

# OCCUPATIONAL THERAPY SERVICES

## **OCCUPATIONAL THERAPISTS (OT) EVALUATE AND TREAT DISORDERS THAT AFFECT YOUR CHILD'S ABILITY TO PERFORM EVERYDAY ACTIVITIES.**

The OT may evaluate your child's ability to:

- Play and socialize with others
- Dress, bathe, brush teeth, and comb hair
- Eat and swallow a variety of foods, and get enough nutrition
- Use hands in a coordinated way to play with toys, write
- Use body in a coordinated way to play on playground equipment, move around home, school
- Think, pay attention, listen
- See, and process the information they see
- Organize information received through the five senses - Children who have problems in this area may have difficulty adjusting to new situations, may be over or under sensitive to touch, movement, sights or sounds, etc.

Please be prepared at the time of your child's evaluation to share your specific concerns. Keep in mind the activities your child participates in on a daily basis and the places those activities occur, as you think about the following questions:

- What is your main concern?
- What types of feeding, play, social, or self-care activities are the most challenging and difficult for your child?
- What daily activities are most affected by your child's difficulties?
- What aspects of your home life will affect therapy, such as having time to attend therapy sessions, time to work on home activities, financial resources, etc.?

*Think about these questions before coming to your child's appointment. Your answers will help us to focus on your child's most pressing concerns. During the evaluation you and the therapist will decide if therapy is needed and what you want your child to accomplish.*

If your child sees another therapist, please bring your child's goals and treatment plan to the evaluation session.

If therapy is needed, the OT will talk with you about our approach to therapy and suggest a plan of care based on our models of therapy (See enclosed Models of Therapy brochure). This plan will include how often and for how long therapy might be needed. We will also discuss what you can expect from us and what is expected of you and your child.

We look forward to meeting you and your child and helping you improve your child's quality of life.