

MENTAL HEALTH SERVICES AWARENESS NIGHT: Where can people turn for help?

.....
A free evening workshop for local leaders to outline and explain the counseling and other resources available in Utah County to help people dealing with mental or emotional conditions.
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THURSDAY, OCTOBER 13 — BYU CONFERENCE CENTER — 6 TO 9 P.M.
BREAKOUT SESSIONS AND INFORMATION BOOTHS

Participants will be able to visit information booths from more than 30 agencies and attend three classes on the following topics:

- pornography • depression and suicide • domestic violence and sexual assault •
- veterans' issues • severe & chronic conditions • how, when & where to get services •

PLEASE REGISTER ONLINE AT
UTAHVALLEYREGIONAL.ORG/MENTALHEALTHNIGHT

Attire for the evening is business or business casual.

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