



Transplant Clinic

What to expect during your clinic visit:

Transplant clinic is Monday and Thursday mornings. The morning time allows for patients to have their blood drawn prior to taking their morning dose of immunosuppressive medication.

The clinic visit will consist of laboratory work, an echocardiogram, and a clinic visit. If indicated, a chest x-ray and EKG will be performed.

Transplant patients are also seen in clinic following a biopsy or annual examination.

Following testing, your Cardiologist will meet with you to review test results, discuss medication changes and refills as appropriate, and to plan follow up appointments if necessary.

Where to check in:

Check in at the Cardiology Clinic, located on Level 2, Station 2 in the Primary Children's Outpatient building.

How to prepare for your clinic visit:

- Patients who have been transplanted at Primary Children's Hospital need to bring their PCH Heart Transplant Discharge Education and Materials binder to every clinic appointment.
- **Do not** take your morning immunosuppressive medication (Prograf, tacrolimus, Gengraf, cyclosporine, Cellcept) until after your lab draw.
- **Do bring** your medications with you to your clinic visit to be taken after the lab draw.
- Please bring a list of medications and any questions and/or prescription refills you may need to the appointment.

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Arrive early:

Please arrive at least 15 minutes early for your Transplant Clinic appointment to allow for parking. Valet parking is available at the south end of the hospital.

Other important information about your clinic visit:

Patients who are scheduled for additional testing (MRI, exercise testing, pulmonary function tests, etc.) should contact the transplant coordinators at 801-662-5488 for special instructions.

Appointments can take longer than you might expect, please keep in mind that the duration of your clinic visit depends on the number of tests ordered. Average time in clinic can range between 2-3 hours. Pre-transplant clinic visits can take between 3-5 hours.