This type of isolation should be used for patients who are classified as ‘High Risk’ and require testing.

Donning

1. Donning takes place outside the patient care area or in an anteroom.
2. Before donning, perform hand hygiene.
3. Gown
   a. Don isolation gown.
   b. Fasten behind neck and waist.
4. N95 respirators (for additional information and visual aids refer to manufacturers education: 1860/1860S, 1870, Halyard-KC
   a. Position N95 respirators over nose and mouth
   b. Secure top strap high on the back of head and bottom strap at neck – DO NOT CROSS
   c. Mold the nose area of the mask to the shape of your nose.
   d. Perform a seal check
      i. Place both hands completely over the respirator, being careful not to disturb the position, and exhale sharply. If air leaks around your nose, adjust the nosepiece as described above. If air leaks at respirator edges, adjust the straps back along the sides of your head. Perform seal check again if an adjustment is made. If you cannot achieve a proper fit, see your supervisor. Do not enter area requiring respirator use.
5. Face Shield
   a. Don face shield.
6. Gloves
   a. Don gloves.
   b. Ensure glove covers cuff of isolation gown.

Doffing

1. Doffing of gown, gloves, and face shield takes place just inside the patient room at the door, before leaving the care area. N95 respirators are removed outside of the patient care area.
2. Gown and gloves
   a. External gown and gloves are contaminated. Avoid contamination of self, others and environment
   b. Unfasten gown ties. This can be achieved by pulling carefully at the front of the gown. Be careful to not contaminate your body while touching back to unfasten.
   c. Carefully, peel off gown and gloves from the inside out, roll up and discard
   d. Perform Hand Hygiene
3. Face shield
   a. Carefully remove face shield, touching only the head band at the sides and dispose safely.
   b. Perform Hand Hygiene
   c. Exit patient care area
4. N95
   a. Without touching the N95 respirator, slowly lift the bottom strap from around your neck up and over your head.
   b. Lift off the top strap. Do not touch the respirator.
   c. Discard.
d. Perform hand hygiene.