



**Intermountain<sup>SM</sup>  
Logan Regional Hospital**

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**Instructions for EGD (esophagogastroduodenoscopy)**

**Name:** \_\_\_\_\_ **Date / Time of Exam:** \_\_\_\_\_

You have been scheduled for an examination of your stomach, esophagus, and duodenum.

To have a satisfactory and safe examination, your stomach must be empty. To have the best results please follow these instructions:

**1 WEEK PRIOR TO EXAM:**

1. If you are taking Aspirin, Advil (ibuprofen, motrin), Aleve (naproxen), iron or any other type of arthritis medications please call Dr. Garg's office immediately. You will need to stop taking these medications one week prior to your procedure. Medications you may continue to take are Tylenol and Celebrex (celecoxib).
2. If you are taking blood thinners Coumadin (warfarin), Plavix (clopidogrel bisulfate) please call Dr. Garg's office immediately. You may need permission from your prescribing physician before stopping these medications.
3. Continue to take all other prescribed medications as usual.

**DAY OF YOUR EXAM:**

1. **DO NOT EAT OR DRINK ANYTHING 7 hours** prior to your procedure. Do not take any medications or antacids the morning of the procedure unless instructed by your physician. If you have a slow emptying stomach or your physician has told you your stomach does not empty completely (gastroparesis) stop eating high residue foods (high bulk, high fiber, high roughage) the day before your procedure.
2. The procedure is 15-20 minutes. Sedation is given for the procedure so you may sleep for about 15-20 minutes. Afterwards because of the sedation, you **must** bring someone with you to drive you home. Your driver will need to remain at the hospital to be available to speak with Dr. Garg immediately after the procedure. Do not plan on working or driving the remainder of the day.

If you have lung, heart, kidney and liver disease or diabetic please notify Dr. Garg's nurse. If you are diabetic do not take your diabetic medication the morning of your procedure. Resume your diabetic medication when you are able to eat again. If you have asthma please bring your inhaler with you. Please call Dr. Garg's nurse if you have any questions. 435-716-5900

Pricing for this procedure varies depending upon what the physician finds. If you need a price for any reason, we can provide only an estimate. You will receive two-three statements. The first statement is from the physician, the second from Logan Regional Hospital to cover supplies, medications and equipment used. The third statement will be from the pathologist if biopsies are taken.