

Variable Risk COVID-19 Isolation:

Contact / Droplet + Eye Protection

This type of isolation should be used for patients who are classified as 'Variable Risk' and do not require testing at this time. For variable risk isolation, the eye protection can include safety glasses, face shields, or goggles. To conserve limited resources, safety glasses, goggles, or face shields are to be individually assigned to caregivers, disinfected as outlined below, and stored in a bag with the caregiver's name.

Donning

Donning takes place outside the patient care area or in an anteroom.

1 Ensure gloves, disinfecting wipes, and a garbage can are placed just outside the room.

For use after doffing and disinfection of eye protection, ensure that an eye protection storage bag is placed outside the room also.

2 Perform hand hygiene before donning gown.

3 Gown

- Don isolation gown.
- Fasten behind neck and waist.

4 Mask

- Place procedural mask over nose and mouth.
- Mold the nose area of the mask to the shape of your nose.

5 Eye Protection

- Don eye protection such as safety glasses, goggles, or face shield.
- A procedural mask with integrated eye shield is acceptable.

6 Gloves

- Don gloves.
- Ensure glove covers cuff of isolation gown.



Doffing

- 1 Doffing of gown and gloves takes place just inside the patient room at the door before leaving the care area. Doffing of eye protection and procedural mask takes place just outside of the patient room or care area.

2



Gown and Gloves

- External gown and gloves may be contaminated. Avoid contamination of self, others, and environment when removing. If grossly contaminated, wipe PPE with disinfectant wipe before removing.
- Unfasten gown ties or break by pulling carefully at the front of the gown.
- Carefully, peel off gown and gloves from the inside out, roll up and discard.
- Perform hand hygiene.
- **Exit patient care area.**



EXIT

3



Eye protection

- **Perform hand hygiene.**
- Don clean gloves.
- Remove a disinfecting wipe from dispenser prior to removing safety glasses, face shield, or goggles.
- Carefully remove eye protection, touching only the head band at the sides. Avoid placing the eye protection on a clean surface until after disinfected.
- Disinfect eye protection using purple, gray, or orange top wipes.
 - Ensure the wet / contact times are met according to the wipes used: purple top (2 min), gray top (3 min), orange top (4 min)
- Store eye protection in individual bag with caregiver's name. Disinfect the outside of the storage bag with a new disinfecting wipe. Keep bag in clean area.
- Clean wipe dispenser with new disinfectant wipe. If any surfaces were potentially contaminated, disinfect.
- Remove gloves.
- **Perform hand hygiene.**



4



Mask

- Carefully remove procedural mask, touching only the ear loops or ties and dispose safely.
- **Perform hand hygiene.**

