

Primary Children's Insulin and Glucose Tracking Sheet

Phone: 801-662-1640 Fax: (801) 587-7539 Email: diabetes@imail.org

Patient name: _____ DOB: _____ Date of diagnosis: _____

Parent/Guardian name(s): _____ Best phone number: _____

Email Address: _____

If you are a new onset (until your first provider visit) please email this tracking sheet before noon M-F to diabetes@imail.org . Put in the subject line "NEW ONSET".	If you are having multiple daily lows (bg <80) call the clinic 801-662-1640 option #4 so it can be addressed that day.
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Provider: Al-Hamad Clements Foster Hamaker Lindsay Murray Raleigh Raman Smego Timme Brown Galbraith Wellisch

Long-acting insulin: <input type="checkbox"/> Lantus <input type="checkbox"/> Levemir <input type="checkbox"/> Basaglar <input type="checkbox"/> Tresiba <input type="checkbox"/> Toujeo																											
Rapid-acting insulin: <input type="checkbox"/> Novolog <input type="checkbox"/> Humalog <input type="checkbox"/> Admelog <input type="checkbox"/> Apidra																								Date Adjusted			
Insulin to Carbohydrate Ratio	B: ____ unit(s) insulin per ____ grams of carb								L: ____ unit(s) insulin per ____ grams of carb								D: ____ unit(s) insulin per ____ grams of carb										
	B: ____ unit(s) insulin per ____ grams of carb								L: ____ unit(s) insulin per ____ grams of carb								D: ____ unit(s) insulin per ____ grams of carb										
	B: ____ unit(s) insulin per ____ grams of carb								L: ____ unit(s) insulin per ____ grams of carb								D: ____ unit(s) insulin per ____ grams of carb										
Correction Factor	____ unit(s) insulin for every ____ BG points above ____ / ____ morning night																										
	____ unit(s) insulin for every ____ BG points above ____ / ____ morning night																										
Date	Breakfast				Lunch				Snack				Dinner				Bedtime				Other		Other		Long-acting Insulin		
	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Carbs	Insulin	Time	BG	Time	BG			
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- What trends have you noticed and what time of day are you concerned about?