

Variable Risk COVID-19 Isolation:

Contact/Droplet + Eye Protection

March 7, 2020

This type of isolation should be used for patients who are classified as 'Variable Risk' and **do not** require testing at this time.

Donning

1. Donning takes place outside the patient care area or in an anteroom.
2. Before donning, perform hand hygiene.
3. Gown
 - a. Don isolation gown.
 - b. Fasten behind neck and waist.
4. Mask
 - a. Place procedural mask over nose and mouth.
 - b. Mold the nose area of the mask to the shape of your nose.
5. Eye Protection
 - a. Don eye protection such as safety glasses.
 - b. A procedural mask with integrate eye shield is acceptable.
6. Gloves
 - a. Don gloves.
 - b. Ensure glove covers cuff of isolation gown.

Doffing

1. Doffing takes place just inside the patient room at the door before leaving the care area.
2. Gown and gloves
 - a. External gown and gloves may be contaminated. Avoid contamination of self, others, and environment when removing. If grossly contaminated, wipe PPE with disinfectant wipe.
 - b. Unfasten gown ties or break by pulling carefully at the front of the gown.
 - c. Carefully, peel off gown and gloves from the inside out, roll up and discard.
 - d. Perform Hand Hygiene.
3. Eye protection
 - a. Carefully remove eye protection, touching only the sides or strap and dispose safely.
 - b. Perform Hand Hygiene.
4. Mask
 - a. Carefully remove mask, touching only the ear loops or ties and dispose safely.
 - b. Perform hand hygiene.