

41st Annual Conference

Common Problems in Pediatrics

June 3-5, 2019

Eccles Primary Children's Outpatient Services Building 81 North Mario Capecchi Drive | Salt Lake City, Utah 84113

To register, go to: primarychildrens.org/commonproblems



Utah Chapter



June 3, Monday

7:30-8 AM Registration and Continental Breakfast

8-8:15 AM Chapter Update

Paul Wirkus, MD, FAAP

8:15-9 AM Failure to Thrive (FTT)

Anna Ermarth, MD, MS, FAAP

- » Define failure to thrive and what causes it
- » Discuss what labs to order and when
- » Explain power packing and when to add calories

9-9:45 AM Feeding/Nutrition

Margaret Braae, RD

- » Utilize common sense nutrition recommendations to give patients
- » Identify myths of nutrition to review with families
- » Discuss resources on nutrition to give families

9:45-10 AM The Marty Palmer Service to Children Award Presentation

Utah Chapter of American Academy of Pediatrics

10-10:45 AM Sleep in Children

Richard M. Kravitz, MD

- » Review normal sleep requirements for infants, children and adolescents
 - Evaluate ways to help families develop and maintain good sleep
- » Identify resources to help parents when kids won't sleep

10:45-11 AM Break

11–11:45 AM My Kid Won't Sleep

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- » Define the medical causes of kids not sleeping
- » Discuss how to treat sleep problems
- » Assess when to refer to a specialist and who needs a sleep study

11:45 AM-12:30 PM Sentinel Injuries

Antoinette Laskey, MD, MPH, MBA, FAAP

- » Distinguish sentinel injuries and how to spot them
- » Review the PCP role when an abusive injury is suspected
- List resources are available to help primary care

12:30-1:15 PM Teenage Smoking

Joni A. Hemond, MD, FAAP

- » Identify the hype and the reality about E-cigs and vaping
- » Discuss the long-term issues of smoking and vaping on adolescents
- » Identify resources in the community for these patients

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8-8:45 AM **ADHI**

Kelly B. Irons, MD

- » Review latest information of diagnosis and management of ADHD
- » Identify ADHD and comorbidities
- » Explore options when stimulants are not enough
- » Discuss non-medication treatments available to patients

8:45-9:30 AM Attachment Issues

Douglas Goldsmith, PhD

- » Explain causes of attachment issues in children
- » Identify physical symptoms and behavior issues resulting from attachment issues in children
- » Explore possible treatments for attachment issues

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9:45–11:15 AM Gender Diverse and Transgender Youth, What Pediatricians Should Know Johanna Olson-Kennedy, MD

- » Discuss the domains of psychosexual selfhood, differentiating gender identity, gender expression and sayual orientation
- Describe how gender dysphoria impacts children and youth
- » Create more friendly and affirming healthcare settings for gender diverse and transgender youth









Registration

Online: primarychildrens.org/commonproblems

By Mail:

Interprofessional Continuing Education (IPCE)

675 East 500 South, Suite 300, Salt Lake City, Utah 84102

Fax: 801.442.0480 **Phone:** 801.442.4229

Name (please	print):		Title/Credentials:				
☐ Pediatrician Organization:	☐ Familiy Physician	☐ Physician Assistant	☐ Nurse Practitioner	☐ Medical Student			
Address:							
City:							
State:	Zip Code:		Daytime Phone:				
E-mail:							
Please indicate	e any special needs:						
One question	about these topics I wo	ould like to be address	ed is:				
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Authorized ca	rdholder name:		CVV:				
Account num	ber:		Expiration date:				
Signature:							

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11:15 AM-12 PM

Hypertension in Pediatrics

Joseph R. Sherbotie, MD, FAAP

- » Review current guidelines for hypertension in pediatrics
- » Discuss when should kids be treated
- Explain what medications are recommended for hypertension treatment in pediatrics

Optional Tuesday Afternoon MOC Part 2 Session

12-12-45 PM

Lunch

12:45-2:45 PM

Caring for Gender Diverse and Transgender Youth

Johanna Olson-Kennedy, MD

- Discuss how gender dysphoria presents and impacts youth across different developmental periods
- Describe available interventions for transgender youth with gender dysphoria (non-medical, medical and surgical)
- » Improve communication with transgender youth

2:45-3 PM

Break Panel

3-4 PM

Transgender Children and their Parents

4-5 PM

Community Resources

Local Providers

Local Support Groups

June 5, Wednesday

7:30-8 AM 8-8-45 AM

Registration and Continental Breakfast

Endocrinology 101

Joshua Smith, MD, MBA, FAAP

- » Identify endocrine disorders commonly seen by PCPs and how to treat
- Recognize endocrine emergencies and how to be prepared
- Review when to refer to a specialist

8:45-9:30 AM

Opiate Addiction

Jennifer Plumb, MD, MPH, FAAP

- Recognize how widespread opiate use is in pediatrics
- Discuss the main sources of opiates for adolescents
- Review treatment options for adolescent opiate use

9:30-9:45 AM

Break POTS

9:45-10:30 AM

Craig A. Coleby, MD, FAAP

- » Define Postural Orthostatic Tachycardia Syndrome (POTS)
- Discuss non-pharmacologic and pharmacologic treatment options
- Explain the role of PCP with POTS patients

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Theresa A. Hennessey, MD, FAAP

- » Define club feet and the treatment
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11:30-12:15 PM

Human Trafficking: When Home Disappears Corey J. Rood, MD, FAAP

- Define human trafficking and those at risk
- Recognize at risk patients and next steps
- Explain resources available to providers and victims

12·15-1 PM

Headaches

Denise Morita, MD

- » Describe common headaches syndromes in kids
- Discuss alternate treatment when ibiprofen isn't enough
- Define migraines and how to prevent and treat them
- Review when to refer to a specialist

Utah Chapter AAP

Senior Luncheon

Monday, June 3 • 1:15-2:00 PM For members 55 years and older. The Utah Chapter will present the Lifetime Achievement Award. Following the award presentation, we'll spend time together learning about each other's adventures and renewing acquaintances with friends and colleagues. Register now!

E-Syllabus

The electronic syllabus will be available for download the first day of the conference. If you would like to receive a printed copy, simply select that option on the registration form; please note that an additional fee of \$50 applies. To be guaranteed receipt of a printed syllabus at the conference, you must register by the early bird deadline.

Location

The 41st Annual Common Problems in Pediatrics Conference will be held June 3-5, 2019 at Primary Children's Hospital, **Eccles Outpatient Building** Education Center, 81 North Mario Capecchi Drive, Salt Lake City,

A map with parking instructions will be sent to you upon registration.

Exhibits

Utah 84113.

The Conference will showcase the latest products and services to keep you up to date, as well as community referral resources for your practice. Exhibits will be open Monday, Tuesday, and Wednesday mornings during the continental breakfast and the mid-morning break.

Fees

Fees include tuition, electronic course syllabus, certificate of completion, daily continental breakfast, and mid-morning refreshments.

Cancellation Policy

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A wide variety of clinically relevant topics have been included to appeal to a broad range of interests. As a result of this conference, the attendee should be able to evaluate, manage, and appropriately refer pediatric patients with problems in the areas of ADHD, gait abnormalities, headaches, transgender youth, and pediatric opiate addiction.

Accreditation



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Intermountain Healthcare, Intermountain Healthcare Pediatrics, the Department of Pediatrics at the University of Utah School of Medicine and the Utah Chapter of the American Academy of Pediatrics. Intermountain Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Credit

Intermountain Healthcare designates this live educational activity for a maximum of 17 AMA PRA Category 1 Credit(s)™ for the course. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn [4] MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Visiting Faculty

Richard M. Kravitz, MD

Professor, Department of Pediatrics Division of Pediatric Pulmonary and Sleep Medicine Duke University School of Medicine

Johanna Olson-Kennedy, MD

Medical Director Center for Trans-youth Health and Development Children's Hospital Los Angeles

Faculty

Margaret Braae, RD

Pediatric Nutritionist Primary Children's Hospital

Craig A. Coleby, MD

Physician, Granger Medical Clinic Board Certified Physician in Internal Medicine, Pediatrics, and Sports Medicine

Anna Ermarth, MD, MS, FAAP

Assistant Professor, Department of Pediatrics Division of Pediatric Gastroenterology University of Utah School of Medicine

Douglas Goldsmith, PhD

Licensed Psychologist in Private Practice Adjunct Faculty,

Departments of Educational Psychology, Clinical Psychology, and Psychiatry, University of Utah

Joni A. Hemond, MD, FAAP

Assistant Professor, Department of Pediatrics University of Utah School of Medicine

Theresa A. Hennessey, MD, FAAP

Associate Professor, Department of Orthopedics University of Utah School of Medicine

Kelly B. Irons, MD

Pediatric Psychiatrist Intermountain Healthcare

Antoinette Laskey, MD, MPH, MBA, FAAP

Chief, Division of Child Protection and Family Health Professor, Department of Pediatrics

University of Utah School of Medicine Director, Center for Safe and Health Families

Primary Children's Hospital

Denise Morita, MD

Pediatric Neurologist Granger Medical Clinic

Jennifer Plumb, MD, MPH, FAAP

Associate Professor, Department of Pediatrics Division of Pediatric **Emergency Medicine** University of Utah School of Medicine Medical Director, Utah Naloxone

Corey J. Rood, MD, FAAP

Assistant Professor, Department of Pediatrics Division of Child Protection and Family Health University of Utah School of Medicine Center for Safe and Healthy Families Primary Children's Hospital

Joseph R. Sherbotie, MD, FAAP

Associate Professor, Department of Pediatrics Division of Pediatric Nephrology University of Utah School of Medicine

Joshua Smith, MD, MBA, FAAP

Rocky Mountain Diabetes Center Idaho Falls, ID

Planning Committee

Ellie Brownstein, MD, FAAP

Conference Director Pediatrician, Greenwood Health Center Adjunct Associate Professor Department of Pediatrics University of Utah School of Medicine

Amanda Kirk, MPA

Interprofessional Continuing Education, Intermountain Healthcare

Miguel L. Knochel, MD, FAAP

CME Medical Director—Pediatrics Interprofessional Continuing Education Assistant Professor of Pediatrics, Clinical University of Utah School of Medicine Pediatric Hospitalist

Medical Director, Primary Children's Unit at Riverton Hospital

L. Jonell Murray, MS, MBA-HM

Interprofessional Continuing Education, Intermountain Healthcare

Alisa Stoddard, BS

Executive Director, American Academy of Pediatrics, Utah Chapter

Lu Lu Waterhouse, MD

Pediatrician Willow Creek Pediatrics

Paul Wirkus, MD, FAAP

President, Utah Chapter of American Academy of Pediatrics Pediatrician, Wasatch Pediatrics—Cottonwood

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Address:							
City:							
State:	Zip Code:		Daytime Phone:				
E-mail:							
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Intermountain

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HEALTH

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Intermountain Healthcare Antoinette Laskey, MD, MPH,

MBA, FAAP Chief, Division of Child Protection and Family Health

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Miguel L. Knochel, MD, FAAP

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