M. Huntsman School of Business at Utah State University. Troy has been a part of the driving force behind building the brand of the college to be recognized as a top-tier business college. Perhaps Troy's greatest accomplishment at Utah State University is the relationship he has developed with students and faculty. Troy's focus has been to teach reality-based capstone courses that prepare business students for real-life situations. He has a great passion for teaching and strong desire to help students succeed.

Troy lives with his wife, Anita, and four active and fun-loving children in North Logan. What a privilege it is to have Troy on our team and we look forward to a bright Foundation future under his leadership.



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bringing healing home

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LOGAN REGIONAL HOSPITAL EARNS HUNTSMAN-INTERMOUNTAIN CANCER CENTER DESIGNATION

For three years, the Logan Regional Cancer Center has brought healing home for hundreds of Cache Valley cancer patients who have been able to stay in Logan for world-class radiation oncology therapy and other cancer services.



The Logan Regional Cancer Center opened in May 2008.

In February, Logan Regional's Cancer

Center was named a Huntsman-Intermountain Cancer Center following an on-site visit and review by a Huntsman-Intermountain panel. The Cancer Center joins Huntsman-Intermountain Cancer Centers throughout the state which are part of an alliance combining Intermountain Healthcare's clinical excellence and expertise with Huntsman Cancer Institute's research capabilities. Other Huntsman-Intermountain Cancer Centers are located at McKay-Dee Hospital, Intermountain Medical Center, American Fork Hospital, Valley View Medical Center, and Dixie Regional Medical Center.

"Being granted status as a Huntsman-Intermountain Cancer Center shows Logan Regional meets rigorous criteria for cancer specialization, tumor board participation, outcomes research, and clinical trials participation," said Paul Weight, director of Cancer Services at Logan Regional and McKay-Dee. "We have the concentrated services of Intermountain Healthcare

combined with the power of the Huntsman Cancer Institute's research model, brought together to treat cancer close to home in our community. The potential good by having great medical institutions joined together in collaboration to conquer cancer is truly remarkable. We can now say unabashedly we have the tools necessary to provide the best cancer care available."

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