

# Mandy's Daily Schedule

7:30am	Good Morning! Call and order breakfast
8:30am	Eat breakfast – out of bed
9:00am	Occupational Therapy – Get dressed and brush teeth with OT
10:00am	Physical Therapy
10:30am	Speech Therapy
11:00am	Call and order lunch
11:30am	Integrative Medicine – M,W,F
12:00pm	Eat lunch – out of bed
12:30pm	Rest – may be in bed
1:30pm	School – M/T/Th
2:00pm	Speech Therapy
2:30pm	Occupational Therapy
3:00pm	Physical Therapy
3:30pm	Music/Art/Dance Therapy
4:00pm	Rest – may be in bed
5:00pm	Call and order dinner
6:00pm	Eat dinner, family time
6:30pm	Free Time
8:00pm	Shower – ADL bathroom
9:00pm	Brush Teeth/Get ready for bed
9:30pm	Goodnight!