



**Dear North Orem Family Medicine Patient,**

You have scheduled an appointment with your physician. The following is important information that we ask you to read.

### **Preventive Services – We All Need to Obtain Good Preventive Care!**

We want to make it easy for patients to get preventive care. We believe that early detection and prevention are keys to maintaining good health. Preventive care improves our health and often saves money. Prevention includes exercise, eating a healthy diet and getting recommended preventive care on a regular basis.

### **What Are Preventive Services?**

Typically, the following services are considered “preventive”:

- Vaccinations and immunizations
- Men and women’s health exams and screenings (mammograms, cervical cancer screenings, prostate exams)
- Well-child health checks
- Annual preventive health screening for adolescents
- Screening examinations (annual vision screening, cholesterol screening, diabetes screening, glaucoma screening, hearing screening, cancer screenings)
- Patient education about wellness, prevention and safety

### **Evaluation and Management of Medical Issues**

If you or your family are coming in for a physical, preventive services or a well child check and want to also discuss problems or concerns (new or chronic) or your physician discovers new medical issues, you will be charged for both the preventive or physical portion of the visit as well as for the evaluation and management of these issues.

### **Insurance Coverage**

If you are coming for a physical or prevention visit only and don’t have any medical problems or your existing medical issues are stable/controlled, your insurance will be billed and process this visit under your preventive care benefits.

Insurance companies typically pay for preventive and evaluation-management charges differently. Your insurance may leave you with two co-pays, one for the preventative portion of the visit and one for the problem-focused portion. Your insurance may or may not provide benefits for both services.

If you have specific questions about your insurance coverage, we would encourage you to contact them directly.

**A Suggestion:** An option that you may want to consider is scheduling an appointment for the preventive visit only and scheduling a different appointment to have the physician evaluate new or existing medical issues. This will allow the physician time to adequately address preventive and existing medical issues.

Thank you for choosing Intermountain Healthcare.

*Dr. Brown, Dr. Pratte, & Dr. Springer*

Intermountain North Orem Family Medicine Physicians