



# HOW TO KEEP YOURSELF SAFE AT WORK WHILE CARING FOR PATIENTS

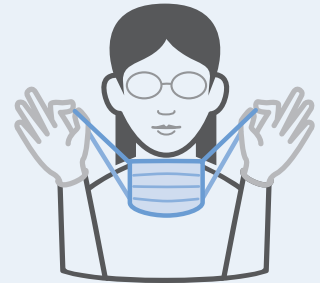
**Practice frequent hand hygiene.**



**Follow PPE guidelines** for your role at work.



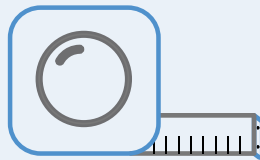
**Avoid touching your mask** to reduce the risk of contamination.



**Use respirators** (PAPR or N95 if fit-tested) for aerosol generating procedures if COVID-19 has not been excluded by testing or history.



**Keep six feet away** except for caregiving or physical exam.



**Disinfect work surfaces**, keyboards, door and sink handles, and other high touch areas in your work environment.



Stay home if you are sick and **contact your Employee Health Nurse** or Connect Care for guidance. ....>

