

Primary Children's Insulin and Blood Glucose Tracking Sheet

Phone: 801-662-1640 Fax: (801) 587-7539 Email: diabetes@imail.org Website: primarychildrens.org/diabetes

Patient name: _____ DOB: _____

Date of diagnosis: _____ Parent/Guardian name(s): _____

Best phone number: _____ Email Address: _____

Provider: Canter Chan Clements Hamaker Ize-Ludlow Jelley Meder Raleigh Raman
 Shawar Smego Solorzano Timme Weber Brown Galbraith Speight Wellisch

<p>If you are a new onset (until your first provider visit) email to diabetes@imail.org or through MyHealth every 2-3 days before noon Monday-Friday. Put in the subject line "NEW ONSET".</p>	<p>If you are having multiple daily lows (bg <80) please e-mail this record and call the clinic 801-662-1640 option #4 so it can be addressed that day.</p>
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Long-acting insulin: <input type="checkbox"/> Basaglar <input type="checkbox"/> Lantus <input type="checkbox"/> Semglee <input type="checkbox"/> Levemir <input type="checkbox"/> Tresiba <input type="checkbox"/> Toujeo																												
Rapid-acting insulin: <input type="checkbox"/> Admelog <input type="checkbox"/> Apidra <input type="checkbox"/> Humalog <input type="checkbox"/> Insulin Aspart <input type="checkbox"/> Insulin Lispro <input type="checkbox"/> Lispro <input type="checkbox"/> Novolog																								Date Adjusted				
Insulin to Carbohydrate Ratio	Breakfast: ____ unit(s) insulin per ____ grams of carb								Lunch: ____ unit(s) insulin per ____ grams of carb								Dinner: ____ unit(s) insulin per ____ grams of carb											
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Correction Factor	____ unit(s) insulin for every ____ BG points above ____/____ day night																											
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Date	Breakfast				Lunch				Snack				Dinner				Bedtime				Other		Other		Long-Acting			
	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Time	BG	Time	BG	Insulin Dose	
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• What trends have you noticed and what time of day are you concerned about?