



5th Annual MELANOMA MAY

Healthy Skin Is In!



Intermountain
McKay-Dee Dermatology
and Plastic Surgery

**WEDNESDAY
MAY 16TH, 2018**

Join us from **12 PM to 1PM**
in the **McKay-Dee Hospital
WaterFall Lobby**
to learn about the risks and facts
of melanoma and hear some tips
on how to be safe in the sun.

There will be
PRIZES and SNACKS!
Remember to **WEAR BLACK**
and bring a friend!



1 IN 5

Americans will develop skin cancer in their lifetime based on current estimates.



Tanning beds increase the risk of melanoma by

75%

The **ABCDEs** of Skin Cancer

ASYMMETRY

One half is unlike the other half.

BORDER

Irregular, scalloped, or poorly defined border.

COLOR

Varied from one area to another; shades of tan and brown, black; sometimes white, red, or blue.

DIAMETER

While melanomas are usually greater than 6mm (the size of a pencil eraser) when diagnosed, they can be smaller.

EVOOLUTION

A mole or skin lesion that looks different from the rest or is changing in size, shape, or color.

When caught early, skin cancer is highly treatable.

**GET
CHECKED.**



Someone Dies of Melanoma **EVERY** hour of **EVERY** day.

**EVERY
DAY**

use sunscreen.

**EVERY
MONTH**

check your skin.

**EVERY
YEAR**

visit a dermatologist.