# 44<sup>th</sup> Annual Conference | Common Problems in Pediatrics | June 6-8, 2022

# Registration

Tuition	Extended Early Bird (Postmarked by) May 14, 2022	After May 14, 2022
UTAAP / UAFP Member	\$399	\$449
Non-Member Physician	\$525	\$575
UTAAP Affiliate or Non-Physician Member	\$299	\$349
Non-Physician	\$425	\$475
Pediatric or Family Physician Resident	\$80	\$80
Medical Student	\$25	\$25
1 day only	\$275	\$275
Which day will you be attending?	Monday   Tuesday	Wednesday
Printed Syllabus	\$60	Not Available
Tuition total:		



To register for the Common Problems Conference, go to intermountain.cloud-cme.com/commonproblems2022



If you have questions or need registration assistance please contact IPCE at:

801-507-8470 | Toll-free number: 800-910-7262 Email address: ipce@imail.org





44<sup>th</sup> Annual Conference

# **Common Problems** in Pediatrics

June 6-8, 2022

**Primary Children's Hospital Eccles Outpatient Services Education Center** Salt Lake City, UT

To register for the Common Problems Conference, go to intermountain.cloud-cme.com/commonproblems2022



June 6, Monday 7:30-8:00 AM Registration and Continental Breakfast 8:00-8:15 AM Chapter Update Jennifer N. Brinton, MD, FAAP, UTAAP Chapter President 8:15-9:00 AM **Autism Beyond Diagnosis** Paul S. Carbone, MD, FAAP » Review common treatment options for autism including medication and beyond » Describe what treatments are appropriate for our patients » Identify alternative and complimentary treatments with families 9:00-9:45 AM What Exactly is Pediatric Gynecology? Katherine G. Haves, MD. FACOG » Recognize common causes of vaginal bleeding and discharge in pediatric patients » Indicate routine physical abnormalities and monitoring pediatric patients » Recognize when healthcare providers should refer pediatric patients for additional follow up 9:45-10:00 AM AWARD PRESENTATION 10:00-10:45 AM The Identification of and Intervention for Families Experiencing Intimate Partner Violence Kathleen M. Franchek-Roa, MD, MS, FAAP » Recognize the range of experiences for children who witness intimate partner violence » Explain the link between childhood exposure to intimate partner violence and other adversities to health across the lifespan » Identify resources to aid intimate partner violence victims and their children

> Division of Child and Family Services: How Can They Help Our Families? Kristine A. Campbell, MD, MSc, FAAP » Plan when and how primary care physicians need to contact DCFS for our patients

- » Review what resources are available through DCFS for our families
- » Define how healthcare providers can affectively administer care to their patients when in the custody of DCFS

11:45-12:30 PM **Utah's CALL-UP Psychiatric Access Program** 

Kristi K. Kleinschmit, MD, FAAP | Kara A. Applegate, MD

- » Review common consultation questions and future trends
- » Report Utah's CALL-UP Program statistics at two years
- » Examine psychiatric access programs as a part of an integrated mental health program

# June 7, Tuesday

10:45-11:00 AM

11:00-11:45 AM

7:30-8:00 AM **Registration and Continental Breakfast** 8:00-8:45 AM The Ins and Outs of Recurrent Abdominal Pain

Jacob O. Robson, MD, MS

- » Indicate the most common causes of recurrent abdominal pain in kids
- » Describe the appropriate diagnostic evaluation and initial treatment in these patients
- » Explain which patients need referral and which can be treated by the primary care physician

8:45-9:30 AM

Seizures for the Primary Care Physician

Carey A. Wilson, MD

- » Classify if the spell is a seizure and what is the initial work up for a potential seizure
- » Interpret if there are initial treatments primary care providers should initiate in patients when referral is not immediately available
- » Review what guidance healthcare providers should be giving families for patients with seizures

9:30-9:45 AM BREAK

9:45-10:30 AM Food Insecurity and its Effects on Kids

Ryan M. Buchholz, MD

- » Identify the frequency and nature of food insecurities in pediatric patients
- » Apply methods to screen for food insecurities and how to connect families to certain services
- » Examine the effect food insecurity has on children's health

10:30-11:15 AM

**Food Insecurity Obesity Paradox** 

Rvan M. Buchholz, MD

- » Differentiate the connection between food insecurity
- » Explain how we can affect this food cycle in our pediatric patients
- » Identify how pediatricians can advocate for the health of their patients

11:15-12:00 PM Primary Care of the Immune Suppressed Patient

Sara M. Stern, MD

- » Indicate the role of the primary care provider for patients who are immune suppressed
- » List adjustments that healthcare providers can make to primary care
- » Recognize when patients need additional work up

12:00-12:45 PM

Please Explain, What is PCOS Aside From Letters? Zoe T. Raleigh, MD

- » Generalize how common PCOS is among adolescents and how it presents
- » Specify diagnosis and treatment of PCOS for primary care physicians
- » Inspect when patients need additional testing and/or referral

# June 8, Wednesday

7:30-8:00 AM 8:00-8:45 AM

Registration and Continental Breakfast I Bonked My Head, Latest in Concussion Care Colby R. Hansen, MD

- » Identify the signs and symptoms of a concussion
- » Discuss the primary care providers work through the process of return and play
- » Recognize resources that are available for patients needing further care and when to refer them

8:45-9:30 AM

All Plugged Up, Constipation in Kids Justin C. Wheeler, MD

- » Analyze when providers should be thinking about constipation in patients
- » Examine treatment options for parents who have children with acute and chronic constipation
- » Review how providers can help parents see belly pain as a cause for constipation without a visit to a specialist

9:30-9:45 AM 9:45-10:30 AM

Racism's Roots in and Impact on Early Childhood Nathan T. Chomilo, MD, FAAP

- » Discuss the different levels of racism and how medicine can perpetuate racism at each level
- » Describe how young children form their racial identity & the role that racial socialization plays
- » Review the impact of racism on health and opportunity in early childhood

10:30-11:15 AM

Racism as a Pediatric Public Health Crisis: Moving from Awareness to Action

Nathan T. Chomilo, MD, FAAP

- » Demonstrate examples of what we can do within each level of racism as pediatric clinicians to move from awareness to ACTION
- » Identify the steps as pediatric clinicians to address our own racial socialization, help parents and patients mitigate the development of racial bias
- » Provide examples of what parts of the Minnesota community have done to address racism at each level in response to murder of George Floyd and racial reawakening in light of COVID-19

**BREAK** 

11:15-11:30 AM 11:30-12:15 PM

Myocarditis, COVID-19, Vaccines and Life Dongngan Truong, MD, MSCI

- » Define myocarditis and how it presents in children
- » Discuss the association between myocarditis and COVID-19
- » Plan what evaluation and treatment should be preformed by primary care providers for myocarditis

12:15-1:00 PM My Head Hurts, Now What?

Meghan S. Candee, MD, MSc

- » Identify which diagnostic steps are appropriate for diagnosis of headaches in kids
- » Describe optimal treatment plans
- » Identify when pediatric patients need to see a specialist

#### Printed and E-Syllabus Options

In order to provide high quality images and graphics, the syllabus for the Common Problems in Pediatrics Conference will be available to all attendees online for download in advance of the conference. The electronic syllabus will contain presentations that were provided by the speakers. Presentations are available by discretion of the speaker and the online syllabus will be updated each day of the conference. If you would like to receive a printed copy, simply select that option on the registration form; please note that an additional fee of \$50 for supplies and \$10 for shipping costs applies.

#### Location

The 44th Annual Common Problems in Pediatrics Conference will be held June 6-8, 2022 in-person at Primary Children's Hospital, Eccles Outpatient Services Education Center, A virtual viewing option is also available.

#### **Exhibits**

The conference will showcase the latest products and services to keep you up to date, as well as community referral resources for your practice. Exhibits will be open Monday, Tuesday, and Wednesday, in-person only.

#### Fees

Fees include tuition, electronic course syllabus, and certificate of completion.

#### **Cancellation Policy**

Cancellation and Reimbursement Policy: Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

# Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.

The Common Problems in Pediatrics Conference is designed for physicians, residents, advanced practice providers and others interested in pediatric care issues. The latest practical information on delivering healthcare to children will be presented through lectures and discussions. Interaction between faculty and the audience is facilitated through question

A wide variety of clinically relevant topics have been included to appeal to a broad range of interests. As a result of this conference, the attendee should be able to evaluate, manage, and appropriately refer pediatric patients with problems in the areas of autism, gynecology, partner violence, DCFS, COVID-19, psychiatry, seizures, abdominal pain, food insecurity, PCOS, concussion, constipation, racism, and myocarditis.

### **Accreditation**



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Intermountain Healthcare, Primary Children's Hospital, the Department of Pediatrics at the University of Utah School of Medicine and the Utah Chapter of the American Academy of Pediatrics. Intermountain Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

## **AMA PRA Credit**

Intermountain Healthcare designates this live activity for a maximum of 12.75\* AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\*\*Credit hours are subject to change and based on actual learning hours and at the discretion of IPCE.

#### Speaker List

Kara A. Applegate, MD

Resident Physician Child & Adolescent Psychiatry University of Utah School of Medicine

Jennifer N. Brinton, MD, FAAP

President, Utah Chapter of the American Academy of Pediatrics Assistant Professor, Department of Pediatrics University of Utah School of Medicine

Ellie Brownstein, MD, FAAP

Conference Director President Elect, Utah Chapter of the American Academy of Pediatrics Pediatrician, Greenwood Health Center Adjunct Professor, Department of Pediatrics University of Utah School of Medicine

Rvan M. Buchholz, MD

Pediatrics and Internal Medicine Internal Medicine/Pediatric Specialist Washington, DC

Kristine A. Campbell, MD, MSc, FAAP

Associate Professor Division of Child Protection and Family Health Department of Pediatrics University of Utah School of Medicine Meghan S. Candee, MD, MSc Associate Professor

Division of Pediatric Neurology Department of Pediatrics University of Utah School of Medicine

Paul S. Carbone, MD, FAAP Medical Director of the Child

Development Program Professor, Division of General Pediatrics Department of Pediatrics University of Utah School of Medicine

Nathan T. Chomilo, MD, FAAP Medical Director, Medicaid and

MinnesotaCare Internal Medicine Minnesota Department of Human Services

#### Kathleen M. Franchek-Roa, MD, MS, FAAP

Associate Professor Division of General Pediatrics Department of Pediatrics University of Utah School of Medicine

Colby R. Hansen, MD

Associate Professor Department of Physical Medicine and Rehabilitation University of Utah School of Medicine

Katherine G. Hayes, MD, FACOG

Pediatric & Adolescent Gynecologist Assistant Professor Department of Obstetrics and Gynecology University of Utah School of Medicine

Kristi K. Kleinschmit, MD, FAAP

Assistant Professor Department of Psychiatry University of Utah School of Medicine Huntsman Mental Health Institute

Zoe T. Raleigh, MD

Assistant Professor Division of Pediatric Endocrinology Department of Pediatrics University of Utah School of Medicine

Jacob O. Robson, MD, MS

Associate Professor Division of Pediatric Gastroenterology Department of Pediatrics University of Utah School of Medicine

Sara M. Stern, MD Associate Professor

Division of Pediatric Rheumatology Department of Pediatrics University of Utah School of Medicine

Dongngan Truong, MD, MSCI Associate Professor

Division of Pediatric Cardiology Department of Pediatrics University of Utah School of Medicine

#### Justin C. Wheeler, MD

Medical Director, Motility Disorders Program Assistant Professor Division of Pediatric Gastroenterology Department of Pediatrics

University of Utah School of Medicine

Carey A. Wilson, MD

Assistant Professor, Pediatric Neurologist & Epileptologist Division of Pediatric Neurology Department of Pediatrics University of Utah School of Medicine

#### **Planning Committee**

Jennifer N. Brinton, MD, FAAP

President, Utah Chapter of the American Academy of Pediatrics Assistant Professor, Department of Pediatrics

University of Utah School of Medicine

Ellie Brownstein, MD, FAAP

Conference Director President Elect, Utah Chapter of the American Academy of Pediatrics Pediatrician, Greenwood Health Center Adjunct Professor, Department of

University of Utah School of Medicine

Alisa Stoddard, BS

**Executive Director** American Academy of Pediatrics Utah Chapter

Lu Lu Waterhouse, MD

Pediatrician, Willow Creek Pediatrics Adjunct Assistant Professor Department of Pediatrics University of Utah School of Medicine







