

BREASTFEEDING RESOURCE LIST

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INTERMOUNTAIN HEALTHCARE OUTPATIENT BREASTFEEDING CLINICS

Breastfeeding consults at McKay Dee (Breastfeeding Matters) call **801-387-4132** for an appointment. Davis County at Layton Hospital call **801-543-6491** for Out Patient breastfeeding support with a Board Certified Consultant. In Utah County call **801-714-3324** for a private one on one consultation with a breastfeeding consultant. Breastfeeding consultations for the southwest region available. Dixie Regional Center Outpatient Lactation Consultations-call **435-251-4387** for an appointment. In Cache County, call **435-716-2560** for an appointment. For the Salt Lake County area please refer to this resource list for other sources for assistance.

INTERMOUNTAIN HEALTHCARE ONLINE RESOURCE: type in address bar <u>http://intermountainhealthcare.org/services/womennewborn/Pages/home.aspx</u> scroll down, click on" Breastfeeding" and then click on the "Living & Learning Together-A Guide to Breastfeeding" link.

SALT LAKE COUNTY	PUMP RENTALS & SERVICES PROVIDED	SALT LAKE COUNTY	PUMP RENTALS & SERVICES PROVIDED
 #IHC Alta View Pediatrics at Alta View Clinic at Alta View Hospital campus 9450 South 1300 East, 3rd Floor Sandy, UT 84094 Phone: 801-501-2131 opt 5 Fax: 801-571-1689 Alpine Home Medical 4030 South State St Murray, Utah 	**Lactation appointments Cathy Snowball RN BSN IBCLC Mon, Weds, & Fri **Pt's. of non-IHC MDs need a written referral prior to scheduling an appointment. Only sells Medela Pump in Style Rents Medela Classics & Lactinas Monday-Friday 8:00 am - 5:00 pm	#IHC Southridge Pediatrics at Southridge Clinic at Riverton Hospital 3723 West 12600 South, Suite 330 Riverton, UT 84065 Phone: 801-285-4543 Fax: 801-285-4540 #Jackie's Breast Friends Jackie Burgett, RN, IBCLC 385-313-8301	**Lactation appointments Alicia Brown RN BSN IBCLC Tues & Thurs **Pt's. of non-IHC MDs need a written referral prior to scheduling an appointment. Mobile Lactation Consultant <u>www.jackiesbreastfriends.com</u> jackiesbreastfriends@gmail.com
Phone: 801-463-0044 Fax: 801-463-2880 Apria Home Care 6952 So. High Tech Drive Suite A Midvale, UT Phone: 801-261-5100 Fax: 1-888-492-0010	Takes BC/BS , Valuecare <u>Customer Service Hotline 1-888-492-7742</u> Only sells Medela Pump in Style Rents Medela Classics & Lactinas Monday-Friday 8:00 am – 5:00 pm Takes BC/BS , Valuecare Customer Service Hotline 1-888-492-7742	JQ Medical 6910 Highland Drive #4 Salt Lake City, UT Phone: 801-942-8582 Fax: 801-942-8069	Sells Ameda Finesse & Medela Phase II Preferred provider for most Select Health BXBS; PEHP; EMI; Beech St; Medicare Mon,Tues,Weds,Fri 9:00 am - 6:00 pm Thurs 9-5, Sat-10:00 am- 2:00 pm Sells Breastfeeding Bras
#Bosom Buddies 11133 Londonderry Dr. Sandy, UT 84092 Phone: 801-450-3811	Medela pump sales & rentals by appointment Janeva, RN, IBCLC, RLC Lactation consulting by appt. Free telephone consults when appropriate	L.A.C.E by Louise (Does not bill insurance) 2762 West 12600 South #3 Riverton, UT 801-878-1990 Call for appointment Monday-Saturday 10 am - 6 pm	Ameda & Medela pump rentals & sales Breastfeeding supplies & bras Free 1 hour consult with rental Consult free anytime with purchase lacebylouise.com and on Facebook
Deseret Medical 560 West Fine Drive SLC, UT Phone: 801-270-8440 or (800) 366-8887 Fax: 801-293-9000 Monday-Friday 9:00 am – 5:00 pm	Medela Pump rentals: "Lactina" Sell Medela Pump in Style Will Deliver-for a fee. Takes BC/BS & DMBA	#Lactation Link In-home consultations. E-consults available with an IBCLC 801-702-7840 text for an appointment	www.LactationLink.com Service Utah, Salt Lake, Davis, Utah, Weber and Tooele counties

IHC Home Care at Salt Lake Clinic	Ameda Finesse for Sale Takes: Select Health, Some		
389 South 900 East SLC	Aetna, Beech St, PEHP, & Tricare. Does not take:		
Phone: 385-282-2200	Most Aetna plans, Cigna, Meridian & UHC. Call to		
Fax: 801-442-0709	verify. Mon-Fri 8:30 am - 5:00 pm		
IHC Home Care IMC Campus:	Ameda & Medela Pump rentals Will Deliver	*Lactation Plus	Ameda & Medela pump rentals & sales
South Office bldg. Suite 150	Ameda Finesse for Sale Takes: Select Health,	794 West Spanish Oak Way (6160 South)	Will deliver
Mon-Fri 8:30 am-6:30pm - IMC only	Some Aetna, Beech St, PEHP, Tricare. Does	Murray, UT Phone: 801-281-1881	Breastfeeding Supplies
Phone: 801-507-9100	not take: Most Aetna plans, Cigna, Meridian &	"On Call" 9 am - 9 pm 7 days a week	Lactationplus.com
Closed weekends-refer to Main office	UHC. Call to verify.	Cell # 801-205-1301 (Available Holidays)	By appointment only
IHC Home Care	Ameda & Medela Pump rentals Will	*Lactation Station	Medela pumps & Breastfeeding supplies
11520 South Redwood Rd, S. Jordan	Deliver Ameda Finesse for Sale Takes:	3000 South Highland Drive, SLC, UT 84106	Phone & free consults while renting pump
Phone: 385-887-7320	Select Health, Some Aetna, Beech St, PEHP,	Phone: 801-467-3434	Lactationstation.com
Fax: 801-442-0709	Tricare. Does not take: Most Aetna plans,	M, T, Thurs, Fri 12 - 6:30 pm; Sat 12-5pm	Sell nursing bras
After hours: 385-887-6000	Cigna, Meridian & UHC. Call to verify.		Consultation by appointment only
#Tender Lactation Care (TLC)	Consults by appointment	McKesson Patient Care Solutions	Provider for either Medela Pump in Style or
8046 So. Laguna Dr., West Jordan	Lois Foard, RN, IBCLC	1-855-406-7867	Ameda Finesse personal double electric
Phone: 801-649-7459	Ameda pump rentals, breastfeeding supplies;	Fax: 1-855-716-2212	pumps. Will ship to local Target store of
Mon-Sat 8:00 am - 9 pm, Sun 12-6pm	tenderlactationcare.com		your choice
Out of State Providers for UHC	877-902-9726 - byramhealthcare.com	Care Centrix - "Sterling Medical	Mothers call and give info. They receive a
Personal double electric pump shipped	877-321-0591 - edgepark.com	Out of State for <u>Cigna</u>	case number and we fax the prescription
	888-809-9750 - lucinacare.com	877-466-0164 Ext. 1	with the case number to expedite pump.
		Fax: 1-800-700-2085	Mothers should receive personal double
			electric pump within 1-2 business days.
U of U Hospital Outpatient Lactation Clinic	\$30 per visit	Sego Lily Collective & Motherfed	Lactation Consults Sally Wright IBCLC
Located in the Pediatric Clinic (Clinic 6)	Mon., Tues., Thurs. 3:30-7:30 p.m.	150 South 600 East Suite 2C	Classes
50 N Medical Drive	Friday 10 a.m 1 p.m.	Salt Lake City, UT 84102	Workshops
Salt Lake City, UT 84132		801-410-4204	Group Clinics
801-581-2205		Segolilycollective@gmail.com or	Call of email for more information
		www.Motherfed.net	

International Board Certified Lactation Consultants available.

* May have a Lactation Educator (non-board certified) available.

WEBSITES: <u>www.drjacknewman.com</u>; <u>www.cdc.gov/breastfeeding</u>; <u>www.womenshealth.gov/Breastfeeding</u> or call 1-800-994-9662 or 1-888-278-6455 (M-F 8 AM to 5 PM EST); www.infantrisk.com for information about medications and breastfeeding. <u>www.newborns.stanford.edu/Breastfeeding</u>; kellymom.com; nancymohrbacher.com; naturalbreastfeeding.com; <u>www.MommyMeds.com</u> for app \$3.99; <u>www.FeedExpert.com;FeedingExpert</u> or helpline 1-800-986-8800 7 AM to 11 PM EST 7 days a week. <u>BornToBeBreastfed.com</u> -every Monday at 6 PM Eastern

(3 PM Pacific) on the VoiceAmerica Internet Radio Network with Marie Biancuzzo and other breastfeeding professionals.

Facebook/Instagram: Intermountain Moms; The Leaky Boob; The Pumping Mommy; The Milk Meg; LactationLink;

Healthy eating and nutrition <u>https://www.choosemyplate.gov/</u>

BREASTFEEDING PHONE RESOURCES

National Breastfeeding Helpline 1-800-994-9662

MotherToBaby Helpline, or Pregnancy Riskline (medication questions) 801-328-2229 Toll free 1-800-822-2229

1-877-942-5437

La Leche League of Utah – see the website: www.LLLutah.org

WIC Breastfeeding Hotline

Revised 01-10-2020



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UTAH COUNTY		UTAH COUNTY	
Alpine Home Medical	Medela 'Pump in Style"	#Intermountain Healthcare Utah County	Ameda and Medela Pump purchase & rentals
1481 N. State	Takes Altius	Orem Lactation Clinic at	Also has Hospital Grade pumps
Provo, UT	Sells other pumps as well	Orem Community Hospital	Lactation Consultation by appointment
801-852-0077		527 West 400 North Suite #3	Open Mon - Fri 8:30 to 5 pm
		Orem, UT Phone: 801-714-3324	Closed from noon to 1 pm for lunch
Apria Medical	Medela Pump in Style sales only	Intermountain Home Care Supplies	Ameda Pump Rentals
400 N. Geneva Rd Ste #F, Lindon, UT	Takes Cigna, BC, Humana & Altius	289 West 1230 North, Provo, UT	Ameda Finesse for sale
Phone: 801-374-2556 or 785-1000		Phone: 801-357-8250	Will Deliver
		Fax: 801-442-0709	Takes Select Health & most insurances-
		Closed weekends-refer to Main office	except UHC
Art City Pharmacy	Ameda Egnell or Medela Lactina rentals-	#Lactation Link	www.LactationLink.com
421 So. Main St, Springville, UT	\$60 refundable cash deposit required	In-home consultations. E-consults available	Service Utah, Salt Lake, Davis, Utah,
Phone: 801-489-5618		with an IBCLC	Weber and Tooele counties
		801-702-7840 text for an appointment	
DAVIS, WEBER & CACHE COUNTY		DAVIS, WEBER & CACHE COUNTY	
A-1 Medical	Medela Classic Pump Rentals	Intermountain Healthcare Medical	Monday - Friday 9 - 5 pm
134 31st Street, Ogden, UT	Sell Medela Pump in Styles	4401 Harrison Blvd, Ogden, UT	On call for weekend needs
Phone: 801-394-4455	Monday - Friday 10 - 6	Phone: 801-622-5150	Ameda personal use
	Saturday 10 - 5	Fax: 801-622-5050	Has Medela Classic pumps
			Will deliver
Apria Medical	Medela Pump in Style sales only	L.A.C.E by Louise	Monday - Saturday 10-6
206 36 th Street, Ogden, UT		344 South 500 West - Suite 2	Ameda & Medela pumps
Phone:801-394-4000 Fax: 801-394-6853		Bountiful, UT	Breastfeeding supplies
		Phone: 801-294-5223	Consult free 1 hour with rental
			Consult free anytime with purchase
Apria Medical - Logan	Medela Pump in Style sales only	#Logan Regional Hospital	Ameda & Medela Pumps
165 East 1400 North, Logan, UT	Monday - Friday 9 - 4:30	A Mother's Touch Retail Store	Pump Rentals
Phone: 435-752-2100		500 East 1400 North, Logan, UT	Breastfeeding supplies
		Phone: 435-716-2560	Lactation Consults by appointment
		Lisa Sorensen IBCLC & a certified Spanish	Call: 435-716-2560 to make appointment
		Translator - hospital based	
Cache Valley Oxygen	Ameda & Medela Pumps	#Mckay-Dee Outpatient Lactation Clinic	Sheila Pehrson RN IBCLC
1395 North 500 East, Logan, UT		4 th Floor - Lactation Office	7 days per week
Phone : 435-752-2227		4401 Harrison Blvd.	Call for an appointment
		Ogden, UT 84403	
		Phone: 801-387-4132	

#Lactation Link LactationLink.com	Services Utah, Salt Lake, Davis, Weber	Valley Home Medical	Success with Breastfeeding
In-home consultations. E-consults	and Tooele Counties	731 McCormick Way #1 Layton 84041	Ogden Clinic in Farmington
available with an IBCLC		801-544-8866 Fax 801-544-8859	991 West Shepard Lane Suite 200
801-702-7840 text for an appointment		Prefer Provider for UHC: call for Personal Pumps	Farmington, UT 801-923-4122
			Sherri Gunn IBCLC, Anne Tullis IBCLC

ST GEORGE AREA		ST. GEORGE AREA	
#Dixie Regional Med Center	Inpatient services. Outpatient consultations	Stapleys Pharmacy	Ameda breast pump sales only
1380 East Medical Drive Building 2	by appointment. Pump sales and supplies	102 E City Center, St. George, UT	
St. George, UT 435-251-4387		Phone: 435-673-3575	
Intermountain Healthcare Home Care	Ameda & Medela Pumps	#Cedar City Hospital	Ameda breast pump sales only
1424 Foremaster Drive, St. George, UT	Will deliver	1303 No. Main, Cedar City, UT	
Phone: 435-251-2323		Phone: 435-868-5150	
TOOELE, UTAH			
Mary Gallen RN IBCLC	Tooele County Health Department hours	Peterson Medical	9-5 Monday - Friday
Tooele County Health Department	Monday- Thursday: 8:00 AM -6:00 PM	2019 East Riverside Drive A 100	1-435-628-4949
151 North Main Street	Friday: 8:00 AM - 12:00 PM	St George, UT 84790	Fax: 1-435-628-6041
Tooele, UT 84074	www.tooelehealth.org	Does not accept Select Health or UHC	Has DRIVE pumps only
Phone: 435-277-2328			Takes Medicaid
OUT OF STATE PROVIDERS			
http://www.byramhealthcare.com			
1-877-902-9726			
http://www.edgepark.com	Has a variety of pumps to choose from and		
1-877-321-0591	helpful for ordering breast pumps through insurance		
http://www.lucinacare.com			
1-888-809-9750			

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Facebook/Instagram: Intermountain Moms; The Leaky Boob; The Pumping Mommy; The Milk Meg

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WIC Breastfeeding Hotline 1-877-942-5437; WIC 477 23rd St, Odgen, UT, Jerlynn Cox IBCLC 801-399-7200 Pregnancy Riskline/ MotherToBaby (medication questions) 801-328-2229 Toll-free 1-800-822-2229

La Leche League of Utah – see the website: www.LLLutah.org