



 **LiVe Well**

EXECUTIVE HEALTH EXAM

PEACE OF MIND IS PRICELESS

Experience the calming security of knowing you're in good health or what you need to do to be healthier. The information and care you receive from the LiVe Well Center along with its lifetime services will serve you the rest of your life.

WHY WAIT?

You work hard. You make a lot of personal sacrifices for your business and your employees, not to mention your family. Don't you think it's time to focus on yourself, to stay on top of your game so you can take care of business and family in the best way possible? It's time for you to regain the energy and vitality of your younger years and put them to work so you can thrive. The LiVe Well Center Executive Health Exam is your lifetime fitness solution.

WE WANT YOU TO LIVE THE HEALTHIEST LIFE POSSIBLE AND IT'S ONLY A PHONE CALL AWAY.

For more information or to schedule your evaluation, please call at (435) 333-3535 or visit us online at www.livewellcenter.org/parkcity.


Intermountain[®]
LiVe Well Center
Park City • St. George
Salt Lake City • Utah Valley



THE EXECUTIVE HEALTH EXAM —
the most complete, comprehensive health evaluation you are likely ever to experience.

AT THE LIVE WELL CENTER
we can help you manage your weight and restore your energy so you can look, act and feel younger.

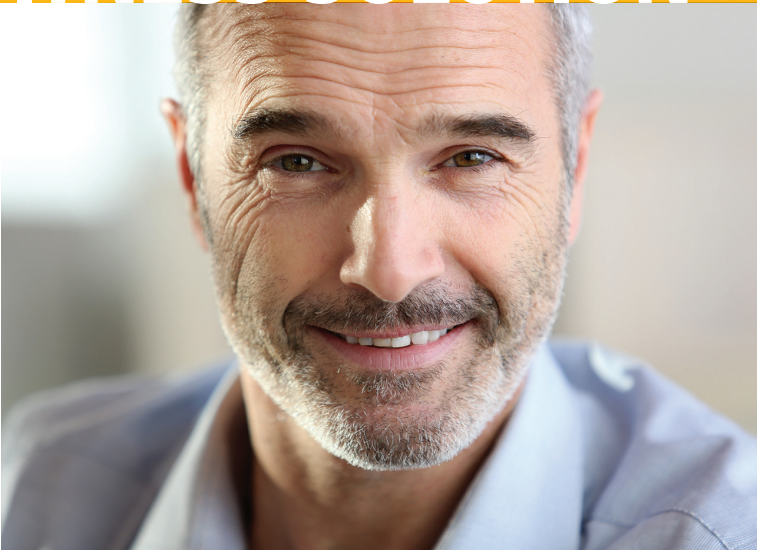
THE LIVE WELL EXECUTIVE HEALTH EXAM AND LIFETIME FITNESS SOLUTION

WHY THE LIVE WELL CENTER?

There comes a time when you realize it's no longer wise to take your health for granted. The quality of your life will largely depend on your diligence in pursuing a healthy lifestyle and getting preventive maintenance check-ups. At the LiVe Well Center, we conduct in-depth, comprehensive health evaluations that are designed to take a deeper look into your personal health.

For over 30 years, Intermountain LiVe Well Centers have been the premier providers of comprehensive health evaluations in the Intermountain west. Now, our staff of healthcare professionals in Park City will make you, your health and your experience their most important priority.

You'll receive seven hours of unhurried and undivided attention from our team of licensed and experienced healthcare professionals. Our team consists of board-certified physicians, clinical dietitians and certified exercise physiologists, who together help support the four pillars of executive health and wellness.



AFTER THE PHYSICAL

After the physical, take the information you receive and put your plan into action. You can implement and maintain your recommended exercise program, either at home or by attending exercise and wellness classes. Exercise specialists at the LiVe Well Center will help you establish lifelong exercise strategies. By adhering to your nutrition plan provided by our certified dietitians and continuing to use the stress management tools, you'll look, act and feel functionally younger. That's why we call it the lifetime health solution.

In addition, the LiVe Well Center staff will contact you periodically to see how you're doing in implementing your health plan and answer any questions you may have. Feel free to contact us at any time. We look forward to seeing you annually to help you maintain optimal health.

