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POST-OPERATIVE INSTRUCTIONS FOR NAIL SURGERY

1. Have the prescription filled and use as directed.
2. Limit the amount of walking the remainder of the day.
3. Leave the bandage that was placed on your toe on until the next morning.
4. The next morning you will be soaking the bandage off of the toe. Prepare a solution by mixing one tablespoon of Epsom Salt per quart of warm water. Soak the bandage and toe for approximately ten minutes and then remove the bandage. After the bandage is removed, take a cotton swab or Q-tip and clean out the border where the nail was removed. Then apply Neosporin ointment and a Band-Aid. Continue doing your soaks two (2) to three (3) times per day for five (5) days.
5. At five (5) days, discontinue the Neosporin ointment and the Band-Aid and only wear cotton socks with comfortable shoes. By discontinuing the Neosporin ointment and the Band-Aid, it allows the area to dry out and heal quicker.
6. You should be seen back in the office in two (2) weeks if the area is not healed. Continue the soaks up to ten (10) days or until the area quits draining. If it is dry and not tender at that time, you will not need to be seen in follow-up unless the following occurs:
 - a. Continued drainage
 - b. Redness or tenderness
 - c. Recurrence of the nail

If you have any question, please feel free to contact us at (435) 716-2800 or you may call (435) 753-7440 after clinic hours for emergencies.