## Uses and Considerations for Different Face Masks

## **Project**Protect

In partnership with Intermountain Healthcare, University of Utah Health and Latter-day Saint Charities

Туре	Material	Protection	Appropriate for	Recommendations	Limitations
Homemade Cloth Mask	100% cotton and cotton blend (preferably)	May protect from large droplets coming from coughs or sneezes	Community members who are vulnerable to infection.  Community members without immediate health risks.  Community members with immediate health risks who don't have access to clinical masks.  Community members with a cough to protect others from cough droplets.	Combine with social distancing, proper hand hygiene, and avoid touching face for greatest protection.  Can be reused when properly cleaned.*  May be made at home using widely available materials.	Offers limited protection for people in close contact with someone who is sick.
Clinical Mask	Medical grade polypropylene	Protects from large droplets coming from coughs and sneezes.	Healthcare workers  Individuals closely caring for those who are infected.  Individuals with immediate health risks.  Individuals diagnosed with COVID-19 or with similar symptoms.	May be manufactured by community members who follow specific instructions and use medical grade materials.	Supply is limited  One-time use
N95 Respirator Mask	Specially manufactured filter, shell, and covering	Tight fitting and can filter 95% of very small particles.	Healthcare workers	The CDC currently discourages public use to ensure more masks are available for healthcare workers.	Supply is limited  Must be worn correctly to provide protection.  Requires professional fit-testing to verify effectiveness.

<sup>\*</sup>Cloth masks may be cleaned by laundering or disinfection.

- Launder in your washing machine regularly with HOT water (160° F) using soap or detergent that leaves no residue. Rinse well with fresh water and hang to dry.
- Disinfect by soaking for 5 minutes in a solution of 2 tablespoons of bleach per quart of water or 1/3 cup of bleach per gallon of water. Rinse well with fresh water and hang to dry.