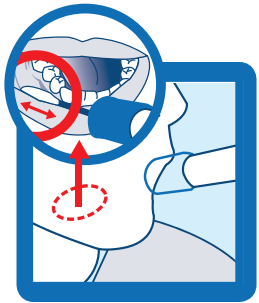


Buccal Swab Step-by-Step

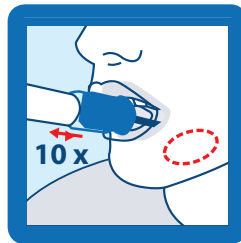
HOW TO OBTAIN AND SUBMIT YOUR SAMPLE

 **Important note:** Do not eat, drink, smoke or chew gum 30 minutes before collecting your sample.

1. Collect



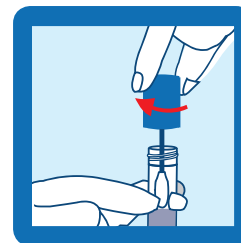
Place sponge comfortably in mouth and vigorously rub lower gums 10 times back and forth



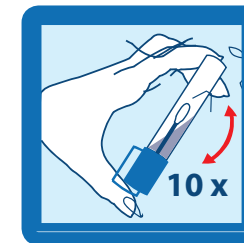
Repeat rubbing motion on the opposite side of the mouth.



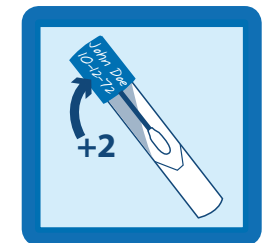
Holding the tube upright, unscrew cap from the tube. Do not spill the liquid or touch the sponge tip.



Turn the cap upside down, insert the sponge into the tube and close blue cap tightly.



Turn capped tube upside down and shake vigorously 10 times.



Label specimen tube with 2 identifiers (DOB, Name, MRN).

2. Order & Return



Fill out the paper requisition form OR order RxMatch in iCentra.



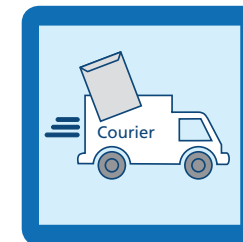
Place your labeled sample tube into the bio-specimen bag and seal closed.



Place the requisition form and sample back into the box.



Seal box closed with the adhesive tape.



For fastest processing, contact Intermountain Courier Services at 801-442-4090 for pick up.



OR Mail sample using the postal system. Postage is prepaid.