

ACCUTANE (ISOTRETINOIN)

Accutane is a synthetic form of vitamin A. It is common for people on accutane to develop dryness of the skin, lips, eyes and nose. I recommend the following products for this dryness:

Soap: Dove moisturizing body wash
Cetaphil liquid or bar
CeraVe moisturizing liquid cleanser

Moisturizers (face): CeraVe lotion
Cetaphil lotion
Vanicream lite lotion

Moisturizers (body): CeraVe cream
Cetaphil cream
Vanicream cream
Aquaphor ointment for dry spots

Lips: Aquaphor ointment
Burt's bees
Cortibalm for painfully cracked lips

Nose: Aquaphor ointment at night
Saline nasal spray

Eyes: Normal saline eye drops

Sunscreen: Blue Lizard
Vanicream
Neutrogena sensitive skin

Drug interactions: Because accutane is a synthetic form of vitamin A, additional vitamin A should not be taken.