



Where can I find more information about Lynch Syndrome?

Intermountain Healthcare Cancer Genetic Counseling

<http://intermountainhealthcare.org/services/cancer/patientsupport/genetic/Pages/home.aspx>

If cancer seems to run in your family, you may have an increased risk of cancer. Genetic counselors can help to determine if there is a genetic reason for occurrences of cancer in a family.

Intermountain Healthcare Cancer Centers

<http://intermountainhealthcare.org/services/cancer/facilities/clinics/Pages/home.aspx>

Our Huntsman-Intermountain Cancer Centers offer the following features:

- Access to radiation, medical oncology, and surgical consultation.
- Physicians are members of the Huntsman-Intermountain Cancer Care Program.
- Care coordinators are present to help patients throughout their cancer care.
- Multi-disciplinary tumor conference sessions are held to discuss a patient's treatment plan.
- Clinical trial coordinators are available to provide information to patients and physicians.

These centers combine Huntsman Cancer Institute's leading cancer research with Intermountain Healthcare's nationally recognized clinical excellence.

Intermountain Healthcare Cancer Prevention & Screening

<http://intermountainhealthcare.org/services/cancer/screen/Pages/home.aspx>

Although the exact causes of colorectal cancer are not known, you can take steps to reduce your risk of developing the disease. Studies show that quitting smoking, drinking less alcohol, and exercising more may lower the risk of colorectal cancer. A healthy diet - eating foods low in fat and high in fiber also can help.

The American Cancer Society recommends that cancer screening be started at age 50. If you have a strong family history of colorectal cancer, the tests may start at an earlier age. You should talk to your doctor about which tests are recommended for you.

Choices for Colorectal Cancer Care

<http://intermountainhealthcare.org/services/cancer/learn/colorectal/Pages/home.aspx>

Today, more treatment options exist than ever before. At Intermountain Healthcare, a team of physicians and other healthcare professionals can counsel you on the full range of care options, answer questions and help you through steps you'll need to take.