

Bereavement education groups offer emotional support, education about grieving, and an opportunity to become acquainted with others who have experienced the loss of a loved one who has died. We provide virtual and local in-person grief support classes throughout Utah and Burley, Idaho. Groups are open to all at no cost. If you need assistance with bereavement, please email ihcgriefsupport@imail.org or contact Brenda Dial at 385-887-6043.

LISTED GEOGRAPHICALLY FROM NORTH TO SOUTH

BURLEY, IDAHO 208-678-8844

Grief support classes (6-session) offered each spring and fall.

Facilitators: Marcie Bedke and Carey Stoker

LOGAN, UTAH 435-553-5714

Intermountain Homecare & Hospice
550 E 1400 North, Suite G, Logan, Utah
Facilitator: Shawna Cales

REGISTRATION REQUIRED

- Online grief support class: 1st Monday of each month at 4 p.m.
- In-person grief support class: 1st Wednesday of each month at 3 p.m. in Room B, Logan Regional Hospital, 1400 N. 500 E.

OGDEN, UTAH

435-553-5714 or **385-400-2046**

Intermountain Homecare & Hospice
3776 Wall Avenue, Ogden, Utah
Facilitator: Shawna Cales

- In-person grief support class is held on the 2nd Wednesday of the month.
- Online grief support class is held on the 3rd Monday of the month at 4 p.m.

SALT LAKE COUNTY, UTAH

385-223-5665

Facilitator: Brandon Palmer

Salt Lake County offers monthly grief support classes that are held virtually. To register for these online grief classes, please visit the following site:

<https://intermountainhealthcare.org/classes-and-events/list/grief-support-classes>

WASATCH & SUMMIT COUNTIES, UTAH

801-888-1095

Facilitator: Ron Cottle (Ron.Cottle@imail.org)

UTAH COUNTY, UTAH 801-225-0584

Facilitators: Hospice Team
Grief support classes offered regularly throughout the year.

DELTA/FILLMORE AREAS, UTAH

435-743-5430

Bird Senior Center
240 W 100 S Rd, Delta, Utah
Facilitator Name: Doug Jenkins
2nd Tuesday of each month
12:00-1:00 p.m.

RICHFIELD, UTAH 435-893-0370

Richfield Senior Center
890 N 300 W, Richfield, Utah
Facilitator Name: Doug Jenkins
4th Tuesday of each month
12:00-1:00 p.m.

CEDAR CITY, UTAH 435-868-5852

Intermountain Homecare & Hospice
110 W 1325 North, Ste 100, Cedar City, Utah
Facilitator: Craig Hansen
Every Tuesday at 4 p.m.

ST. GEORGE, UTAH

435-231-1828 or **385-377-0128**

Facilitated by Kirk Bitton
(kirk.bitton@imail.org) and Holden Brimhall
(Holden.Brimhall@imail.org)

Online Grief support classes are held every Thursday at 4 p.m.