

IN-PATIENT CARE PROCESS

HIGH RISK VIRAL OUTBREAK DISEASES

May 22, 2019



During high-risk viral disease outbreaks, **like COVID-19**, the illness can spread quickly. Proper care and cleaning can protect caregivers and patients and reduce the risks of a viral outbreak.

1 Patient Screening

- **Screen all patients** and document for travel to areas of concern or exposure to others that are known or suspected of having the illness. Refer to COVID-19 Guidance for current areas of concern
 - **Screen all hospital admitted patients** for signs or symptoms related to COVID
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2 General Care Tips for ALL Patients

- **A procedural mask worn** by all patients with a cough and fever prior to room placement. Cloth face coverings are suitable for patients without respiratory symptoms
 - **Vigilant Hand Hygiene** before and after all patient contact, after contact with potentially infectious material, and applying or removing Personal Protective Equipment, including gloves
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3 Care for Patients with Suspected COVID-19

- **Droplet-Contact with eye protection and Private Room with door closed:**
 - Initial evaluation
 - persons under investigation (not critically ill), or COVID infection patient who is clinically stable
 - **Airborne-Contact (N95 or PAPR) in Negative Pressure room**
 - COVID-19 infected patient that is critically ill or needing ICU level care
 - Any suspected COVID-19 patient needing aerosolizing procedure [Expanded Aerosol Guidelines](#)
 - **Utilize aerosol generating procedure door sign.** [Aerosol generating procedure sign](#)
 - **Airborne-Contact (N95 or PAPR) in Private Room**
 - Obtaining test swab for COVID-19- (nasopharyngeal/oropharyngeal) collection

(1) Does not require the 1 hour wait time
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4 All suspected COVID-19 Patients

- **No visitors we be allowed unless death is imminent** [Visitor Restrictions for Dying/Deceased Patients](#)
 - **Maintain a written log for employee health** of all those who enter patient's room or encounter the patient.
 - **History and exam** of the patient by the provider
 - **Transport** Patients should stay masked. Avoid transportation [Guidance for Transporting Patients](#)
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5 Treatment Plan

- **ALL patients should get appropriate workup depending on presentation.** Refer to COVID-19 Clinical Guidance
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6 Cleaning - post discharge or transfer for suspected/confirmed cases

- **Refer to the Coronavirus website on Intermountain.net** [Guidance for Room Cleaning](#)