Community Health Impact Report Together... Intermountain Healthcare



...We Can Make the World a Healthier, Safer Place for All

Health is foundational to overall well-being. It begins at home and is grounded in strong communities. This is evident in things like quality education, safe parks and green spaces, clean drinking water, and other social drivers or factors that ultimately determine health. We remain committed to clinical excellence inside our health system. Still, we realize that impacting health must come from working with and supporting our communities. This report showcases initiatives possible through strong partnerships with community organizations, community leaders, and numerous caregivers (employees) throughout our Intermountain Healthcare system. Because we are in this for the long game, our impact report often reflects work done months or years before publication. And after we gathered the information summarized in this report, we have grown our Intermountain footprint to support even more communities, bringing our nationally-recognized clinical excellence and rigorous approach to investing in and contributing to strong communities.

Much of this report reflects the fantastic work done with our Utah, Idaho, and Nevada communities – and there is much more to come! Even at the time of publication, our efforts have grown even further. By the end of 2022, we'll be serving communities in seven states.

We look forward to sharing our impact in these communities with you in future reports.

As the needs in our communities shift, we realign our focus to the needs of our community. These shifts increased our focus on mental well-being, which has risen significantly since the pandemic began. We continue to invest in numerous behavioral health strategies, including diverse networks, to ensure our most vulnerable populations have access to mental health services. Like many areas across the country, our communities continue to face shortages in affordable housing. We have created new partnerships and invested in affordable housing initiatives to meet these needs. As we develop systems that ensure a more equitable care experience, craft inclusive and impactful policies, equitable hiring practices, and the high-quality and affordable care for which we are known, those we serve can flourish. We strive to be resilient and agile – listening to the unique needs of each community we serve.

As we look to the future, we continue to learn how best to align the strengths and assets inherent in our organization with what we see in our diverse communities. We look forward to improving the health of those in the communities we serve and sharing those highlights with you in future Community Health Impact Reports.

Warmly,

Mikelle Moore

Chief Community Health Officer

Mhelle Moore

At Intermountain Healthcare, we are:

1. Improving Mental Well-Being by Expanding Access to Behavioral Health Services

Everyone plays a role in addressing the mental health needs of our communities, so we help fund community partners in local areas. By strengthening our partnerships, we saw a 65% increase in unique individuals who received services. Services included individual, family, and group therapy, peer support, case management, and medication management. As mental health needs have increased, the number of unique individuals served grew from 29,114 in 2020 to 47,977 in 2021.

2. Improving Mental Well-Being by Offering Suicide Prevention and Harm Reduction Training

We provide gatekeeper training courses for caregivers and community members. This training helps participants recognize signs of a mental health crisis, compassionately intervene, and link to appropriate services. These skills help people learn how to put time and distance between someone in crisis and access to lethal means, which saves lives. For example, through our partnership with Utah Naloxone and their network, we distributed 931 naloxone kits to help save lives from accidental opioid overdoses.

3. Preventing Avoidable Disease and Injury by Promoting Protective Beliefs and Behaviors

We added online options to keep classes running when we paused our in-person chronic conditions classes and training during the pandemic's growth stages. In addition, we increased the number of our courses in Spanish by 100% to bolster our Spanish-language populations, lower feelings of isolation, and improve overall health and well-being.

4. Improving Air Quality

As a large, private employer, we have the responsibility and opportunity to set an example for sustainable operations. So we installed electric charging stations at most of our core facilities, which are available free of charge to our caregivers and community members. We have more charging stations on the way.

5. Addressing Social Determinants of Health and Improving Equity

We listened to community-based organizations to better understand and focus on addressing social factors that impact health. For example, our Alliance for the Determinants of Health partners screened 20,697 community members for social needs from 2019 through 2021, of whom 1,811 received assistance from Community Health Workers. And partners referred many more community members to services provided by community organizations with help from the Alliance-funded referral intake and coordination center that is staffed and operated by Utah 211.

6. Improving Access to Timely, Quality Care for Low-Income and Uninsured Populations

In 2021, we boosted the number of clinics participating in our Diagnostic Voucher Program to 50. We provided 19,633 vouchers to 59 low-income clinics to help patients access x-rays and other imaging, mammograms, and other care in our facilities for a total value of \$16,084,710. In addition, we trained community partners on using Connect Care as a free-to-low-cost telehealth option to aid people in accessing healthcare when needed most. We also provide telehealth devices to increase availability and access.



7. Strengthening Community Infrastructure by Giving to the Community

We learned about our community's most pressing needs with our Community Health Needs Assessment, then provided more than \$40 million in charitable contributions and grants to support those needs in 2021. Grant funding can create new economic opportunities and help our community members access healthcare services. We supported more than 220 nonprofit community organizations with our giving. And we made \$23.6 million in impact investments, which, among other things, helped 1,921 community members with affordable housing.

8. Ensuring Nutrition Security



Understanding Needs With Our Community Health Needs Assessment

Understanding the needs of our community is core to our mission and vision. Our Community Health Needs Assessment (CHNA) and Community Health Implementation Strategy (CHIS) guide the strategic focus of our work. We work collaboratively with other organizations to understand the needs, disparities, and strengths within each community we serve. We develop our CHNA with data input from healthcare systems, state and local health departments, national databases, and dozens of community input meetings and interviews. The data we gather helps us identify current and emerging community health needs. Our CHIS includes ways to address what we discover in the CHNA.

We base our CHNA and CHIS evaluations on the following criteria:

AFFORDABILITY

ALIGNMENT

Alignment with our key stakeholder organizations' missions

Addressing this health issue can result in more affordable healthcare

FEASIBILITY

Health issue is feasible to change with evidence-based interventions

COMMUNITY INPUT

Community input meetings highlighted the health issue as significant

SERIOUSNESS

Addressing this health issue can result in more affordable healthcare

HEALTH EQUITY

Health issue disproportionately affects population subgroups by race and ethnicity

UPSTREAM

Addressing this health issue can result in more affordable healthcare

SIZE

Addressing this health issue can result in more affordable healthcare

From this market assessment and prioritization process, we identify the most pressing health needs priorities and the drivers that impact long-term change. Namely, we identified the need to improve mental well-being, prevent avoidable disease and injury, and improve air quality among our top priorities. We have additionally prioritized addressing the social determinants of health, expanding access to care, and giving to our community in aligned ways.



Priority: Improving Mental Well-Being

In 2021, we:

Reduced high-dose opioid prescriptions



by 29%, issuing 9,137 fewer prescriptions

Distributed 931 naloxone kits

Distributed 8,710 gun locks

Extended our efforts to reduce opioid prescriptions,



prescribing 11.5 million fewer opioid tablets since 2017



Conducted
12,067
behavioral health visits
for uninsured and underinsured
community members

Increasing Access to Behavioral Health Services

Collaborating to improve access to behavioral health, supporting positive messaging around mental well-being, and increasing protective behaviors have all been key to supporting our aim to improve mental well-being. In addition, we are proud to have collaborated with and offered philanthropic support to our public health and community-based partners, offering counseling and treatment to 47,977 uninsured and underinsured individuals in 2021. We have also focused on ensuring access to behavioral health services for our underrepresented communities. For example, we have partnered with the Asian Association of Utah, Latino Behavioral Health, USARA, Utah Pacific Islander Health Coalition, and the Utah Pride Center to offer linguistically appropriate and culturally relevant care.

Voices From Our Community

"He'd been to the emergency room monthly for at least half a year. He needed medication management. So, we talked him through options, including our behavioral health clinic. He was hesitant but said yes. And in the past six months, he hasn't had to visit the emergency room in a crisis. He's stable. And he loves it."

- Administrator, Impact Mental Health, Murray, Utah

"This year, the Intermountain Healthcare Funding has enabled us to extend services to individuals where the cost of treatment would result in a very real stressor. The funding allowed these individuals to focus on healing without financial worries and potentially resulted in the retention of these individuals in our services."

- Administrator, Wasatch Mental Health, Heber City, Utah



"We count it a success that an individual hospitalized for mental health issues accepted the opportunity to receive therapy at no cost and continues to attend sessions regularly. Thank you, Intermountain Healthcare, for this tremendous program and the incredible benefit to our community! As has been their tradition, Intermountain Healthcare continues to provide for our communities.

 Administrator, Family Institute of Northern Utah, Logan Utah

W/

Preventing Suicide

Our collaboration on suicide prevention messaging with the Utah Governor's Office and the Utah Suicide Prevention Coalition under the LiveOn campaign continues. For example, we added survivor stories in English and Spanish to **LiveOnUtah.org**. In addition, LiveOn worked alongside partners such as Deseret Industries, Latino Behavioral Health Services, and the Utah Pride Center to address suicide prevention for individuals and communities with increased risk factors. Learn more by visiting **LiveOnUtah.org/Campaigns**.

Safe firearms storage is one of the simplest and most effective tools to prevent suicide. Since suicidal crises usually arise in just minutes, putting time and space between a person and a firearm can save a life by giving them time to pause and get help. That's why we distribute gun locks free to the community in English and Spanish at community events. In 2021, we distributed 8,710 cable-style gun locks and more than 100 handgun lock boxes to help individuals and families prevent suicide. In addition, we offered gatekeeper training to more than 43,000 individuals, allowing them to recognize signs of a mental health crisis, compassionately intervene, and link to appropriate services. A total of 421 individuals completed the *CALM: Counseling on Access to Lethal Means* training on identifying people who could benefit from lethal means counseling, asking about their access to lethal methods, and working with them—and their families—to prevent suicide.

Visit: **www.train.org/utah** and search "CALM-Utah" to learn more and register for this free course.

Prevention-oriented partnerships were vital to implementing prevention, intervention, and harm reduction strategies. For example, through a partnership with Utah Naloxone, Community Health distributed more than 900 naloxone kits, saving lives from an opioid overdose. In addition, the Opioid Community Collaborative focused on harm reduction strategies, including a financial contribution to purchase 76,400 clean syringes for our community. In addition, we have worked to reduce prescribing high-potency opioids to our patients by adjusting our prescribing tools. As a result, we have successfully reduced the percentage of patients with high-dose prescriptions (above 90 Morphine Milligram Equivalents) by 29% in 2021.

Use this QR code to learn more.



Use this QR code and search "CALM-Utah" to learn more and register for this free course.





Priority: Preventing Avoidable Disease and Injury

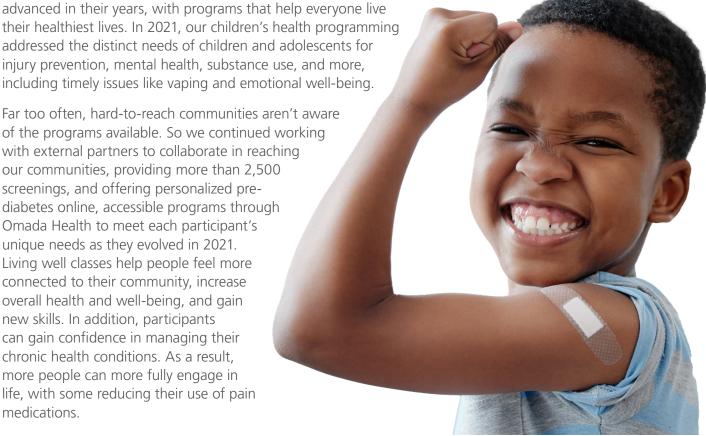
We strive to support people of all ages, from the very young to those more

In 2021, we:

- Increased flu vaccinations by 6% and HPV vaccination by 5% from 2020
- **Offered 62** chronic disease self-management classes with digital and Spanish-language offerings
- Distributed nearly 4,000 safety **devices** to 52 clinics – bike and ATV helmets, booster seats, and Safety Snaps to prevent hot car deaths
- Conducted in-person and virtual **checks** of more than 500 car seats, provided 224 special needs consultations, and 192 car seats for under-represented families
- Saw a 37% increase in visits to SeeThroughTheVape.org from innovative vaping prevention programs

Prevention is the first step towards longer, healthier lives. As of focus of our work in 2021, we significantly impacted preventing disease and injury, driving toward more affordable care overall, and helping our communities live their lives to the fullest. Immunization, preventative screenings, and education are low-impact ways for everyone to improve their health before needing healthcare. Programs like our Immunization Community Collaborative is a team of public health, community-based organizations, health systems, and health insurance companies striving to increase flu and human papillomavirus vaccination (HPV) rates. These efforts increase access to vaccines and provide education and materials to help people feel more comfortable with these crucial steps to better health.

including timely issues like vaping and emotional well-being. Far too often, hard-to-reach communities aren't aware of the programs available. So we continued working with external partners to collaborate in reaching our communities, providing more than 2,500 screenings, and offering personalized prediabetes online, accessible programs through Omada Health to meet each participant's unique needs as they evolved in 2021. Living well classes help people feel more connected to their community, increase overall health and well-being, and gain new skills. In addition, participants can gain confidence in managing their chronic health conditions. As a result, more people can more fully engage in life, with some reducing their use of pain medications.





Voices From Our Community

"A family came in for a car seat check at Primary Children's inspection station." Willing to pay the discounted price for a seat, it became apparent they needed a break. So I told them we were able to provide the seat to them for free. The mom got teary and asked if she could hug me. They were so grateful for the seat, and I was so grateful to be on the frontline for that experience to provide seats to deserving families."

- Child Passenger Safety Technician, Primary Children's Hospital

"A family arrived at Primary Children's via life flight from Nevada. When their crisis was over and they were ready to travel home, they realized they didn't have a car seat to transport their child home safely. We were able to provide a seat and helped them install it into their vehicle. The family was so

Learn more about Safety Snaps here.

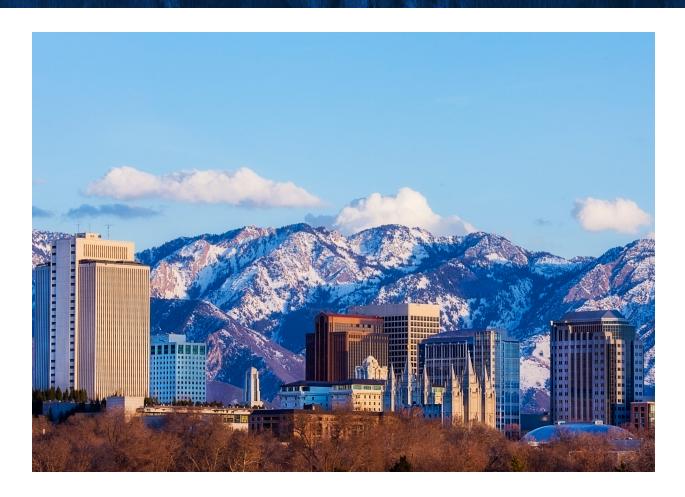
grateful to be headed home with one less barrier to overcome."

- Child Passenger Safety Technician, Primary Children's Hospital



"A 7-year-old child with special needs came to a one-on-one consultation with our Child Passenger Safety Technician. The child slumped over, traveling in a seatbelt only and without proper support. We fitted the child into a harnessed car seat that met their height and weight requirements and kept them properly positioned in the car. Then we discussed the future and how we can help again when the child outgrows their current car seat."

- Jessica Strong, Community Health Director, Primary Children's Hospital



Priority: Improving Air Quality

Clean air is critical to good health and wellbeing. However, when our air becomes too polluted, it affects our physical and mental health. In addition, dirty air diminishes the safety of our outdoor physical activity. And it contributes to social isolation by compelling people to stay indoors.

Tailpipe emissions are a source of pollution in our community. In 2021, we installed "idle free" signage at 18 hospitals. Now, 70% of our hospitals have anti-idling messaging to improve air quality. We also funded seven community partners' air quality and sustainability projects.

We also looked at our emissions in 2021. We evaluated our historical data for fleet idling time. And we posted signs at key-checkout stations

and attached flashlight keychains with idle-free messaging to increase safety and air quality. In addition, we started buying alternative-fuel vehicles to add to our fleet. One in three new fleet vehicles we purchased in 2021 was an electric (EV), plugin hybrid (PHEV), or hybrid-fueled vehicle. As a result, 20% of our fleet are now alternative-fuel vehicles. Moreover, we installed electric charging stations at 65% of our core facilities that are available free of charge to our caregivers and community members.

Anesthetic gas is an added source of air pollution. We have reduced our use of desflurane anesthetic gas by 63% since 2020, reducing our greenhouse gas impact.



Addressing the Social Determinants of Health

Social determinants of health are the non-medical, personal circumstances that influence an individual's health and well-being. They include education, employment, financial stability, social inclusion, non-discrimination, affordable housing, Internet access, neighborhood safety, transportation services, nutritious food, clean water, air, and health services.

A study cited by the National Academy of Medicine found that medical care only accounted for 10 to 20% of the contributors to people's health outcomes, whereas social determinants of health influence up to 80% of health. We are taking steps to address the social determinants of health at the community level through impact investing, local purchasing, and making our operations more sustainable; and at the individual level by becoming aware of members who are experiencing social barriers to health and aligning with community partners to assist those in need.

Acting as An Anchor Institution: Addressing Social Determinants at the Community Level



Hired 25 people

into certification programs and many others into entry-level positions. Our minimum wage is currently \$16 per hour, something far above the market rate, which supports every employee financially.



Partnered

with the Utah Black Chamber of Commerce to sponsor our Supplier Diversity Day.



Increased overall diverse spending

by contracting with IBS Solutions to increase spending by \$600,000 with a diverse supplier.



Established commitments

with McKesson and BD to identify and hire diverse supplier positions.



Customized software

to identify and limit all products containing chemicals of concern in respiratory, urological, and IV tubing categories.



Tailored procurement software

to indicate employee-owned, cooperatively owned, or nonprofit-owned suppliers.



Modified sourcing methodology

to support local and diverse suppliers and reduce carbon footprint.

Anchor institutions are place-based, mission-driven, forever organizations such as hospitals, universities, and government agencies. They leverage their economic power alongside their human and intellectual resources to improve their communities' long-term health and social welfare. Because of our size, resources, and longevity, we are considered an anchor in our communities.

Through this thoughtful work, it is our responsibility to be intentional about using our Intermountain assets to improve the health and well-being, beyond direct clinical care, of those living across our geographies. Initiatives such as impact investing, local and diverse hiring and sourcing, and environmental leadership all speak to our's mission of helping people live the healthiest lives possible by creating more robust, healthier, and more inclusive communities.

Hiring and Supporting a Diverse, Local Workforce

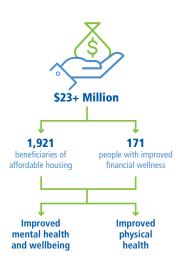
We are setting up relationships with community partners to hire individuals who face barriers to employment. Partnerships with organizations such as the Utah Department of Workforce Services, Nevada Careers, Catholic Community Services, People Helping People, Alliance House, and YouthWorks develop healthcare career pathway programs to train refugees, people with disabilities, single mothers, and at-risk youth.

Impact Investing

We are addressing the social determinants of health through investments in housing stability, stabilizing employment, and improving financial wellness. We have committed more than \$50 million to local investments since 2019 and invested more than \$23 million to improve community conditions in 2021.

Inclusive, Local, and Sustainable Purchasing

We work closely with and support suppliers who embrace local, diverse, and sustainable purchasing practices. In addition, we encourage suppliers to engage in community and environmental stewardship through economic, environmental, and social initiatives. By understanding the entire life cycle of products and services, we can improve patient care, minimize adverse impacts on the environment, and promote community strength.



Environmental Sustainability

Communities are healthier when organizations like ours commit to environmental stewardship and thoughtful use of natural resources in our community. Therefore, we have broadened our focus on sustainability to reduce their carbon footprint and water utilization while continuing their efforts on efficient energy use, waste reduction, and clean air through programs like transitioning to electric fleet vehicles and investing in a utility-scale solar project near Huntington, Utah, which will supply 20% of their total electricity.



Community Anchor



Providing Social Care: Addressing Social Determinants at the Individual Level

In 2019, we launched a research demonstration project and community collaborative called the Alliance for Determinants of Health. The Alliance's purpose was to develop and evaluate a social care model to increase healthcare affordability, equity, and value. It involved processes for identifying the social barriers to health experienced by SelectHealth Medicaid members in two counties and aligning with community resources to assist those in need. Notable community resources funded by the Alliance included dedicated funding community health workers could use to help with short-term critical needs, the development of a social care provider network supported by a digital, closed-loop referral platform, and partnerships with community-based medical and behavioral health services.

Cumulative Alliance Results from 2019-2021

- **20,697** social needs screenings completed
- **1,811** Community Health Worker cases
- **31.6%** of Community Health Worker clients achieved their program goals
- 34.2% decrease in nonemergent use of the Emergency Department among SelectHealth Medicaid members living in Washington and Weber County from the 2018 baseline. Multiple factors, some tied to COVID-19, led to the reduction

The processes, relationships, and community infrastructure that resulted from the Alliance provided the foundation for expanding social care into new geographies and through new initiatives. For example, the social care provider network and referral platform that started with around 20 community partners in two counties will include several hundred partners covering Utah by the end of 2022. In addition, processes to screen patients that started in a handful of clinics have been scaled across all our primary care clinics in Utah. We partnered with Castell to move screening upstream from the point of care to using social risk analytics to predict members who may need assistance and deploying social care coordinators to follow up telephonically. Initially, this use of social risk prediction and proactive outreach is being used to address food insecurity with Medicaid in four counties but will expand to include Medicaid and Medicare members in additional areas. Finally, several of our primary care and women's health clinics participated in a pilot to adopt screening and assistance workflows for patients experiencing or who are at risk for experiencing intimate partner violence. Thus far, over 40 providers and their office staff across 15 clinics have been trained on how to screen and assist patients experiencing IPV and have screened over 4,000 patients.

Expanding Access to Healthcare Services

Our Community Health Needs Assessment process identified healthcare access as a core health driver. We increased access to healthcare services for low-income and uninsured populations, often in collaboration with partners and community programs:

In 2021, we expanded access to healthcare in many ways, including:



Provided more than \$189 million for financial assistance to patients and their families.



Boosted the number of clinics participating in our Diagnostic Voucher Program to 50.



Maintained semiannual check-ins with all our Intermountain Community Care Foundation-funded community health clinics.



Reopened our Rose Park Clinic.



Provided 19,633 vouchers

to low-income clinics to help patients access imaging, mammograms, and other care at our Intermountain facilities totaling more than \$16 million.

Caring for Our Community With Telehealth

Telehealth helps to keep patients in their community and reduces medical transportation and personal inconvenience. Telehealth also improves outcomes across the continuum of care. In 2021, we began working with several school districts to set up telehealth equipment and create care networks. These networks will allow school nurses and staff to offer Connect Care services to students and their families. We are purchasing the equipment and funding the program's operational staff as a benefit to participating schools.

Portia's Story



Portia Schrenk, a cancer patient at our Intermountain Cancer Center at Cassia Regional Hospital, lives in Declo, Idaho, a little farming community outside Burley, Idaho. Telehealth allows her to still visit with her oncologist and receive life-saving chemotherapy every three weeks close to home at Cassia Regional Hospital. In addition, remaining close to home allows Portia to continue her passion for quilting and surround herself with family and friends.

View Portia's story here.





Janet's Story

Janet Latimer and her family live on a ranch along the Utah border with Nevada. In 2020, Janet suffered a stroke and was able to reach Delta Community Hospital. Our Intermountain TeleStroke services enabled the care team at Delta Community Hospital to consult with stroke experts at our Intermountain Medical Center in Murray. As a result, the caregivers at Delta Community Hospital gave Janet



Watch Janet's story here.



the stroke treatment she needed just in time.

Bringing Equity to our Work

We incorporated equity as a Fundamental of Extraordinary Care because using an equity lens helps us best support all people and address gaps, disadvantages, and disparities. Achieving health equity requires ongoing efforts to identify and address obstacles to health. Achieving health equity also involves understanding and addressing the social determinants of health that serve as drivers of overall health. Equity focuses on achieving fair and consistent outcomes across cultural and identity-based demographics for individuals and groups.

We took several steps to bring equity into our work in 2021, including:

- Actively engaged in 12 equity chambers of commerce across Utah, Nevada, and Idaho. We
 collaborate with these chambers through board membership and active volunteer participation of
 our workforce. In addition, we provide funding for equity-related chamber efforts and offer other
 forms of leadership and support to strengthen their growth.
- Established an equitable insurance coverage committee and developed policy recommendations presented and accepted by the One Utah Roadmap. In addition, we supported and funded partners to increase insurance access for underserved individuals and developed white-label materials and resources for all partners to customize, use, and distribute. Through this work, we worked alongside partners to enroll 12,000 individuals in Medicaid, CHIP, and the marketplace.
- Developed training materials and presented to over 52 external partners around access, financial assistance, and Connect Care as an affordable telehealth option.
- Developed and prepared our Community Health Needs Assessment process for community input meetings and final preparation of 2022 CHNA aims. In addition, we created a plan to include input in rural areas, in Spanish, and from underrepresented groups in a coordinated effort with community partners to address equity in the process and results.



Giving to Our Community

Community Health manages charitable contributions, including donations and grants, to nonprofit agencies that align with identified community health aims and drivers as determined in the Community Health Needs Assessment. We award funding from our Intermountain Healthcare Community Giving efforts and our Intermountain Community Care Foundation. In 2021, we allocated more than \$44 million to more than 220 organizations.

Following are a few examples of the philanthropic support we provide to the community.

Behavioral Health Network Fund

The Behavioral Health Network (BHN) provides funding and support to nonprofit providers to increase behavioral health access for Utah's most vulnerable populations. The BHN offers timely and affordable (no cost or low cost) treatment for behavioral health, substance use disorder, and medication management to uninsured and underinsured community members. The BHN has grown to include 24 Utah and Southwest Idaho organizations, covering service areas for 24 of our hospitals. This includes organizations such as Family Health Services serving Cassia County in Idaho, the Odyssey House serving Salt Lake County in Utah, and Family Healthcare serving Washington County in Utah. The program served 7,586 people in 2021.

Providing Educational Opportunities

Since 2014, we have worked with colleges and universities across the state to create opportunities for scholarships to be awarded to a diverse population of students to help them achieve their degrees and pass licensure exams. In 2021, we supported 13 educational institutions with funding for scholarships supporting diversity in healthcare. Removing barriers that prevent underrepresented populations from obtaining an education can help fortify a diverse population of individuals who are eligible for positions in healthcare careers.



Voices From Our Community

"Being a first-generation college student to parents who migrated to the U.S for a better life comes with all kinds of challenges. My parents were never able to receive an education past high school, so they were always very supportive. They always encouraged me to keep going to school and not let anything get in my way. Although I have both my parents in my life, I grew up with a single mom who raised five children alone. Being a single mom and raising five kids makes it very difficult to afford necessities, let alone college tuition. My mother did not have the money to



be able to pay for my college tuition, so I had to begin working at a young age and work hard to receive scholarships and figure out how FAFSA works. The Diversity in Healthcare Scholarship will allow me to focus more on my studies and relieves financial stress. My experience with MTECH has been amazing so far. I was lucky to receive my certification as a nursing assistant in high school. Now, I am so fortunate to obtain my Practical Nursing license. I've always dreamt of becoming a nurse. I am so excited to be able to continue my education! Again, I would like to express my gratitude for this amazing gift."

- Magaly De Avila, Diversity in Healthcare Scholarship Recipient

Improving Mental Well-Being

Latino Behavioral Health Services (LBHS) is a nonprofit grassroots group of caregivers created to minimize the disparities in access to mental health services among the underrepresented Latino population of Utah. LBHS exists to enhance the mental health awareness and well-being of people with mental illness. It also supports those with mental illness by empowering their caregivers and loved ones with education and resources. In addition, LBHS offers culturally and linguistically appropriate peer mentorship, therapy, and services. We provided a donation for them to expand their services and provide treatment to more community members.



Supporting Survivors of and Preventing Intimate Partner Violence

The Utah Domestic Violence Coalition (UDVC) is a private nonprofit organization recognized nationally for providing expertise concerning domestic and sexual violence issues to member programs, community partners, and others in Utah. Their membership includes the nonprofit domestic violence shelters and sexual assault organizations across the state, including Canyon Creek Services, CAPSA, Dove



Supporting Survivors of and Preventing Intimate Partner Violence (continued)

Center, Friends Against Family Violence, Gentle Ironhawk, Healing Pathways, New Hope Crisis Center, New Horizons Crisis Center, Peace House, The Refuge, Safe Harbor, Seekhaven, South Valley Services, Youth Conservation Corps, YWCA, Rape Recovery Center, Restoring Ancestral Wind. Each member organization received a donation to support operational costs to prevent and respond to intimate partner violence.

SafeNest is Nevada's largest, most comprehensive not-for-profit dedicated to ending domestic violence. It provides trauma-informed services, a 24/7 shelter, a crisis hotline, counseling, advocacy, and prevention education to those in need. Our support enabled the formation of collaboration among Intermountain, the Clark County School District, the Las Vegas Raiders football team, and SafeNest to implement a Coaching Boys Into Men program (CBIM) in Nevada schools. CBIM is the only evidence-based prevention program that trains and motivates high school coaches to teach their young male athletes healthy relationship skills and that violence never equals strength.



Reducing Homelessness

Youth Futures provides safe shelter, collaborative resources, respectful guidance, and diverse support to Utah's homeless, unaccompanied, runaway, and at-risk youth. Youth Futures recently purchased a building in Cedar City that it will use as transitional housing for runaway and homeless youth. Support for this expansion and the creation of robust case management designed to stabilize youth and facilitate a successful exit into a permanent and independent living situation was provided.



Career Pathways – Medical Professionals

NeighborWorks collaborated with other employers and us to build a program that engages youth in the healthcare industry early. NeighborWorks helps address inequities in the healthcare field. By reducing barriers preventing individuals from entering the healthcare field, they begin addressing racial and healthcare disparities. The program will focus on CNA certification, medical assistant training, CPR training, and other medical entry programs.



Career Pathways – Rural Community Health Workers

Southern Utah University (SUU) created an initiative to train more community health workers (CHWs) to support rural communities. The Utah Center for Rural Health at SUU centers on promoting and enhancing quality rural health through leadership, advocacy, coalition building, education, and policy/legislation. In addition, they have implemented a CHW certification program based on the Utah State CHW curriculum for SUU students. By helping to connect individuals with social needs with community partners and organizations, they are helping bridge health disparities. Funding supports two full-time CHWs in Sevier County to provide social needs assessments, social needs referrals, health education, and support for navigating between resources.





Organizations Supported in 2021

A Center for Grieving Children

Ability Found

Adopt-A-Native-Elder

Alliance House

Amanaki Fo'ou

American Foundation for Suicide

Prevention

American Heart Association

American Red Cross

Anti-Bullying Coalition

Assistance League of Salt Lake City

Association for Utah Community

Health

Ballet West

Bear River Mental Health Services

Big Brothers Big Sisters of Utah

Boys & Girls Club of Nampa

Boys & Girls Clubs of Greater Salt

Lake

Brain Injury Alliance of Utah

Bridgerland Technical College

Brigham Young University

Building Youth Around the World

Burley Jr High School

Canyon Creek Services

Canyons School District

Carbon Medical Service Association

Catholic Community Services

Catholic Community Services of Utah

Central Utah Counseling Center

Central Utah Food Sharing

Centro Hispano

Cherish Families

Children's Service Society of Utah

Christian Center of Park City

City of Orem

Civica Foundation

College of Southern Idaho

Foundation

Color County Resource Conservation

Development Council

Comagine Health

Common Ground Outdoor

Adventures

Community Foundation of Utah

Community Health Centers

Community Nursing Services

Comunidades Unidas

Creek Valley Health Clinic

Crohn's & Colitis Foundation

Crossroads Urban Center

Curly Me!

Davis Behavioral Health

Davis Education Foundation

Disability Law Center

Dixie State University

Doctors Volunteer Clinic

EATS Park City

Encircle Family and Youth Resource

Cente

English Language Center of Cache

Vallev

Envision Utah

Eve Care 4 Kids

Family Counseling Service of

Northern Utah

Family Health Services

Family Healthcare

Family Institute of Northern Utah

Family Support Center

Family Support Center of

Southwestern Utah

Fight Against Domestic Violence

Fisher House Foundation

Fit To Recover

Flourish Bakery

Fourth Street Clinic

Friends Against Family Violence

Friends for Sight

Friends of Switchpoint

Friends of the Children

Friends of the Weber Housing

Authority

Friends of the Weber/Morgan

Children's Justice Center

Girls on the Run Salt Lake

GK Folks Foundation

GreenTREE Yoga of Utah

Guadalupe School

Healthcare Anchor Network

Holdina Out HELP

Holy Cross Ministries

HOPE 4 Utah

House of Hope

I.J. & Jeanné Wagner Jewish

Community Center

Impact Mental Health

International Rescue Committee

Iron County Care and Share

Jewish Family Service

Jordan Education Foundation

Junior League of Salt Lake City

Lantern House

Latino Behavioral Health Services

Latinos in Action

Loving Angel Service Dogs

Make-A-Wish Utah

Maliheh Free Clinic

Memory Matters

Midtown Community Health Center

Moab Free Health Clinic

Moab Valley Multicultural Center

MOSAIC Inter-Faith Ministries

Mountain Mediation Center

Mountainland Technical College

Mountainlands Community Health

Center

National Ability Center

National Association for the

Advancement of Colored People -

Salt Lake Branch

National Multiple Sclerosis Society

NavajoStrong

Needs Beyond Medicine

NeighborWorks Mountain Country

Home Solutions

Nonprofit Legal Services of Utah

OATS Inc.

Odyssey House

Ogden-Weber Technical College

Foundation

Resources Parents Empowering Abled Kids Park City Community Foundation Park City Tots Peace House People Helping People People's Health Clinic Playworks Utah Poverty Reduction Services Prevent Child Abuse Utah Project Connection Utah Rape Recovery Center Red Barn Farms Red Rock Center for Independence Ronald McDonald House Charities of the Intermountain Area Root for Kids Roseman University of Health Sciences Safe Harbor Crisis Center Salt Lake Community College Salt Lake County Health Department Salt Lake Donated Dental Services Salt Lake Neighborhood Housing Services Sanpete Food Pantry School of Addiction Recovery Seager Memorial Clinic Senior Charity Care Foundation **Sevier County** Short Creek Dream Center Sleeping Bags for the Homeless **Sobriety Foundation** South Jordan Rotary South Valley Services Southeast Utah Health Department Southern Utah University Southwest Tech College Foundation Southwest Utah Public Health Department

Pacific Island Knowledge 2 Action

Spy Hop Productions State of Utah Summit County Clubhouse Sunshine Terrace Foundation Tall Mountain Wellness Terry Reilly Health Services Thanksgiving Point Institute The Children's Center The Family Place Utah The INN Between The Other Side Academy The Ron McBride Foundation The Sharing Place The Work Activity Center Timpanogos Legal Center TreeUtah United African Alliance Community United Angels Foundation United Way Dixie United Way of Northern Utah United Way of Salt Lake United Way of Utah County University of Utah University of Utah Eccles School of Business Utah Afterschool Network Utah AIDS Foundation Utah Chinese Association Utah Clean Energy **Utah Community Action Utah Community Builders** Utah Development Academy Utah Domestic Violence Coalition Utah Health & Human Rights Utah Health Policy Project Utah League of Cities and Towns Utah Naloxone **Utah Nonprofits Association**

Utah Olympic Legacy Foundation

Utah Partners for Health Utah Pet Partners

Utah Pride Center **Utah Safety Council Utah State University** Utah STEM Action Center **Utah STEM Foundation** Utah Valley Refugees Utah Valley University Utah Youth Village Valley Regional Transit Voices for Utah Children Volunteer Care Clinic Wasatch Adaptive Sports Wasatch Behavioral Health Wasatch Community Foundation Wasatch Community Gardens Wasatch County School District Wasatch Forensic Nurses Wasatch Front Regional Council Wasatch Mental Health Wasatch Resource Recovery Washington County Prevention Coalition Wayne Community Health Center Weber Prosperity Center of Excellence Weber State University Westminster College Youth Futures Youth Impact



Special Olympics Utah





