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SURGERY INFORMATION SHEET

Your podiatrist has recommended surgery for treating a deformity on one or both of your feet. If untreated, it can lead to a continuation of problems.

The more severe the deformity, the more extensive the treatment is necessary to correct it. Development of the deformity can be halted in some mild cases by changing the type of shoes worn, by use of orthotics, or by the use of medication.

The surgical procedures are usually performed on an outpatient basis at Logan Regional Hospital in Logan, Utah, under an appropriate anesthetic. The post-operative recovery period during which you will need to stay off your feet varies from 3 days to 6 weeks depending on the individual situation and procedure.

Unfortunately, there are no guarantees that the recommended treatment will correct the problem in all cases. Surgical treatment involves certain risks, and complications can occur even when the best judgment and skill are used. Scarring, infection, swelling, loss of sensation and recurrence of the deformity are commonly seen complications. Other complications which are more rarely seen (in less than 5% of the surgical cases) are over correction or under correction of the deformity, enlarged (hypertrophic) scars with secondary contraction and restriction of motion, post-operative deep vein blood clot (thrombosis), persistent swelling, non-union of the site or a vascular necrosis of the bone site.

Certain medical problems or propensities make some people poor candidates for surgery. If you have at any time suffered from diabetes, poor circulation, excessive bleeding, or had a prior adverse reaction to a medication or administration of anesthesia, you should discuss the advisability of surgery in your particular case with your podiatrist to avoid any additional risks that may be presented by your health history.

It is your right and responsibility to share in all decisions about the care you will receive. You should discuss with your podiatrist your individual medical condition and problem, the proposed treatment and other alternatives available to you, and make sure all of your questions are answered.

If you have any questions, please feel free to contact us at (435) 716-2800.