

## For Intermountain Healthcare Facilities

Updated May 4, 2020

To help keep patients, caregivers, and communities safe from the spread of COVID-19, Intermountain Healthcare has made the difficult but necessary decision to implement more restrictive visitor guidelines for our hospitals, emergency departments, and clinics. These policies are in effect starting Friday, April 10 at 7:00am and until further notice. We appreciate your help in protecting our community from the transmission of COVID-19. It's our foremost duty as healthcare professionals to keep people safe from harm.

### Visitor Restrictions & Exceptions

In response to the growing number of COVID-19 cases, Intermountain Healthcare is restricting visitors from all our facilities, except under a limited number of special circumstances. We recognize the significant sacrifice families and friends are making to support our visitor guidelines and help us create a safe care environment in our facilities during this pandemic. We encourage and help patients communicate electronically or by phone with loved ones and friends. We're using video chat, voice, and texting options as alternatives to help patients and loved ones feel connected. Patients should ask their care team about options if they do not have a smartphone or other device with these capabilities.



Visitor restrictions may change frequently. Scan code with your smartphone for the latest visitor restrictions at Intermountain facilities.

### Visitor Restrictions for Intermountain Hospitals

Visitors are not allowed in Intermountain Hospitals until further notice except under the following circumstances:

- **Patients at end of life who are not suspected or not tested positive for COVID-19** may have two visitors at a time, and no more than four designated visitors total while in the hospital.
- **Patients at end of life who are suspected COVID-positive or have a positive or pending COVID-19 test result** may have two total designated visitors while in the hospital. These two designated visitors may not switch out with other individuals. For example, if a patient's spouse and daughter are the designated visitors, the daughter may not switch with another sibling.
- **Mothers in labor** may have one designated visitor for their entire hospital stay. A doula counts as a designated visitor. A surrogate child's adopting or biologic parent counts as a designated visitor.
- **Healthy newborns at birth** may have both parents as visitors.
- **Patients who are 18 or younger** may have one visitor/guardian per 24 hours. However, there can be no more than two people designated as visitors/guardians throughout the entire hospital stay.
- **Patients who require assistance from another adult to stay safe** may have one designated visitor who may stay with the patient in the facility throughout their stay if they are contributing to the patient's well-being. This visitation right will be determined and monitored by the patient's care team.

### Visitor Restrictions for Intermountain Emergency Rooms

Visitors are not allowed in Intermountain Emergency Rooms until further notice. The only exception is for patients that are 18 or younger, which will be allowed one designated visitor or guardian.

### Visitor Restrictions for Intermountain Clinics and InstaCares

We strongly recommend patients come alone to Intermountain Clinics and InstaCares, unless they are a minor or need assistance from another adult.

### Required Visitor Eligibility

To be eligible as a visitor in any Intermountain facility, one of the exceptions above must be met AND visitor must:

- **Be 18 or older.**
- **Be in good health and must not be suspected of COVID-19 or have an active COVID-19 infection.**
- **Complete a health screening** to include a temperature check before entry. No visitor with signs of illness will be allowed.
- **Wear a mask or face covering and wash their hands or use alcohol sanitizer upon entering and leaving rooms and facilities** to prevent the spread of viruses on high-touch areas.