

SAINT JOSEPH HOSPITAL



150 YEARS | 1873-2023



2023 Annual Report

For the next 150 years...



2023 Annual Report

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Our Shared Mission Helping People Live the Healthiest Lives Possible®

Our Vision
Be a model health system
by providing extraordinary
care and superior service at an
affordable cost

Our Brand Promise
Health for you,
with you

Our Caregiver Promise
Together, for the
healthiest lives

Mission for our Catholic entities:
“We reveal and foster
God’s healing love by
improving the health
of the people and
communities we serve,
especially those who are
poor and vulnerable.”

Bridge statement for Catholic mission and values:
Our Catholic health
Ministry and Mission
is entrusted to us to
honor the sacred dignity
of human life and the
inherent worth of every
person and are aligned
with our common values.

Our Values



Cardiovascular

“We’ve expanded expertise in nursing staff, implemented a novel multi-disciplinary approach, and we see continued opportunities for growth and improvement – we’re not stopping now!”

– Lauren Thompson, MD, CICU Medical Lead, Saint Joseph Hospital



Respiratory

“With the cutting-edge technology we have been able to procure at Saint Joe’s, we are changing lives.”

– Scott Cizek, MBA, RTT, Respiratory Services Operations Director, Saint Joseph Hospital



Women & Infants

“There’s a pretty huge gap in maternal mental health. The work we do can be so directly impactful to care. It’s empowering.”

– Julia Nieweg, MSW, MA, LCSW, PMH-C, CCTP, Perinatal Mental Health Therapist & Clinical Lead, Saint Joseph Hospital



Medical Education

“As a patient, you interact with so many people who are not doctors, but are healers. It’s very gratifying to meet people who have used scholarships to get the education they need to provide this service.”

– Jack Cochran, MD, FACS, Chair, Physicians Appeal, Saint Joseph Hospital Foundation



Spiritual Care

“I donate to keep the spirit there. It’s the glue that brings together the high-tech treatment with the human touch. That’s spiritual care.”

– Michael Podolak, MD, Department of Interventional Radiology, Colorado Permanente Medical Group, PC



Dear Friends,

We at Saint Joseph Hospital Foundation, together with the hospital's caregivers and the patients we serve, thank you for your support of and your belief in our mission. Through your generosity, you have allowed the hospital to deliver on its steadfast commitment to excellence while providing high-quality care.

In the hospital's 150th year, we continue to honor the mission of Saint Joseph Hospital through our dedication to the health of our communities, especially those who are poor and vulnerable. In 1873, Mother Xavier Ross of the Sisters of Charity of Leavenworth, Kansas, challenged her fellow Sisters to "look forward to the good that is yet to be."

We protect and promote our mission which drives the culture of caring and award-winning, highly acclaimed care to this day, advancing excellence through its premier cardiovascular and heart surgery programs, comprehensive women's health services, innovative respiratory care and serving as the state's oldest medical training institution.

A special thanks to our partners, National Jewish Health, Kaiser Permanente and Denver Health, who further support our community of healing and compassion.

In 2023, Saint Joseph Hospital caregivers leaned in hard to ensure service excellence and to provide exceptional patient experiences amidst the continuing challenges within healthcare. We are grateful for the extraordinary compassion, support and resilience of our caregivers. They are both dedicated and devoted to our mission.

This past year, nearly 1,000 individuals, organizations and foundations contributed \$3.2 million to Saint Joseph Hospital Foundation. We will ensure that every dollar contributed allows Saint Joseph Hospital to improve the health and quality of life for our patients and the communities we serve. We will support caregiver resiliency while identifying ways to invest in innovative, transformational care.

Throughout these pages, you'll learn more about the impact of your generosity. We look forward to continuing to serve as faithful stewards of your contributions and to honor the grace of giving back. If you would be interested in having a more in-depth conversation about the power of your philanthropic support, please let us know. We would be thrilled to meet with you.

Sincerely,



L. Roger Hutson
Chairman, Saint Joseph Hospital Foundation
Board of Directors



Leslie McKay
Executive Director, Intermountain Health,
Saint Joseph Hospital Foundation

Clinical Partnerships

Saint Joseph Hospital is part of Intermountain Health, which operates multiple clinics and hospitals in Colorado and in six other western states. Intermountain is a nonprofit system of 33 hospitals, 385 clinics, medical groups with some 4,600 employed physicians and advanced care providers, a health plans division called Select Health with more than one million members, and other health services. Helping people live the healthiest lives possible, Intermountain is committed to improving community health and is widely recognized as a leader in transforming healthcare by using evidence-based best practices to consistently deliver high-quality outcomes at sustainable costs.

By working closely with top community physicians, National Jewish Health and Kaiser Permanente, the leading respiratory hospital in the nation, Saint Joseph Hospital is able to provide many of the best healthcare services in Colorado.

National Jewish Health

For 10 years, Saint Joseph Hospital and National Jewish Health, the leading respiratory hospital in the nation, have worked together to expand and enhance high-quality, affordable health care for patients and families. National Jewish Health is the only facility in the world dedicated exclusively to groundbreaking medical research and treatment of children and adults with respiratory, cardiac, immune and related disorders. The clinical partnership, formed as a joint operating agreement between the two hospitals in 2014, provides patients with access to leading-edge technology, the latest medical research and new treatment options for complex and rare diseases, including COPD, cystic fibrosis, heart failure, interstitial lung disease, lung cancer, pulmonary hypertension, severe asthma, and more. Patients from both hospitals have benefitted through the collaboration and expertise that both organizations bring to all.

Kaiser Permanente

For more than 50 years, Saint Joseph Hospital and Kaiser Permanente, Colorado's largest nonprofit health plan, have worked together to improve health care services and overall quality of life for people throughout the state.

When Kaiser Permanente originally expanded services to Colorado in 1969, Saint Joseph Hospital was the first facility to extend privileges to Kaiser Permanente's medical group. Today, Kaiser Permanente and Saint Joseph Hospital continue a partnership that has streamlined the delivery of quality medical care and redefined the patient experience.

Denver Health

Denver Health has been treating and healing the people of Denver for more than 160 years, also caring for special populations, including the poor and uninsured.

Donna Lynne, DrPH, CEO of Denver Health, shared, "Saint Joseph Hospital and Denver Health are two neighboring mission-driven healthcare organizations, collaborating in specialized patient services such as radiation oncology and cardiac surgery, along with the education of future physicians. This collaboration is designed to elevate both the caliber and reach of healthcare and medical training to our shared community, ensuring our patients receive the highest quality of care."

Denver Health was the first Trauma Center in Colorado and has continued that legacy of providing the highest quality trauma care to the most severely injured patients in our community. Denver Health is a collaborative partner with Saint Joe's in the transferring and care of unstable trauma patients.



"The seamless partnership with National Jewish Health enhances our multi-disciplinary programs across the campuses."

– Glenn Hirsch, MD, Chief of the Division of Cardiology, National Jewish Health



"The National Jewish Health-Saint Joseph Hospital Respiratory Program continues to grow as we build on our existing outstanding inpatient and outpatient programs. These programs serve the patients of Denver as well as those who travel to get care at Saint Joe's, who cares for the most critical inpatients."

– Jay Finigan, MD, Director of The Respiratory Centers of Excellence, National Jewish Hospital



"At Saint Joseph Hospital, we are proud to offer exceptional, cutting-edge Radiation Oncology services to the Denver Health patient population as well as the Denver community and surrounding areas."

– Sarah Pike, Director, Oncology Service Line



"For over 50 years, throughout the ever changing healthcare landscape in Colorado, Saint Joseph Hospital and Kaiser Permanente continue to work closely to help serve the most vulnerable and sick while making each other better in the process. A true "win-win-win" relationship."

– Michael Podolak, MD, Department of Interventional Radiology, Colorado Permanente Medical Group, PC



The Campaign for Caring

Saint Joseph Hospital has been a lifesaving resource to its region and Colorado's communities for 150 years.

Saint Joseph Hospital Foundation's Campaign for Caring is ensuring the hospital's strong presence well into the twenty-first century and beyond.

The Campaign for Caring centers around five priorities—the pillars of the Foundation's work. As the Foundation strives to firmly ground Saint Joseph Hospital's next 150 years with significant, permanent, strategic resources to drive innovative and compassionate healthcare, the Campaign for Caring will steer support to these five areas:

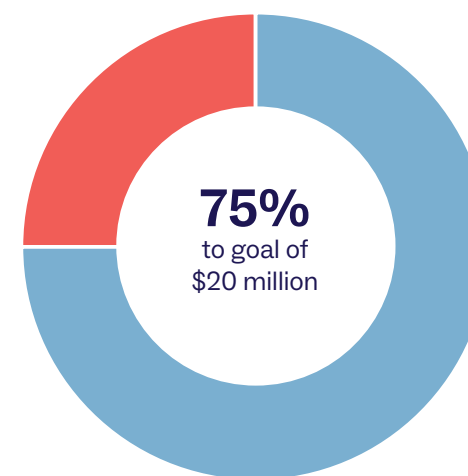
- As heart care shifts toward less invasive technologies, Saint Joseph Hospital's emphasis on **cardiovascular innovation** helps physicians and researchers implement the next big ideas. Our new Cardiac Intensive Care Unit opened in 2023 and is saving the lives of patients with complex cardiac conditions.
- Saint Joseph Hospital was the first private teaching hospital in Colorado, opening its doors in 1892. Today, it is recognized as the **largest private teaching hospital in Denver**.
- Saint Joseph Hospital is, quite literally, Colorado's favorite birthplace—more Coloradans are born here than anywhere else. Future generations of **moms, babies and families** will receive comprehensive, innovative, compassionate care from the most talented physicians and clinical leaders around.
- None of Saint Joseph Hospital's work happens without **medical education and training**. Saint Joe's is a teaching hospital and always has been. Its renowned and ever-expanding graduate programs will open up new opportunities to train the most talented healthcare workforce in Colorado.
- Saint Joe's is also a healing ministry. Its founders—going all the way back to 1873—were the Sisters of Charity of Leavenworth, and their care toward the whole person lives on. **Spiritual care delivery** is a hallmark of the Saint Joseph Hospital mission and woven into the very fabric of our work.

The Campaign for Caring is at its mid-point, aligning perfectly with the 150th anniversary of Saint Joseph Hospital in 2023. The Foundation is at 75% of the goal to raise \$20 million.

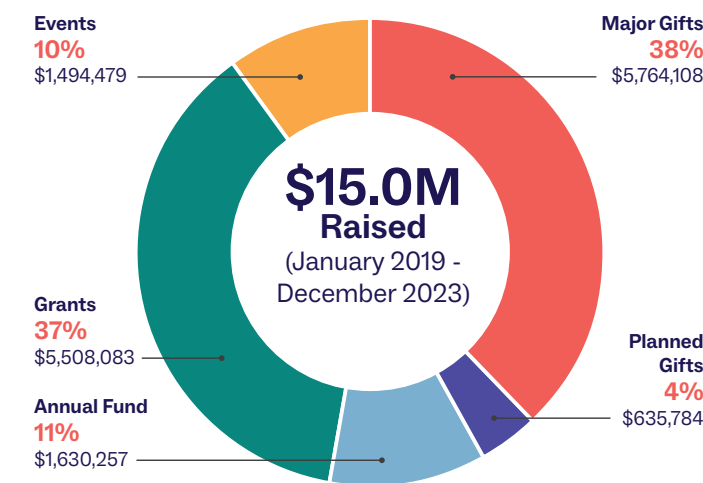
Since the start of the campaign, the number of endowed funds has tripled, creating long-term support for priority programs, including Caregiver Education, Cardiovascular Care, Spiritual Care, and Women and Infant Care.

The Foundation will be turning to the community for their support of the campaign. This outreach includes former Saint Joe's babies, former residents, and former patients treated at Saint Joe's. So many lives have been touched by the Hospital, and we look forward to engaging grateful patients and families in investing in the future of our Hospital!

Campaign Progress



Cash and Commitments by Philanthropic Source

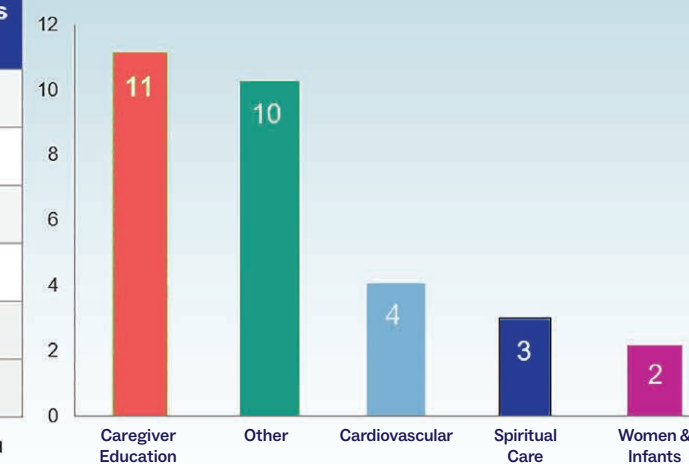


*Excludes Kaiser Charity Care Grant

Endowed Funds

Year	Ending Balance	# of Endowments at End of Year
2018	\$3,506,437	10
2019	\$4,870,168	11
2020	\$5,416,307	12
2021	\$6,752,040	20
2022	\$6,135,911	22
2023**	\$7,910,568*	30

*Includes approximately \$452K of outstanding pledge commitments not yet received
**Market value as of December Financials



CARDIOVASCULAR

New CICU Saves Lives

Saint Joseph has always had one of the strongest cardiovascular programs in the state of Colorado, but our team saw a need to provide **enhanced multi-disciplinary cardiac care for critically ill patients**. Their vision came to life with the new Cardiac Intensive Care Unit (CICU) that opened in February 2023.

Every day in the CICU, a multi-disciplinary team (including a cardiologist, cardiothoracic surgeon, and intensivist) rounds on the same patient at the same time. They can have conversations with the patient, their family, and the nursing team at the patient's bedside. This allows them to make coordinated decisions to get the best outcomes for the sickest patients.



"One of the most remarkable things we've been able to do is really give our nurses a niche, make them experts."

- Lauren Thompson, MD, Medical Director, Cardiac Intensive Care Unit, Saint Joseph Hospital

Your support has also created an opportunity to provide specialized training to nurses in the CICU. Saint Joseph now has over 20 nurses who are laser-focused on cardiac intensive care and have the specialized skills needed to care for these complex patients.

This impressive collaboration of multiple service lines coming together to promote patient-focused comprehensive care is a direct result of the generosity of donors who support Saint Joe's through the Foundation.

Andrew's Remarkable Recovery

When Andrew noticed he was short of breath after a business trip, and then began to feel chest pain, he took it seriously. He learned he had several clogged arteries,

and was not a good candidate for a stent. He came to Saint Joseph for a bypass surgery. It began as a routine procedure, but his anatomy evolved as they were working and it quickly became more complicated. **He experienced a heart attack during surgery.**

Fortunately, **the team was able to use an extracorporeal membrane oxygenation (ECMO) machine to keep**

Andrew alive. This machine keeps blood moving through the body for the heart to prevent organ dysfunction while the heart gets a chance to rest.

His heart needed this recovery time if it was going to work again.

After 28 days in the hospital – 21 days of that in the Cardiac Intensive Care Unit – Andrew was able to go home. **Within just a few months, he was enjoying time with his wife and grandkids, walks with his dog, and even visits to the golf course!**

Andrew is alive today because of this incredible technology. Generous support from donors has allowed Saint Joseph's CICU to obtain an ECMO machine in-house, ensuring it is available when a patient needs it – even unexpectedly.



"ECMO has definitely changed the game for us. We're able to do surgery on more complex patients."

- Megan Loo, MD Cardiothoracic Surgeon, Saint Joseph Hospital



5 out of 5
beds are filled daily



Received the American College of Cardiology **National Distinction of Excellence Award**

HER-STORY at Saint Joseph

"HER-STORY" was recently made at Saint Joseph Hospital when an all-female cardiac surgery team came together in the operating room to perform an open-heart procedure. Women are underrepresented in the cardiac surgery profession, and we want to celebrate this unique milestone and this incredible team! We are proud of the expert care they provide for our patients and the inspiration they provide for the next generation of girls who want to break barriers.



Pictured L-R Back Row: Kim Caesar (Cardiovascular Operating Room Registered Nurse-CV ORN), Dr. Megan Loo (Cardiothoracic Surgeon), Jacque Barnes-Little (CV ORN), Megan Kelso (CV ORN) **Pictured L-R Front Row:** Dr. Prairie Robinson (Anesthesiologist), Abi Solis (CV ORN), Rachel Thompson-Griffin (CV Surgical Technician), Corinne Cass (CV ORN), Jenna Mahan (CV Surgical Technician), Amanda Lin (CV ORN)

Screening and Treating Lung Cancer

Saint Joseph has obtained some of the latest diagnostic technology, which completely transforms care. We are one of very few hospitals to possess an Intuitive Ion Lung Robot. This year, thanks to generous support from donors to the Saint Joseph Hospital Foundation, we were able to purchase a Cios Spin, which adds 3D imaging capability to the bronchoscopy procedures performed using the Lung Robot.

The application of this technology means that when we perform a bronchoscopy to investigate suspicious lung nodules, we can reach smaller lesions within the lung than with traditional bronchoscopy. This provides a **more accurate diagnosis and staging sooner**. This is critical for survival, as the best treatment options for lung cancer are only an option with stage 1 or 2 disease, but symptoms generally do not present until the disease is more advanced.

The need for lung cancer screening and treatment expands well beyond Denver. In order to reach



“Thank you for making life-saving contributions to our patients. With the cutting-edge technology we have been able to procure at Saint Joe’s, we are changing lives.”

– Scott Cizek, MBA, RTT, Respiratory Services Operations Director

the underserved rural communities of western Colorado, the Respiratory Service Line partnered with Intermountain Telemedicine to develop a virtual clinic option for patients on the Western Slope. Saint Joseph Hospital’s Lung Nodule Clinic serves high-risk populations needing advanced pulmonary and nodule management.



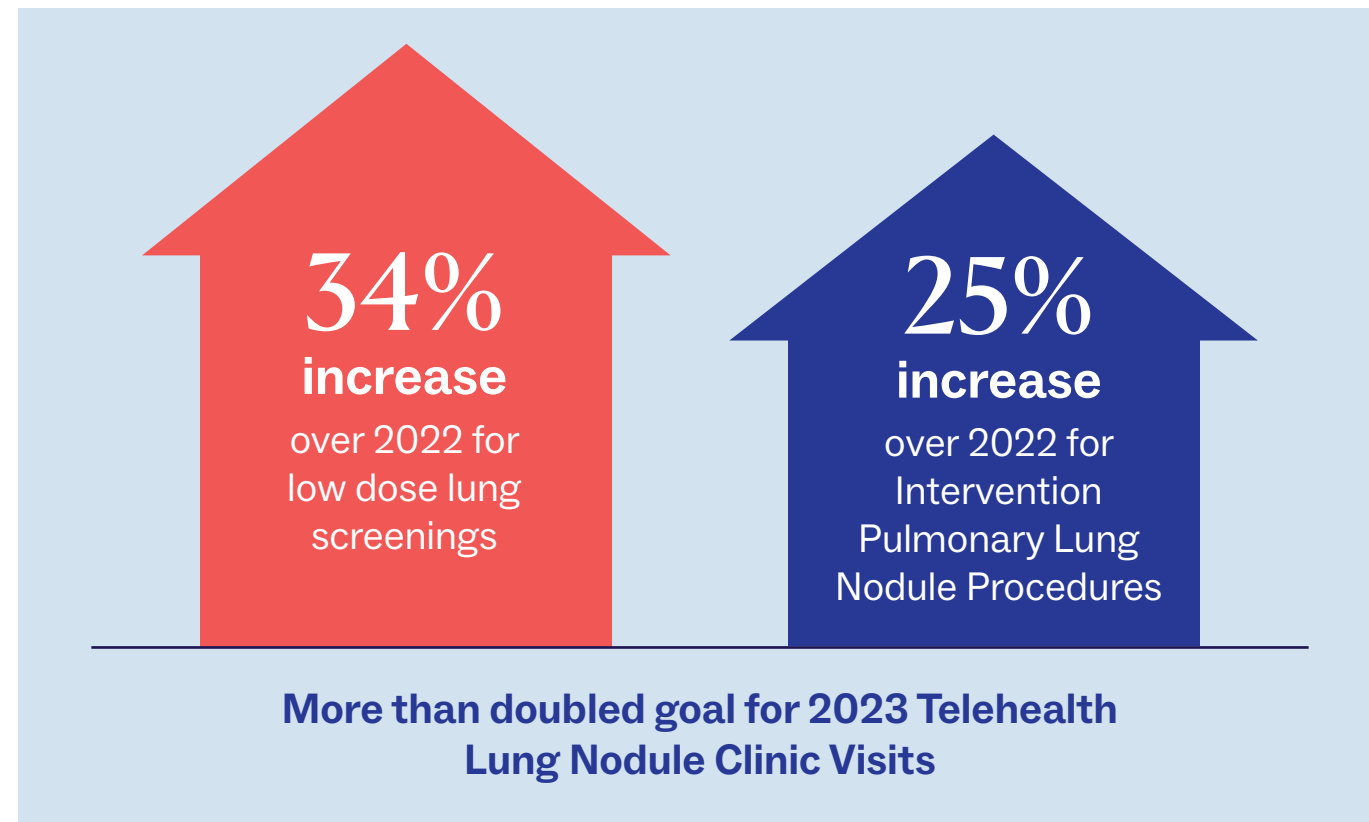
Addressing the Respiratory Therapist Shortage

100,000 respiratory therapists will retire before the end of the decade. These critical team members are trained to help people with lung disease or disorders including asthma, bronchitis, COPD, pneumonia, chest trauma, and lung cancer. They assist with patient assessment, performing and analyzing diagnostic and function tests to assess lung capacity. Respiratory therapists administer treatments to patients, including aerosol medications, inhalants, and chest physiotherapy. They also operate mechanical ventilators and other medical equipment.

In collaboration with Thomas Jefferson University and National Jewish Health, our **new Bachelor of Science**

in Respiratory Therapy program received its accreditation from the Commission on Accreditation for Respiratory Care. This program will address the coming shortage of qualified respiratory therapists to meet the needs of our community.

This program also gives an opportunity for career advancement for many members of the Saint Joseph caregiving team. Staff working as phlebotomists, certified nurse’s assistants, and patient transport team members can pursue this next level of training to step into a new role at Saint Joe’s. Philanthropic donations will support scholarships to promising staff who want to advance their career and expand the service they can offer to our patients.



Kira's Journey with Idiopathic Pulmonary Hypertension

Kira Cronk, a young mother, had been struggling to breathe for a while. At first, she chalked it up to lifestyle and gaining weight. But when **she couldn't even walk up the stairs to her mother's apartment to visit**, she wondered if maybe there was more going on. Then she started to notice new symptoms. She finally went to a hospital when her left arm became very swollen. She was diagnosed with a swollen lymph node and sent home with an ace bandage. 24 hours later, she felt even worse and returned. This time she was diagnosed with a blood clot.

It was not much longer before she was back at a hospital, this time because she had become so out of breath, she thought she would pass out, and describes that it felt like drowning. Her lips were blue. She had fluid drained from her heart and lungs and was told it was congestive heart failure.

After years of feeling sick and multiple misdiagnoses, Kira got a referral from National Jewish Health to Saint Joseph and was diagnosed with idiopathic pulmonary hypertension with right heart failure. As scary as this uncurable diagnosis was, she says it was also a **weight off her shoulders**. A diagnosis, even a difficult one, validated that her symptoms were real, and they were not her fault.

"I was fully expecting to be dead within a few years." – Kira

Kira's new diagnosis consumed her life and the lives of her family. Instead of game and movie nights at home, she and her nine-year-old daughter played cards and ate peanut butter and graham crackers in her hospital room. Her mother took out death insurance, expecting to plan a funeral soon. Life expectancy with idiopathic pulmonary hypertension is 2-3 years on average.

Despite the difficulties she faced, Kira says there were things to be grateful for. She describes the people she met along the way – **"doctors who really listen and care, nurses who see you at your very worst and still treat you with love and**

compassion." People who not only saved her life but cared for her and her family.

It has now been over ten years since Kira's diagnosis. "That's a milestone I didn't think I would get to experience," she says.

Kira has been able to stay out of the hospital for over three years now. She has changed her priorities and focused on becoming the best mom, friend, and person that she can be. Her time is spent on the things and the people that matter most to her.

"I wouldn't be here without Saint Joseph. I have a life that I am proud of." – Kira



Kira (center) with two of her caregivers at the 6th Annual Respiratory Symposium event hosted by Saint Joseph.

WOMEN & INFANTS

Bloom Program Addresses Critical Need for New Mothers

The Bloom Program supports new moms during pregnancy through post-partum with the wrap-around care they need to thrive. This holistic service includes screening for mental health and nurturing the well-being of mothers, infants, and families.

A report from the Colorado Department of Public Health and Environment named maternal deaths related to suicide and overdose as one of the state's most significant challenges in pregnancy and post-partum care. Roughly **20% of women have an anxiety or mood disorder during the perinatal period**, and there is a significant gap in availability of maternal mental health services.

Even when patients can identify places to seek help, there are a lot of mothers who do not have insurance or whose copay is too high for them to pay. Saint Joe's Bloom Program ensures that everyone can access the holistic care they need, regardless of their financial situation.

Madi Blooms as a Mother

After the birth of her first child, Madi had a lot of self-doubt about how well she would be able to parent. She was a young mother who had no example or experience of what it's like to be a good mother. Her relationship with her own mother was traumatic. She was experiencing a lot of post-partum depression, anxiety, and trauma. **When Madi burst into tears during a medical appointment, her midwife referred her to Bloom.**

Through the work of several of the Bloom team, Madi received support to empower her and reinforce her motherhood skills. Critically, she worked to process the trauma that she had experienced in her own childhood. That allowed her to have **a redemptive experience in her own journey as a mother**, and to see herself as a mother.

"It has made me such a better mom and such a better woman," Madi says.



One of many adorable Saint Joe's babies, photo courtesy of proud mama Lauhrahrah Velez

One of her caregivers, therapist Julia Nieweg, said, "Without this program, I'm worried that she would still have symptoms of anxiety and depression, and I don't feel she would have processed her trauma. She had been dealing with it since her childhood and had never been able to trust someone to help her process that. She was able to open up here. **That healing journey translated throughout her care and allowed her to bloom.**"



"I hear so many times when I graduate women we have worked with, 'You have changed my life.'"

– Julia Nieweg, MSW, MA, LCSW, PMH-C, CCTP, Perinatal Mental Health Therapist

Birth Center of Denver Celebrates 500th Baby!

Chloe was born in June and was the 500th baby born at the Birth Center of Denver. Congratulations to Olesya and Andrey on the newest addition to their family! Birth Center of Denver is the first and only hospital-owned, freestanding birth center in Denver. They offer all the comforts of a home-like setting for an unmedicated birth with the benefit of having Saint Joe's in their backyard should any "what-ifs" arise.



MEDICAL EDUCATION

Investing in Saint Joes Nurses

Dr. Cochran's Commitment to Nurses



Jack Cochran, MD, FACS

Dr. Jack Cochran has made it his mission to address the nursing shortage. It was his own personal experience caregiving for his parents at the end of their life that galvanized him to take action. While he worked with nurses all day long, he gained an entirely new understanding of their role when sitting at his mother's bedside. He described waiting to catch the doctor, who would spend maybe 10 minutes checking in each morning. **"For the**

remaining 23 hours and 50 minutes each day, it was the nurses who took care of us," he says.

As his mother was in her final days, Dr. Cochran discovered what nurses are busy doing when doctors like himself are not in the room. He learned that doctors could play an important role in addressing the nursing shortage. While there are several factors involved in the current and growing nursing shortage, one important factor is poor job satisfaction. Dr. Cochran recognized the role that physicians could play in improving conditions for nurses and latched onto the opportunity to change that.

After a 26-year career as a plastic and reconstructive surgeon at Saint Joe's, Dr. Cochran served as president and chair of Colorado Permanente Medical Group and as CEO of the national Permanente organization. He was able to leverage these roles to encourage and inspire numerous physicians to improve interprofessional relationships with nurses. He also created pathways for physicians to demonstrate support for nurses through educational scholarships, including the **Colorado Permanente Medical Group Healthcare Education Fund** that he established over 30 years ago. In 2023 alone, this fund awarded **\$19,000 to 14 caregivers.**

He also created his own endowed scholarship, the **Cochran Award**. A few years ago, he received a surprising reminder of the impact of his giving when the nurse caring for him in recovery after a cardiac procedure thanked him – she was a past Cochran scholar herself. "Talk about closing the loop!" he chuckled, recalling that day.



\$55,000
awarded in nursing
scholarships in 2023



25 nurses
received scholarships
in 2023

"When you give to support nursing scholarships, it is not only a great decision, but it is an enduring gift that will be continually magnified over the years. It's very gratifying."

– Jack Cochran, MD, FACS
Chair, Physicians Appeal,
Saint Joseph Hospital Foundation

Scholarship Impacts a Family

Marley received the Cochran Scholarship for Nursing in 2023, allowing her to complete her training as a nurse practitioner this fall. While completing her degree, she was working full-time caring for patients as a registered nurse and supporting her family. **“The scholarship helped me to pay for school, and in turn, allowed me to support myself and my family,”** Marley says. She was determined to earn the credentials that would allow her to do more for her patients, and scholarship funds made it easier for her to reach that goal while being the best daughter she could be.

“This scholarship means so much to me. It’s important to help nurses achieve their dreams.” – Marley

Marley is a proud Saint Joe’s nurse. In addition to giving excellent service to the patients she sees every day on the orthopedics floor, she dreams of giving back to rural families in her home country of Ghana by one day opening a clinic there.



Marley, who just earned her degree, with her Mother.

Nursing Professional Development

At Saint Joe’s, our Nursing Professional Development (NPD) staff are truly unsung heroes. Our development specialists work with caregivers to improve their skills and reach their career goals through coaching, mentoring, and providing educational opportunities and support. 81% of our NPD staff have a professional certification, and 62 percent have earned a master’s degree or higher!

In 2023, the 36 members of the Saint Joe’s NPD team have:

Onboarded more than
500
caregivers

Taught
320+
classes for staff

Operated the hospital’s
Simulation and Education
Lab which more than
6,000
interdisciplinary learners
experienced this year

We are incredibly grateful for our NPD professionals who help our staff thrive and ensure that our patients receive the best possible care!

SPIRITUAL CARE

Carrying Forward the Spirit of the Sisters

What sets Saint Joe’s apart? We can provide more compassionate service. **While this spirit is intangible, it is very real**, and it touches patients, families, and caregivers alike at Saint Joe’s.

Dr. Michael Podolak, an interventional radiologist at Saint Joe’s, reflects often on the impact of the spirit of the Sisters on his patients, his colleagues, and his own life. His career has spanned nine different hospitals, and the difference here is clear to him. Here, he feels supported by the people he works with, the technologists, nurses, and even the administration. He knows this is not always the experience that physicians can expect.

On a stressful Friday afternoon, one of Dr. Podolak’s patients was having difficulty breathing after a complicated lung biopsy. Ultimately the patient needed a breathing treatment for an asthma attack, but before determining that there were several life-threatening possibilities to consider and a very real possibility of an emergent procedure or transfer to the ICU. He reflects that it was amazing to see how calmly everyone involved was able to remain as they cared for this patient in that stressful moment. He sees that quiet teamwork and camaraderie as a representation of the legacy of the Sisters and the spirit that endures at Saint Joe’s.

While many hospitals are cutting spiritual care back, Saint Joe’s is increasing our investment in carrying on this part of our legacy. Recently, thanks to generous support from donors, the hospital instituted **24/7 in-house pastoral care**. This means that even in the middle of the night, even on a weekend or holiday, there is someone available to provide comfort and support to a patient and their family.

Recently, Dr. Podolak witnessed the immeasurable value this 24/7 pastoral care provides. A young couple with a sick baby in the NICU was uncertain if their new baby would live until the next morning. It was important to them to have the child baptized, and because of the round-the-clock availability of pastoral care, one of Saint Joe’s chaplains was able to perform a baptism for them. The young parents and the close friends and family present with them had a needed and meaningful moment, and **for a short time everyone’s shoulders dropped a little**. We can’t prevent every hard moment or even every loss of life, but we can provide services that make them a little easier to navigate.



Michael Podolak, MD

“Your gift reflects what the Sisters have done for the past 150 years and will be cherished for the next 150 years. Know that you are providing a seed that will grow, and that will help many, many people. It will be there in the care that is given at Saint Joe’s.”

– Michael Podolak, MD
Department of Interventional Radiology, Colorado Permanente Medical Group, PC

"We're not only helping patients, but helping each other as we navigate the challenges, stresses, and struggles associated with healthcare." – Michael Podolak, MD

Father Gabriel Receives Spirit of the Sisters Award

Father Gabriel is one of the chaplains on the Spiritual Care team at Saint Joe's. This year he was honored with the Saint Joe's Spirit of the Sisters award. Those who work with him describe his caring spirit, his good humor, and the way he honors the dignity

of each person he encounters. In his role as a chaplain, Father Gabriel is often in difficult, emotional situations and he always takes the time to connect to patients, family members and caregivers with a listening ear and peaceful presence.

Left to Right: Sister Renee Washut, Peter O'Connell, Manager, Spiritual Care, Chaplains Kelsey Hill and Chris Morgan, Fr. Gabriel Okafor, Chaplain, Caitlin Pride, VP Mission Integration, Debra Flitter, Chaplain and Sister Carol Depner

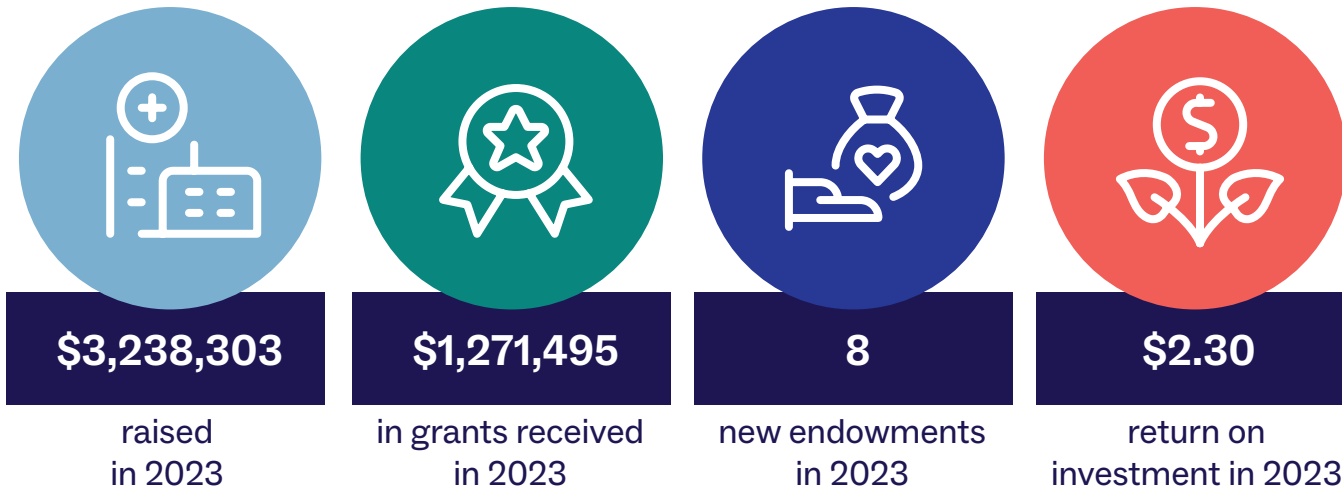


Awards, Accreditations, & Recognition

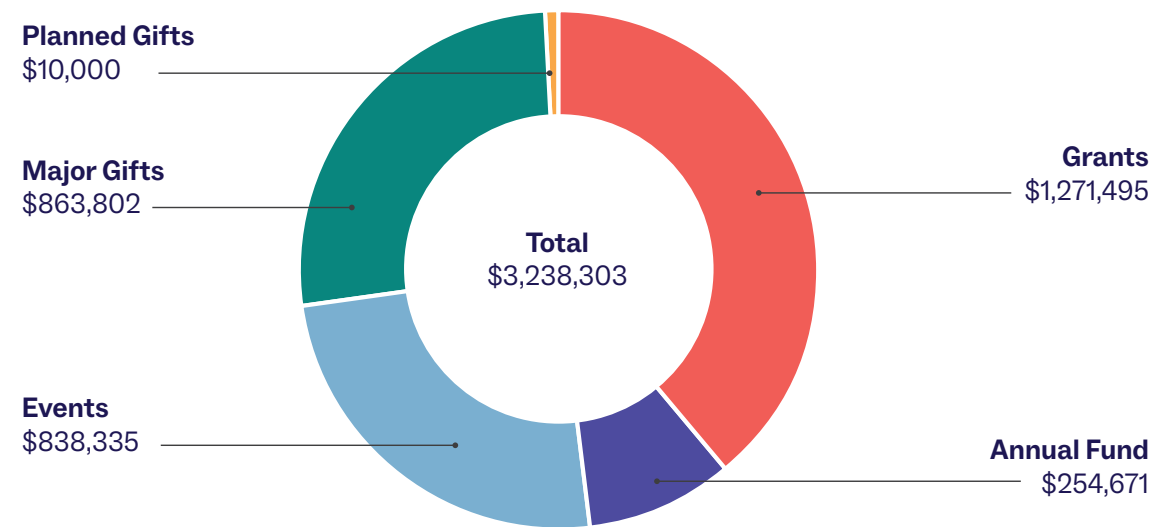
- Saint Joseph is regularly named by third-party rating agencies **among the nation's top hospitals** for cardiac care, critical care and pulmonary care excellence.
- Both Saint Joseph Hospital and its Neonatal Intensive Care Unit (NICU) have been named a **Human Experience (HX) Guardian of Excellence Award®** winner by Press Ganey.
- Five-star rating from the **Centers of Medicare & Medicaid (CMS)** for the third year in a row.
- Saint Joe's is proud to be recognized as a **Best Hospital for Maternal Care** by U.S. News and World Report and Newsweek.
- Ranked by **U.S. News and World Report** as the #3 hospital in Colorado and the #2 hospital in Denver.
- Saint Joseph Hospital's heart surgery program has earned multiple 3-star ratings (the highest ranking) from the **Society of Thoracic Surgeons (STS)**, making it one of the best in the western United States.

Measures of Impact for 2023

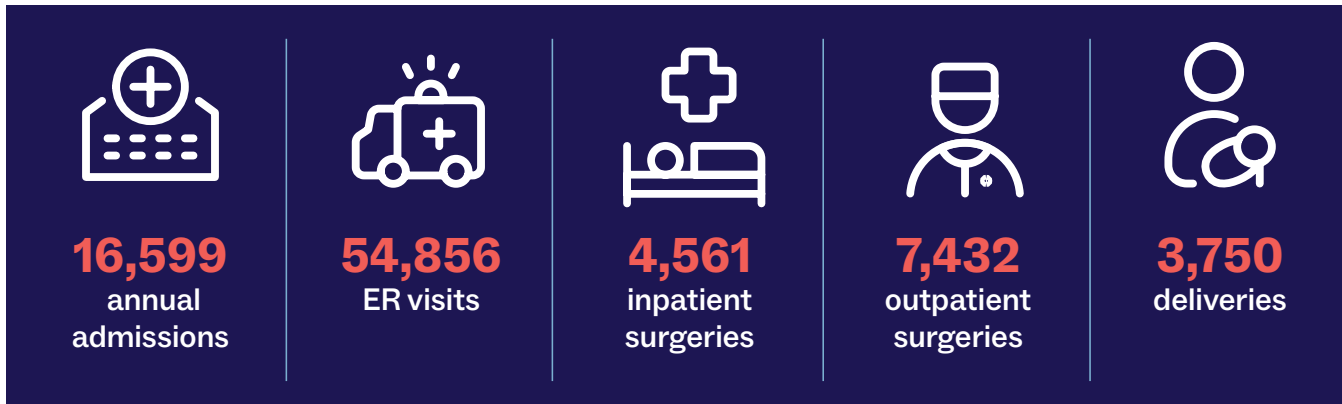
FOUNDATION



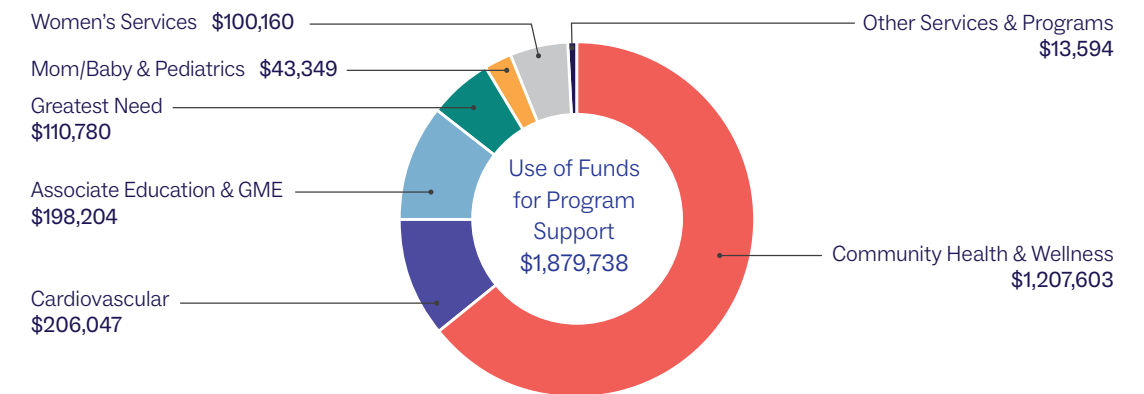
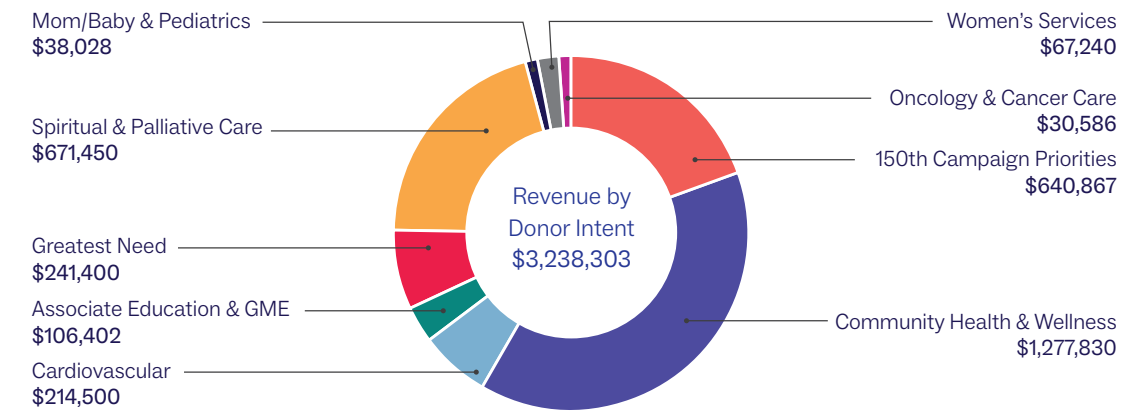
Revenue by Source:



HOSPITAL



Financial Health



Balance Sheet as of December 31, 2023

ASSETS		LIABILITIES	
Cash and Cash Equivalents	\$ 1,086,007	Accounts Payable	\$ 10,000
Pledge Receivables, Short-term	55,454	Due to Hospital	(92,269)
Total Current Assets	1,141,461	TOTAL CURRENT LIABILITIES	(102,269)
Investments	\$ 13,397,664	Annuities Payable	\$ 99,735
Pledge Receivables, Long-term	1,465,553	NET ASSETS	
TOTAL ASSETS	\$ 16,004,677	Net Assets Without Donor Restriction	\$ 815,692
		Net Assets With Donor Restriction	14,986,980
			15,802,673
		TOTAL LIABILITIES & NET ASSETS	\$ 16,004,677

Celebrating 150 Years of Caring

It all began with four Sisters and nine dollars in 1873. Since the small hospital in a cottage founded by the Sisters of Charity of Leavenworth, Kansas opened its doors, a lot has changed. The hospital is now a large, state-of-the-art facility featuring some of the most advanced treatment technologies,

environmentally friendly design, and person-centered accommodations for patients and visitors. And yet, the heart of this hospital remains the same as it was in 1873. We are proud to have served this community for the past 150 years, and are excited to see what the next 150 years bring.

2023 Event Highlights

CICU Ribbon Cutting

February was the perfect month to open the Cardiac Intensive Care Unit (CICU) at Saint Joe's. The opening fulfilled a goal of providing expert cardiac care coordination and specialized training for our patients.

Campaign Co-Chair and Board member, Jay Coughlon, and Campaign Committee and Former Board Chair, Eddie Robinson, cut the ribbon and Jay made heartfelt remarks to the 30 people in attendance. "As we realize

our goal of treating more and more complicated cardiac patients, we need a platform to care for these patients that includes doctors, nurses, diagnostics, and monitoring, as well as therapeutics. All of this requires coordination and specialized care that can only be done in a CICU. Special thanks to the many donors who contributed \$598,000 to establishing the unit and the efforts of our caregivers at Saint Joseph Hospital!"



Christian Castro, RN, CICU Nursing Lead, Lauren Thompson, MD, CICU Medical Lead, Eddie Robinson, Board Member, Jamie Smith, Saint Joseph Hospital President, Jay Coughlon, Board Member & Glenn Hirsch, MD, Medical Co-Director stand with the new CICU donor plaque.

Links to the Heart 29th Annual Golf Tournament



Saint Joseph Hospital Foundation held its 29th Annual Links to the Heart Golf Tournament at the gorgeous Colorado Golf Club on Monday, August 21, 2023.

Cardiovascular Program. Saint Joe's Cardiovascular program is one of the strategic priorities of the Campaign for Caring which celebrates the hospital's 150th Anniversary and ensures the hospital can continue serving patients for many years to come.

Tournament participation was at an all-time high with 144 golfers attending the sold-out event. The Foundation raised more than \$200,000 to benefit the

We are very grateful to all who volunteered and participated in the tournament, to the vendors and major sponsors: Layton Construction, The SSA Group and Diversified Radiology.



Mark Korth, Peak's Region President, Jamie Smith, President of Saint Joseph Hospital, Scott Peek Peak's Region Market President and Sean Fadden, VP Strategic Financial Planning.



Leslie McKay, Executive Director of the Saint Joseph Hospital Foundation with Development Committee member Scott Honig, and the members of his first-place foursome!

The Saint Joseph Hospital 150th Anniversary Gala

SAINT JOSEPH HOSPITAL



150 YEARS | 1873-2023

The Saint Joseph Hospital 150th Anniversary Gala welcomed 500 guests at the Sheraton Denver Downtown Hotel on Saturday, September 23, 2023, to celebrate the love, dedication, and perseverance of the Sisters of Charity of Leavenworth. Their dedication to providing healthcare for the poor and most vulnerable in our community was honored by generous attendees. The evening raised \$1.2 million for the future of the Foundation and the Spirit of the Sisters fund. Guests danced into the night with a private concert featuring Yacht Rock Revue. A special thanks to the Intermountain Executive Leadership staff, hospital leadership, our board members and all our sponsors for supporting the cause.



Back left to right: Sister Carol Depner, Rita Turley, Chair, Leaven Ministries Board, Sister Sheila Karpan, Sister Melissa Camardo, Sisters of Charity of Leavenworth Board Member, Sister Amy Willcott, Sister Rosemary Kolich and Sister Michael Delores Allegri. **Front left to right:** Sister Mary Jo Anzik, Sister Mary Lyons and Sister Renee Washut.

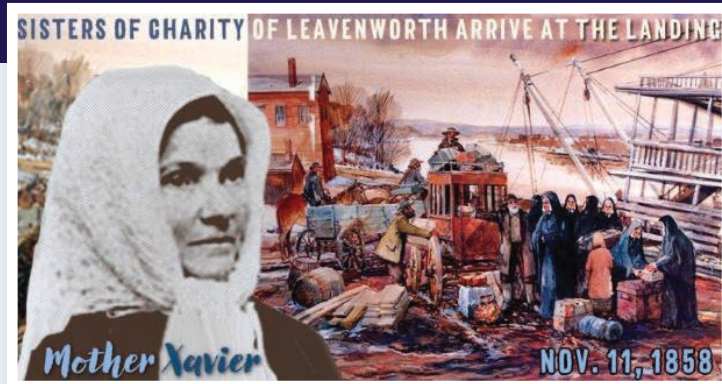


Left to Right: Mark Korth, Peaks Region President, Rob Allen, President & CEO of Intermountain Health and Scott Peek, Market President, Front Range.



Left to Right: John Ikard, Board Member, Dick Robinson, Norm Brownstein, Larry A. Mizel, Pete Coors, Marilyn Coors, L. Roger Hutson, Board Chair, Jamie Smith, President Saint Joseph Hospital, Charlie Gallagher and former Board Chair, Eddie Robinson.

150 Years of Caring



Before Colorado was a State, the Sisters of Charity of Leavenworth arrived and made it their mission to care for members of the community.



Our staff continues to provide quality care for all in the tradition of the Sisters.



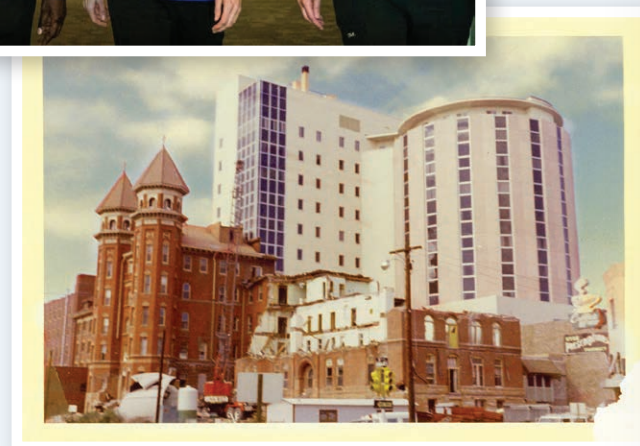
The outfits have changed since 1906, and new medical advances have been incorporated into our care, but the compassion of our caregivers is just as strong as it ever was.



Saint Joseph has a rich history of training caregivers. This photo shows the Saint Joseph Hospital Training School for Nurses Class of 1906.



Today's NICU nurses provide our trademark compassionate care to the tiniest patients we see!



Our architecture has evolved over the years. This photo from 1964 offers an early view of our iconic twin towers structure.

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 Katie Behnke
 Christy Chaudhuri, MD
 Linda Childears, *Vice Chair*
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 Mark Cordova
 Celia Dietrich
 Monica Doyle
 Chris Dunne

Kim Durand
 David Farahi
 Lindsay Filsinger
 Norm Franke
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 Marshall Gottesfeld, MD
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 Ryan Harris
 John Ikard
 Wesley Jones

Steve Logan
 Leslie McKay, *Executive Director*
 Justin McMorrow
 Sean McNicholas
 Linda Osterlund
 Michael Podolak, MD
 Julie Davis Ratner
 Jamie Smith, *Hospital President*
 Mary Stuart
 Steven Ziegler

Campaign Committee

The Campaign Committee was formed to lead strategy and efforts to increase fundraising revenue during the Campaign for Caring, with a focus on major and planned gifts.

L. Roger Hutson, *Co-Chair*
 Jay Coughlon, *Co-Chair*
 Katie Behnke
 Bob Boswell
 Linda Childears

Jack Cochran, MD
 Mark Cordova
 Celia Dietrich
 Norm Franke
 Cal Fulenwider

Steve Logan
 Randy Miller
 Eddie Robinson
 Mary Stuart
 Barth Whitham

Development Committee

The Development Committee was created by the Foundation's Board of Directors to lead stewardship efforts to increase fundraising activity and revenue, with a focus on special events and annual gifts.

Julie Davis Ratner, *Chair*
 Monica Doyle
 Kim Durand

Lindsay Filsinger
 Chris Fulenwider
 Marshall Gottesfeld, MD

Scott Honig
 Michael Podolak, MD
 Steve Ziegler

Nominating Committee

The Nominating Committee is charged with assisting the Board of Directors by identifying, qualifying and recruiting individuals to become new Board of Director members and recommending to the Board those nominees that should be considered for membership.

Linda Childears, *Chair*
 Christy Chaudhuri, MD
 Mark Cordova

Chris Dunne
 Justin McMorrow

Jamie Smith
 Mary Stuart

Corporate Donors

Saint Joseph Hospital Foundation is grateful for the generous contributions from individuals, corporations and foundations that make our work possible. The following is a list of those who made gifts in 2023.

\$10,000 or more

Alpine Bank	Liberty Oilfield Services LLC	Saunders Construction, Inc.
Cator Ruma & Associates	MDC Richmond American Foundation	SelectHealth
Davis Partnership Architects	Monaghan Foundation	Sisters of Charity of Leavenworth
Diversified Radiology of Colorado PC	Monarch Casino Resort Spa	SJH Volunteer Services
Epic	Mortenson Construction Co.	SSA Group LLC
Healthcare Appraisers, Inc.	National Jewish Health	State Of Colorado – Dept of Health Care Policy & Financing
Kaiser Permanente and Kaiser Foundation Health Plan, Inc.	Raskob Foundation for Catholic Activities Inc.	The American Gift Fund
Layton Construction Company, LLC	Rbc Wealth Management	The Colorado Trust

\$5,000 to \$9,999

Boulder Associates, Inc.	Elsmere Education	KPMG
CAZ Investments	Fidelis Healthcare Partners	Martin/Martin Consulting Engineers
Chaz The Mover Incorporated	Gastroenterology of the Rockies	Professional Service Industries Inc
Comerica Bank	Good Samaritan Medical Center	The Denver Foundation
Dea Family Foundation	Huntington National Bank	
Edwards Lifesciences Foundation	JE Dunn Construction Co.	

\$4,999 or less

Altus Architectural Studios	Excellere Partners	Newborn Hope
Convergint Technologies	Holy Ghost Catholic Church	Specialized Engineering Solutions
Copic Companies	Luthern Family Servaces	Wells Fargo Bank NA
Daniels Fund	Mount Saint Vincent Home	

Individual Donors

\$50,000 or more

Mr. Timothy J. Coughlon Mr. Cal Fulenwider, III	L. Roger Hutson	Rick and Martha Klau
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\$25,000 to \$49,999

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\$15,000 to \$24,999

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\$10,000 to \$14,999

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\$5,000 to \$9,999

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*indicates donors who are deceased

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