

Grab your friends or meet new friends at Alta View Hospital's **Free event** just for you!

Door prizes, food & drinks, fun DIY activities, **self-care** experiences, mental health resources, and **more!**

Learn about Alta View's high quality, personalized care for **every stage** of a woman's life.

Alta View Hospital, Main Lobby, Hospital Tower (building 3)



Intermountain[®]
Alta View Hospital

Treat yourself

to a Ladies Night Out!



Wednesday, November 8 from 6-8 pm