# Spina Bifida Clinical Roadmap

\*Please note, these are guidelines. Additional consultations available as requested/needed by Family or Physician

#### o-3 Months 6 Months o Months 12 Months 18 Months **Clinical Consultations Clinical Consultations Clinical Consultations Clinical Consultations Clinical Consultations** z weeks after discharge from the initial hospitalization, with follow up prior to 3 months individually arranged. \*\* Neurosurgery • Neurosurgery (if Neurosurgery Neurosurgery • Neurosurgery (if Urology no shunt or • Orthopedics (as not shunt or Urology • Orthopedics (as consultation has needed) • Orthopedics (as consultation has • Physical Medicine needed) needed) been been • Physical Medicine recommended) Nursing • Physical Medicine recommended • Pediatrician/Nurse • Physical Therapy • Pediatrician/Nurse • Pediatrician/Nurse Urology Practitioner • Orthopedics (as **Studies** Practitioner Practitioner Nursing Nursing • Nursing needed) • Urologic Nutrition Physical Medicine **Studies Studies** • Nursing Social Work Only if • Urologic • Urologic Occupational Physical Therapy recommended Surveillance Therapy (Early Nutrition by Urology VCMG RBUS Intervention **Studies** Neurosurgery RBUS Referral • Urologic Surveillance Labs **Studies** HUS if no shunt Blood Pressure • Urologic RBUS or otherwise Check • Neuro Surveillance Neurosurgery recommended DMSA Surveillance Baseline MRI HUS if no shunt Brain and VCMG or otherwise Complete Spine Developmental Labs recommended Assessment

### \*STUDY KEY\*

#### Urologic Study

\*\* Clinic consultation

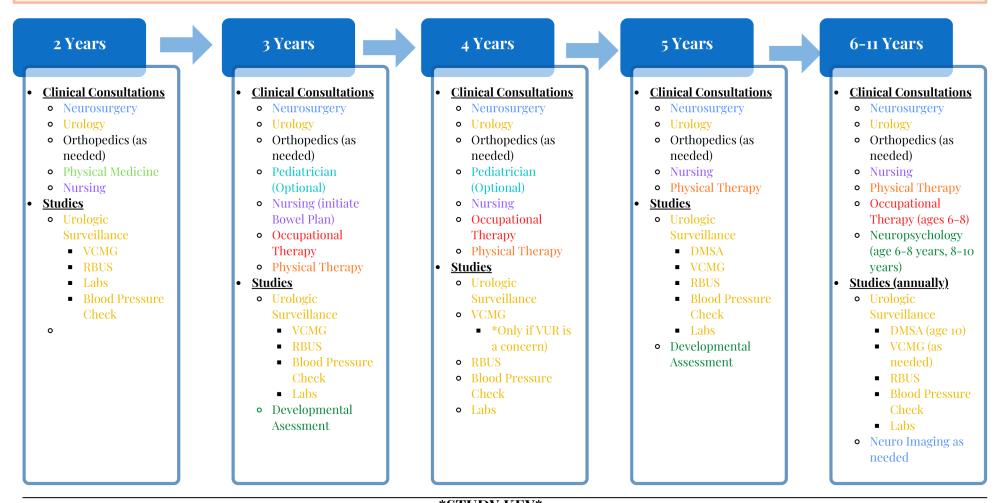
- **DMSA** (Dimercapto Succinic Acid): Provides detailed pictures of the kidneys
- VCMG (Video Cystometrogram): Detects high pressure in the bladder than may backwash into the kidneys and lead to kidney damage
- RBUS (Renal Bladder Ultrasound): Follows kidney and bladder growth and health
- Labs: Renal Function Panel (RFP), Cystatin C

### **Neurological Studies**

- **HUS** (Head Ultrasound): Monitors patients for Hydrocephalus
- MRI (Magnetic Resonance Imaging): Provides a clear 2-D Picture of the brain, cervical canal, or spine

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