

Intermountain Health's Patient Portal



We are requesting that all our patients send blood glucose logs and messages through the Intermountain Health patient portal as it is our secure communication portal.

Steps to sign up for the Intermountain Health app:

****18+ yr olds will need their own Intermountain Health account****

- Download the Intermountain Health app
- Sign up for an account for yourself (parent/guardian)
- Go to your account management
- Request proxy access for a minor

Steps to sending a message in the Intermountain Health app:

- Click on your name and change it to your child's name
- Click on the message icon in the top right corner
- Click on the blue "new message" on the bottom of the screen
- Fill in your doctor's name and subject (such as Pump/CGM download or DL form)
- Put your concerns in the message
- Click on attachment if needing to attach a blood glucose log or document

Trouble accessing your Intermountain Health app? Please call the help line at 800-442-5502

