

# SAFE USE OF A PROCEDURE MASK OR FACE COVERING

Correct use of procedure masks and cloth face coverings help prevent the spread of viruses and disease and keep those around you safe and healthy.

## Procedure Mask



**A procedure mask will be provided to you if you have respiratory symptoms.**

- Make sure the color side faces outward
- Wash your hands before putting it on

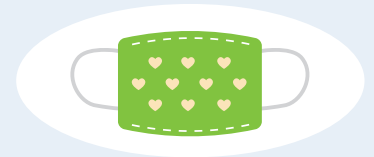
### TO PUT ON

- Grab with the ear loops and place over your nose, mouth, and chin
- Gently press the metal wire along the upper edge of mask against the bridge of your nose
- Wash your hands

### TO REMOVE

- Wash your hands
- Remove the mask only using ear loops, pull away from your face
- Avoid touching the front when removing
- If reusing, store properly until you will use it again
- Discard if soiled or wet
- Wash your hands

## Reusable Cloth Face Covering



**A reusable cloth face covering will be provided to you if you do not have respiratory symptoms.**

- Always use a clean face covering
- Wash your hands before putting it on

### TO PUT ON

- Grab with the ear loops and make sure it covers your nose, mouth, and chin
- If the mask has ties, tie one around the crown of your head first, then tie the other around the back of your neck
- Wash your hands

### TO REMOVE

- Wash your hands
- Remove the mask only using ear loops, pull away from your face
- If there are ties, undo the bottom tie first, then undo the top tie, lifting and pulling away from your face
- Avoid touching the front when removing
- Properly clean and store until you will use it again
- Wash your hands