

Preventive Services – We All Need to Obtain Good Preventive Care!

We want to make it easy for patients to get preventive care. We believe that early detection and prevention are keys to maintaining good health. Preventive care improves our health, and often saves money. Prevention includes exercise, eating a healthy diet and getting recommended preventive care on a regular basis.

What Are Preventive Services?

Typically, the following services are considered “preventive”:

- Vaccinations and immunizations
- Men and women’s health exams and screenings (mammograms, cervical cancer screenings, prostate exams)
- Well-child health checks
- Annual preventive health screening for adolescents
- Screening examinations (annual vision screening, cholesterol screening, diabetes screening, glaucoma screening, hearing screening, cancer screenings)
- Patient education about wellness, prevention and safety

Evaluation and Management of Medical Issues

If you are coming in for well care and have new problems or existing problems that need to be addressed that are significant or not in control, you will be charged for both the preventive or physical portion of the visit as well as for the evaluation and management of new issues.

Insurance Coverage

If you are coming for a physical or prevention visit only and don’t have any new medical problems and your existing medical issues are stable, your insurance will be billed and will process this visit under your preventive care benefits.

Insurance companies typically pay for preventive and evaluation-management charges differently. Your insurance may leave you with two co-pays, one for the preventative portion of the visit and one for the problem-focused portion. Your insurance may or may not provide benefits for both services.

If you have specific questions about your insurance coverage, we would encourage you to contact them directly.

A Suggestion: An option that you may want to consider is scheduling an appointment for the preventive visit only and scheduling a different appointment to have the physician evaluate new or existing medical issues. This will allow the physician time to adequately address preventive and existing medical issues.